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## **Diapycnal mixing across the photic zone of the NE-Atlantic**

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44 **Abstract.** Variable physical conditions such as vertical turbulent exchange, internal wave and  
45 mesoscale eddy action, affect the availability of light and nutrients for phytoplankton  
46 (unicellular algae) growth. It is hypothesized that changes in ocean temperature may affect  
47 ocean vertical density stratification, which may hamper vertical exchange. In order to quantify  
48 variations in physical conditions in the Northeast Atlantic Ocean, we sampled a latitudinal  
49 transect along  $17\pm 5^\circ\text{W}$  between  $30$  and  $62^\circ\text{N}$  in summer. A shipborne Conductivity-  
50 Temperature-Depth CTD-instrumented package was used with a custom-made modification of  
51 the pump-inlet to minimize detrimental effects of ship motions on its data. Thorpe-scale  
52 analysis was used to establish turbulence values for the upper 500 m near the surface from 3 to  
53 6 profiles obtained in a short CTD-yoyo, 3 to 5 h after local sunrise. From south to north,  
54 temperature decreased together with stratification while turbulence values weakly increased or  
55 remained constant. Vertical turbulent nutrient fluxes across the stratification did not vary with  
56 latitude. This lack of correspondence between turbulent mixing and temperature is suggested  
57 to be due to internal waves breaking and acting as a potential feed-back mechanism. Our  
58 findings suggest that nutrient availability for phytoplankton in the euphotic surface waters may  
59 not be affected by the physical process of global warming.

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61



## 62 **1 Introduction**

63 The physical environment is important for ocean life, including variations therein. For  
64 example, the sun stores heat in the ocean with a stable vertical density stratification as result.  
65 Generally, stratification hampers vertical turbulent exchange because of the required work  
66 against (reduced) gravity before turbulence can take effect. It thus hampers a supply of nutrients  
67 via a turbulent flux from deeper waters to the photic zone. However, stratification supports  
68 internal waves, which (i) may move near-floating particles like phytoplankton (unicellular  
69 algae) up- and down towards and away from the surface, and (ii) may induce enhanced  
70 turbulence via vertical current differences (shear) resulting in internal waves breaking (Denman  
71 and Gargett, 1983). Such changes in the physical environment are expected to affect the  
72 availability of phytoplankton growth factors such as light and nutrients.

73 Climate models predict that global warming will reduce vertical mixing in the oceans (e.g.,  
74 Sarmiento et al., 2004). Mathematical models on system stability suggest that reduced mixing  
75 may generate chaotic behaviour in phytoplankton production, thereby enhancing variability in  
76 carbon export into the ocean interior (Huisman et al., 2006). None of these models include  
77 potential feed-back systems like internal wave action or mesoscale eddy activity. From  
78 observations in the relatively shallow North Sea it is known that the strong seasonal temperature  
79 stratification is marginally stable, as it supports internal waves and shear to such extent that  
80 sufficient nutrients are replenished from below to sustain the late-summer bloom (van Haren et  
81 al., 1999). This challenges the current paradigm in climate models.

82 In this paper, the objective is to resolve the effect of vertical stratification and turbulent  
83 mixing on nutrient supply to the photic zone of the open ocean. For this purpose, upper-500-  
84 m-ocean shipborne Conductivity-Temperature-Depth CTD-observations were made in  
85 association with those on dissolved inorganic nutrients along a transect in the NE-Atlantic  
86 Ocean from mid- to high-latitudes. This complements research based on photic zone (upper  
87 100 m) observations obtained along the same transect using a slowly descending turbulence  
88 microstructure profiler eight years earlier (Jurado et al., 2012). Their data demonstrated a



89 negligibly weak increase in turbulence values with decreases in stratification going north.  
90 However, no nutrient data were presented and no turbulent nutrient fluxes could be computed.  
91 In another study (Mojica et al., 2016), macro-nutrients and their vertical gradients were  
92 presented for the upper 200 m and both found to increase from south to north. The present  
93 observations go deeper to 500 m, also across the non-seasonal more permanent stratification.  
94 Moreover, coinciding measurements were made of the distributions of macro-nutrients and  
95 dissolved iron. This allows vertical turbulent nutrient fluxes to be computed. It leads to a  
96 hypothesis concerning a physical feed-back mechanism that controls changes in stratification.  
97

## 98 **2 Materials and Methods**

99 Between 22 July and 16 August 2017, observations were made from the R/V Pelagia in the  
100 Northeast Atlantic Ocean at stations along a transect from Iceland, starting around 60°N, to the  
101 Canary Islands, ending around 30°N, (Fig. 1). The transect was more or less in meridional  
102 direction, with stations along  $17\pm 5^\circ\text{W}$ , all in the same time zone (UTC-1 h = local time LT).  
103 Full water-depth Rosette bottle water sampling was performed at most stations.

104 Samples for dissolved inorganic macro-nutrients were filtered through 0.2  $\mu\text{m}$  Acrodisc  
105 filter and stored frozen in a HDPE pony-vial (nitrate, nitrite and phosphate) or at 4°C (silicate)  
106 until analysis. Nutrients were analysed under temperature controlled conditions using a  
107 QuAAtro Gas Segmented Continuous Flow Analyser. All measurements were calibrated with  
108 standards diluted in low nutrient seawater in the salinity range of the stations to ensure that  
109 analysis remained within the same ionic strength. Phosphate ( $\text{PO}_4$ ), nitrate plus nitrite ( $\text{NO}_x$ ),  
110 were measured according to Murphy and Riley (1962) and Grasshoff et al. (1983), respectively.  
111 Silicate was analysed using the procedure of Strickland and Parsons (1968).

112 For dissolved iron samples the ultraclean “Pristine” sampling system for trace metals was  
113 used (Rijkenberg et al., 2015). All bottles used for storage of reagents and samples were cleaned  
114 according to an intensive three step cleaning protocol described by Middag et al. (2009).  
115 Dissolved iron concentrations were measured shipboard using a Flow Injection—



116 Chemiluminescence method with preconcentration on iminodiaceticacid (IDA) resin as  
117 described by De Baar et al. (2008) and modified by Klunder et al. (2011). In order to validate  
118 the accuracy of the system, standard reference seawater (SAFe) was measured regularly in  
119 triplicate (Johnson et al. 1997).

120 At 19 out of 32 stations a yoyo consisting of 3 to 6 casts of electronic CTD profiles was  
121 done to monitor the temperature-salinity variability and to establish turbulent mixing values  
122 from 5 to 500 m below the ocean surface. The yoyo casts were made consecutively and took  
123 between 1 and 2 hours. They were mostly obtained in the morning: at ten stations between 6  
124 and 8 LT, at eight stations between 8 and 10 LT, and at one station in the afternoon, around  
125 noon. As the observations were made in summer, the latitudinal difference in sunrise was 1.5 h  
126 between the northernmost (earlier sunrise) and southernmost stations. This difference is taken  
127 into account and sampling times are referenced to time after local sunrise. It is assumed that the  
128 stations sampled just after sunrise more or less reflect the upper ocean conditions of (late-)  
129 nighttime cooling convection so that vertical near-homogeneity was at a maximum, and near-  
130 surface stratification at a minimum, while the late morning and afternoon stations reflected  
131 daytime stratifying near-surface conditions due to the stabilizing solar insolation.

132

### 133 **2.1 Instrumentation and modification**

134 A calibrated SeaBird 911plus CTD was used. The CTD data were processed using the  
135 standard procedures incorporated in the SBE-software, including corrections for cell thermal  
136 mass (Lueck, 1990) using the parameter setting of Mensah et al. (2009) and sensor time-  
137 alignment. All other analyses were performed using Conservative Temperature ( $\Theta$ ), absolute  
138 salinity SA and density anomalies  $\sigma_\theta$  referenced to the surface using the Gibbs SeaWater-  
139 software (IOC, SCOR, IAPSO, 2010).

140 Observations were made with the CTD upright rather than horizontal in a lead-weighted  
141 frame without water samplers to minimize artificial turbulent overturning. Variable speeds of  
142 the flow passing the temperature and conductivity sensors will cause artificial temperature and



143 thus apparent turbulent overturning, noticeable in near-homogeneous waters such as found near  
144 the surface during nighttime convection. To eliminate variable flow speeds, a custom-made  
145 assembly with pump in- and outlet tubes and tube-ends of exactly the same diameter was  
146 mounted to the CTD as described in van Haren and Laan (2016). This reduces frictional  
147 temperature effects of typically  $\pm 0.5$  mK due to fluctuations in pump speed of  $\pm 0.5$  m s<sup>-1</sup> when  
148 standard SBE-tubing is used (Appendix A). The effective removal of the artificial temperature  
149 effects using the custom-made assembly is demonstrated in Fig. 2, in which surface wave action  
150 via ship motion is visible in the CTD-pressure record, but not in its temperature variations  
151 record. For example, at station 32 the CTD was lowered in moderate sea state conditions with  
152 surface waves of maximum 2 m crest-trough. The surface waves are recorded by pressure  
153 variations as a result of ship motions (Fig. 2a). In the upper 40 m near the surface, the waters  
154 were near-homogeneous, with temperature variations well within  $\pm 0.5$  mK (Fig. 2b). The  $\Delta T$ -  
155 variations did not vary with the surface wave periodicity of about 10 s. No correlation is found  
156 between data in Fig. 2b and Fig. 2a. This effective removal of ship motion in CTD-temperature  
157 data is confirmed for the entire 500 m depth-range in average spectral information (Fig. 2c-e).  
158 In the power spectra, the pressure gradient  $dp/dt \sim$  CTD-velocity shows a clear peak around 0.1  
159 cps, short for cycles per s, which correspond to a period of 10 s. Such a peak is absent in both  
160 spectra of temperature  $T$  and density anomaly referenced to the surface  $\sigma_\theta$ . The correlation  
161 between  $dp/dt$  and  $T$  is not significantly different from zero (Fig. 2d,e). With conventional  
162 tubing and tube-ends, the surface wave variations would show in such  $\Delta T$ -graph (van Haren  
163 and Laan, 2016). Without the effects of ship motions, considerably less corrections need to be  
164 applied for turbulence calculations (see below).

165

## 166 **2.2 Ocean turbulence calculation**

167 Turbulence is quantified using the analysis method by Thorpe (1977) on density ( $\rho$ )  
168 inversions of less dense water below a layer of denser water in a vertical ( $z$ ) profile. Such  
169 inversions are interpreted as turbulent overturns of mechanical energy mixing. Vertical



170 turbulent kinetic energy dissipation rate ( $\varepsilon$ ) is a measure of the amount of kinetic energy put in  
171 a system for turbulent mixing. It is proportional to turbulent diapycnal flux (of density)  $K_z d\rho/dz$ .  
172 In practice it is determined by calculating overturning scales with magnitude  $|d|$ , just like  
173 turbulent eddy diffusivity ( $K_z$ ). The vertical density stratification is indicated by  $d\rho/dz$ . The  
174 turbulent overturning scales are obtained after reordering the potential density profile  $\sigma_\theta(z)$ ,  
175 which may contain inversions, into a stable monotonic profile  $\sigma_\theta(z_s)$  without inversions  
176 (Thorpe, 1977). After comparing raw and reordered profiles, displacements  $d = \min(|z - z_s|) \cdot \text{sgn}(z - z_s)$   
177 are calculated that generate the stable profile. Then,

$$178 \quad \varepsilon = 0.64d^2N^3 \quad [\text{m}^2\text{s}^{-3}], \quad (1)$$

179 where  $N = \{-g/\rho(d\rho/dz + g\rho/c_s^2)\}^{1/2}$  (e.g., Gill, 1982) denotes the buoyancy frequency ( $\sim$   
180 stratification squared) computed from the reordered profile. Here,  $g$  is the acceleration of  
181 gravity and  $c_s$  the speed of sound reflecting pressure-compressibility effects.  $N$  is computed  
182 over a typical vertical length-scale of  $\Delta z = 100$  m, which more or less represents the scale of  
183 large internal waves that are supported by the density stratification. The numerical constant of  
184 0.64 in (1) follows from empirically relating the overturning scale magnitude with the Ozmidov  
185 scale  $L_O$  of largest possible turbulent overturn in a stratified flow:  $(L_O/|d|)_{\text{rms}} = 0.8$  (Dillon,  
186 1982), a mean coefficient value from many realizations. Using  $K_z = \Gamma\varepsilon N^{-2}$  and a mean mixing  
187 efficiency coefficient of  $\Gamma = 0.2$  for the conversion of kinetic into potential energy for ocean  
188 observations that are suitably averaged over all relevant turbulent overturning scales of the mix  
189 of shear-, current differences, and convective, buoyancy driven, turbulent overturning in large  
190 Reynolds number flow conditions (e.g., Osborn, 1980; Oakey, 1982; Ferron et al., 1998; Gregg  
191 et al., 2018), we find,

$$192 \quad K_z = 0.128d^2N \quad [\text{m}^2\text{s}^{-1}]. \quad (2)$$

193 As  $K_z$  is a mechanical turbulence coefficient it is not property-dependent like a molecular  
194 diffusion coefficient that is about 100-fold different for temperature compared to salinity.  $K_z$  is  
195 thus the same for all turbulent transport calculations no matter what gradient of what property.  
196 For example, the vertical turbulent flux of dissolved iron is computed as  $K_z d(\text{DFe})/dz$ .



197 According to Thorpe (1977), results from (1) and (2) are only useful after averaging over  
198 the size of a turbulent overturn instead of using single displacements. Here, root-mean-square-  
199 displacement values  $d_{rms}$  are not determined over individual overturns, as in Dillon (1982), but  
200 over 7 m vertical intervals that just exceed average  $L_O$ . This avoids the complex distinction of  
201 smaller overturns in larger ones and allows the use of a single length scale of averaging. As a  
202 criterion for determining overturns we only used those data of which the absolute value of  
203 difference with the local reordered value exceeds a threshold of  $7 \times 10^{-5} \text{ kg m}^{-3}$ , which  
204 corresponds to applying a threshold of  $1.4 \times 10^{-3} \text{ kg m}^{-3}$  to raw data variations (e.g., Galbraith  
205 and Kelley, 1996; Stansfield et al., 2001; Gargett and Garner, 2008). Vertically averaged  
206 turbulence values, short for averaged  $\varepsilon$ - and  $K_z$ -values from (1) and (2), can be calculated to  
207 within an error of a factor of two, approximately.

208

### 209 **3 Results**

#### 210 **3.1 Physical parameters**

211 An early morning vertical profile of density anomaly in the upper 500 m at a northern  
212 station (Fig. 3a) is characterized by a near-homogeneous layer of about 15 to 40 m, which is  
213 above a layer of relatively strong stratification and a smooth moderate stratification deeper  
214 below. In the near-homogeneous upper layer, in this example  $z > -30 \text{ m}$ , relatively large  
215 turbulent overturn displacements can be found of  $d = \pm 20 \text{ m}$  (Fig. 3b): so called large density  
216 inversions. For  $z < -30 \text{ m}$ , large turbulent overturns are few and far between. Turbulence  
217 dissipation rate (Fig. 3c) and eddy diffusivity (Fig. 3d) are characterized by relatively small  
218 displacement sizes of less than 5 m. For  $z < -200 \text{ m}$ , displacement values weakly increase with  
219 depth, together with stratification ( $\sim N^2$ ; Fig. 3e). Between  $-30 < z < 0 \text{ m}$ , turbulence dissipation  
220 rate values between  $< 10^{-11}$  and  $> 10^{-8} \text{ m}^2 \text{ s}^{-3}$  are similar to those found by others, using  
221 microstructure profilers (e.g., Oakey, 1982; Gregg, 1989), lowered acoustic Doppler current  
222 profiler or CTD-Thorpe scale analysis (e.g., Ferron et al., 1998; Walter et al., 2005; Kunze et  
223 al., 2006). Here, eddy diffusivities are found between  $< 10^{-5}$  and  $3 \times 10^{-3} \text{ m}^2 \text{ s}^{-1}$  and these values





224 compare with previous near-surface results (Denman and Gargett, 1983). The relatively small  
225  $|d| < 5$  m displacements (Fig. 3b) are genuine turbulent overturns, and they resemble ‘Rankine  
226 vortices’, a common model of cyclones (van Haren and Gostiaux, 2014), as may be best visible  
227 in this example in the large turbulent overturn near the surface. The occasional erratic  
228 appearance in individual profiles, sometimes still visible in the ten-profile means, reflects  
229 smaller overturns in larger ones.

230 A mid-morning profile at a southern station shows different characteristics (Fig. 4),  
231 although 500 m vertically averaged turbulence values are similar to within 10% of those of the  
232 northern station. This 10% variation is well within the error bounds of about a factor of two. At  
233 this southern station, the near-surface layer is stably stratifying (Fig. 4a) and displays few  
234 overturning displacements (Fig. 4b), while the interior demonstrates rarer but occasional  
235 intense turbulent overturning (at  $z = -160$  m in Fig. 4), presumably due to internal wave  
236 breaking. At greater depths, stratification ( $\sim N^2$ ; Fig. 4e) weakly decreases, together with  $\epsilon$  (Fig.  
237 4c) and  $K_z$  (Fig. 4d).

238 Latitudinal overviews are given in Fig. 5 for: Average values over the upper  $z > -15$  m,  
239 which covers the diurnal mainly convective turbulent mixing range from the surface, average  
240 values between  $-100 < z < -25$  m, which covers the seasonal strong stratification, and average  
241 values between  $-500 < z < -100$  m, which covers the more permanent moderate stratification.  
242 Noting that all panels have a vertical axis representing a logarithmic scale, variations over  
243 nearly four orders of magnitude in turbulence dissipation rate (Fig. 5a) and eddy diffusivity  
244 (Fig. 5b) are observed between individual average values. This variation in magnitude is  
245 typically found in near-surface open-ocean turbulence microstructure profiles (e.g., Oakey,  
246 1982). Still, considerable variability over about two orders of magnitude is observed between  
247 the 3 to 6 cast averages at a particular station. This variation in station- and vertical averages  
248 far exceeds the instrumental error bounds of a factor of two (0.3 on a log-scale), and thus reveals  
249 local variability. The turbulence processes occur ‘intermittently’.

250 The observed variability over two orders of magnitude between yoyo-casts at a single  
251 station may be due to active convective overturning during early morning in the near-



252 homogeneous upper layer, or due to internal wave breaking and sub-mesoscale variability  
253 deeper down. Despite the large variability at stations, trends are visible between stations in the  
254 upper 100 m over the 32° latitudinal range going poleward: Buoyancy frequency ( $\sim$  square root  
255 of stratification) steadily decreases while turbulence values remain the same or weakly increase  
256 by about half an order of magnitude (about a factor of 3). The trends suggest marginally larger  
257 (convective) turbulence due to larger cooling from above and larger internal wave breaking  
258 going poleward. It is noted that the results are somewhat biased by the sampling scheme, which  
259 changed from 3 to 4 h after sunrise sampling at high latitudes to 4 to 5 h after sunrise sampling  
260 at lower latitudes, see the sampling hours after local sunrise in (Fig. 5d). Its effect is difficult to  
261 quantify, but should not show up in turbulence values from deeper down ( $-500 < z < -100$  m).

262       Between  $-500 < z < -100$  m, no clear trend with latitude is visible in the turbulence values  
263 (Fig. 5a,b), although  $[K_z]$  weakly increases with increasing latitude at all levels between  $-500$   
264  $< z < 0$  m, while stratification decreases (Fig. 5c). The deeper data thus unambiguously confirm  
265 the observations from the near-surface layers. Our turbulence values also confirm previous  
266 results by Jurado et al. (2012) who made microstructure profiler observations from the upper  $z$   
267  $> -100$  m along the same transect. Their results showed turbulence values remain unchanged  
268 over 30° latitude or increase by at most one order of magnitude, depending on depth level. Their  
269 ‘mixed’ layer ( $z > -25$  m) turbulence values are similar to our  $z > -15$  m values and half to one  
270 order of magnitude larger than the present deeper observations. The slight discrepancy in values  
271 averaged over  $z > -25$  m may point at either i) a low bias due to a too strict criterion of accepting  
272 density variations for reordering applied here, or ii) a high bias of the  $\sim 10$ -m largest overturns  
273 having similar velocity scales (of about  $0.05 \text{ m s}^{-1}$ ) as their  $0.1 \text{ m s}^{-1}$  slowly descending SCAMP  
274 microstructure profiler. At greater depths,  $-500 < z < -100$  m, it is seen in the present  
275 observations that the spread in turbulence values over four orders of magnitude at a particular  
276 station is also large. This spread in values suggests that dominant turbulence processes show  
277 similar intermittency in weakly (at high-latitudes  $N \approx 10^{-2.5} \text{ s}^{-1}$ ) and moderately (at mid-latitudes  
278  $N \approx 10^{-2.2} \text{ s}^{-1}$ ) stratified waters, respectively, for given resolution of the instrumentation.



279 Mean values of N are larger by half an order of magnitude in the seasonal pycnocline than  
280 those near the surface and in the more permanent stratification below (Fig. 5). Such local  
281 vertical variations in N are the same variation as observed horizontally across latitudes [30,  
282 62]° per depth level.

283

### 284 **3.2 Nutrient distributions and fluxes**

285 Vertical profiles of macro-nutrients generally resemble those of density anomaly in the  
286 upper  $z > -500$  m (Fig. 6). In the south, low macro-nutrient values are generally distributed over  
287 a larger near-surface mixed layer. For  $z < -100$  m below the seasonal stratification, vertical  
288 gradients of macro-nutrients are large. Macro-nutrient values become more or less independent  
289 of latitude at depths below  $z < -500$  m. Dissolved iron profiles differ from macro-nutrient  
290 profiles, notably in the upper layer near the surface. At some southern stations, dissolved iron  
291 and to a lesser extent also phosphate, have relatively high concentrations closest to the surface.  
292 These near-surface concentration increases suggest atmospheric sources, most likely Saharan  
293 dust deposition (e.g., Rijkenberg et al., 2012).

294 As a function of latitude in the near-surface ‘mixed’ layer (Fig. 7), the vertical turbulent  
295 fluxes of dissolved iron and phosphate (representing the macro-nutrients) is found constant or  
296 insignificantly increasing (Fig. 7d). Here, the mean eddy diffusivity values for the near-surface  
297 layer as presented in Fig. 5 are used for computing the fluxes. It is noted that in this layer  
298 turbulent overturning (Figs 3b, 4b) is larger and nutrients are mainly depleted (Fig. 6), except  
299 when replenished from atmospheric sources. Hereby, lateral diffusion is not considered  
300 important. More interestingly, the vertical turbulent fluxes of nutrients across the seasonal  
301 pycnocline (Fig. 8) are found ambiguous or statistically independently varying with latitude  
302 (Fig. 8d). Likewise, the vertical turbulent fluxes of dissolved iron and phosphate are marginally  
303 constant with latitude across the more permanent stratification (Fig. 9). Overall, the vertical  
304 turbulent nutrient fluxes across the seasonal and more permanent stratification resemble those  
305 of the physical vertical turbulent mass flux, which is equivalent to the distribution of turbulence  
306 dissipation rate and which is latitude-invariant (Fig. 5a).



307

#### 308 **4 Discussion**

309       Practically, the upright positioning CTD while using an adaptation consisting of a  
310 sophisticated custom-made equal-surface inlet worked well to minimize ship-motion effects on  
311 variable flow-imposed temperature variations. This improved calculated turbulence values  
312 from CTD-observations in general and in near-homogeneous layers in particular. The indirect  
313 comparison with previous microstructure profiler observations along the same transect (Jurado  
314 et al., 2012) confirms the same trends, although occasionally turbulence values were lower (to  
315 one order of magnitude in the present study). This difference in values may be due to the time  
316 lapse of 8 years between the observations, but more likely it is due to inaccuracies in one or  
317 both methods. It is noted that any ocean turbulence observations cannot be made better than to  
318 within a factor of two (Oakey, pers. comm.). In that respect, the standard CTD with the here  
319 presented adaptation is a cheaper solution than additional microstructure profiler observations.  
320 Nevertheless, it would be good to perform a more extensive comparison between Thorpe scale  
321 analysis data and deeper microstructure profiler data.

322       While our turbulence values are roughly similar to those of others transecting the NE-  
323 Atlantic over the entire water depth (Walter et al., 2005; Kunze et al., 2006), the focus in the  
324 present paper is on the upper 500 m because of its importance for upper-ocean marine biology.  
325 Our study demonstrates a decrease of stratification with increasing latitude and decreasing  
326 temperature that, however, does not lead to significant variation in turbulence values and  
327 vertical turbulent fluxes. These findings suggest that global warming may not necessarily lead  
328 to a change in vertical turbulent exchange. We hypothesize that internal waves may drive the  
329 feed-back mechanism.

330       Molecular diffusivity of heat is about  $10^{-7} \text{ m}^2 \text{ s}^{-1}$  in seawater, and nearly always smaller than  
331 turbulent diffusivity in the ocean. The average values of  $K_z$  during our study were typically 100  
332 to 1000 times larger than molecular diffusivity, which implies turbulent diapycnal mixing  
333 drives vertical fluxes despite the relatively slow turbulence compared to surface wave breaking.



334 Depending on the gradient of a substance like nutrients or matter, the relatively slow turbulence  
335 may not necessarily provide weak fluxes  $K_z d(\text{substance})/dz$  into the photic zone. In the central  
336 North Sea, a relatively low mean value of  $K_z = 2 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$  comparable to values over the  
337 seasonal pycnocline here, was found sufficient to supply nutrients across the strong summer  
338 pycnocline to sustain the entire late-summer phytoplankton bloom in near-surface waters and  
339 to warm up the near-bottom waters by some  $3^\circ\text{C}$  over the period of seasonal stratification (van  
340 Haren et al., 1999). There, the turbulent exchange was driven by a combination of tidal currents  
341 modified by the stratification, shear by inertial motions driven by the Coriolis force (inertial  
342 shear) and internal wave breaking. Such drivers are known to occur in the open ocean, although  
343 to unknown extent.

344 The here observed latitudinal trends of  $\epsilon$ ,  $K_z$  and  $N$  are more or less the same as the vertical  
345 trends in these parameters at all stations. For  $z < -200 \text{ m}$ , turbulence values of  $\epsilon$  and  $K_z$  weakly  
346 vary with stratification. This is perhaps unexpected and contrary to the common belief of  
347 stratification hampering vertical turbulent exchange of matter including nutrients. It is less  
348 surprising when considering that increasing stratification is able to support larger shear. Known  
349 sources of destabilizing shear include near-inertial internal waves of which the vertical length-  
350 scale is relatively small compared to other internal waves, including internal tides (LeBlond  
351 and Mysak, 1978).

352 The dominance of inertial shear over shear by internal tidal motions (internal tide shear),  
353 together with larger energy in the internal tidal waves, has been observed in the open-ocean,  
354 e.g. in the Irminger Sea around  $60^\circ\text{N}$  (van Haren, 2007). The frequent atmospheric disturbances  
355 in that area generate inertial motions and dominant inertial shear. Internal tides have larger  
356 amplitudes but due to much larger length scales they generate weaker shear, than inertial  
357 motions. Small-scale internal waves near the buoyancy frequency are abundant and may break  
358 sparsely in the ocean interior outside regions of topographic influence. However, larger  
359 destabilizing shear requires larger stable stratification to attain a subtle balance of ‘constant’  
360 marginal stability (van Haren et al., 1999). Not only storms, but other geostrophic adjustments,  
361 such as frontal collapse, may generate inertial wave shear also at low latitudes (Alford and



362 Gregg, 2001), so that overall latitudinal dependence may be negligible. If dominant, shear-  
363 induced turbulence in the upper ocean may thus be latitudinally independent (Jurado et al.,  
364 2012; deeper observations present study).

365 Summarizing, the vertical nutrient fluxes did not vary with latitude and stratification and  
366 thus from a physical environment perspective, nutrient availability and corresponding  
367 phytoplankton productivity and growth are not expected to change under future environmental  
368 changes like global warming.

369

370 *Competing interests.* The authors declare that they have no conflict of interest.

371

372 *Acknowledgements.* We thank the master and crew of the R/V Pelagia for their pleasant  
373 contributions to the sea-operations. J. van Heerwaarden and R. Bakker made the CTD-  
374 modification.

375



376

## APPENDIX A

### 377 **Modification of CTD pump-tubing to minimize RAM-effects**

378 The unique pump system on SeaBird Electronics (SBE) CTDs, foremost on their high-  
379 precision full ocean depth shipborne and cable-lowered SBE911, minimizes the effects of flow  
380 variations (and inversions) past its T-C sensors (SeaBird, 2012). This reduction in flow  
381 variation is important, because the T-sensor has a slower response than the C-sensor. As data  
382 from the latter are highly temperature dependent, besides being pressure dependent, the precise  
383 matching of all three sensors is crucial for establishing proper salinity and density  
384 measurements, especially across rapid changes in any of the parameters. As flow past the T-  
385 sensor causes higher measurement values due to friction at the sensor tip, flow-fluctuations are  
386 to be avoided as they create artificial T-variations of about  $1 \text{ mK s m}^{-1}$  (Larson and Pedersen,  
387 1996).

388 However, while the pump itself is one thing, its tubing needs careful mounting as well, with  
389 in- and outlet at the same depth level (Sea-Bird, 2012). This is to prevent ram pressure  $P = \rho U^2$ ,  
390 for density  $\rho$  and flow speed  $U$ . Unfortunately, the SBE-manual shows tubing of different  
391 diameter, for in- and outlet. Different diameter tubing leads to velocity fluctuations of  $\pm 0.5 \text{ m}$   
392  $\text{s}^{-1}$  past the T-sensor, as was concluded from a simple experiment by van Haren and Laan  
393 (2016). The flow speed variations induce temperature variations of  $\pm 0.5 \text{ mK}$  and are mainly  
394 detectable in weakly stratified waters such as in the deep ocean, but also near the surface as  
395 observed in the present data. Using tubes of the same diameter opening remedied most of the  
396 effect, but only if the surface of the tube-opening is perpendicular to the main CT-motion as in  
397 a vertically mounted CTD. If it is parallel to the main motion as in a horizontally mounted CTD,  
398 the effect was found to be adverse. The make-shift onboard experiment in van Haren and Laan  
399 (2016) has now been cast into a better design (Fig. A1), of which the first results are presented  
400 in this paper.



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491 **Figure 1.** Bathymetry map of the Northeast Atlantic Ocean based on the 9.1 ETOPO-1 version  
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494

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503

504 **Figure 3.** Upper 500 m of turbulence characteristics computed from downcast density anomaly  
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506 profile of density anomaly referenced to the surface. (b) Overturn displacements following  
507 reordering of the profiles in a. Slopes  $\frac{1}{2}$  (solid lines) and 1 (dashed lines) are indicated. (c)  
508 Logarithm of dissipation rate computed from the profiles in a., averaged over 7 m intervals.  
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510 reordering the profiles of a.

511

512 **Figure 4.** As Fig. 3, but for a southern station. Upper 500 m of turbulence characteristics  
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519

520 **Figure 5.** Summer 2017 latitudinal transect along  $17\pm 5^\circ\text{W}$  of turbulence values for upper 15 m  
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522  $500 < z < -100$  m (black, more permanent pycnocline) from short yoyos of 3 to 6 CTD-  
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527

528 **Figure 6.** Upper 500 m profiles for stations at three latitudes. (a) Density anomaly referenced  
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530 (d) Silicate. (e) Dissolved iron.

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532 **Figure 7.** Latitudinal transect of near-surface nutrient concentrations. (a) Dissolved iron. (b)  
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537 **Figure 8.** As Fig. 7, but for  $-100 < z < -25$  m.

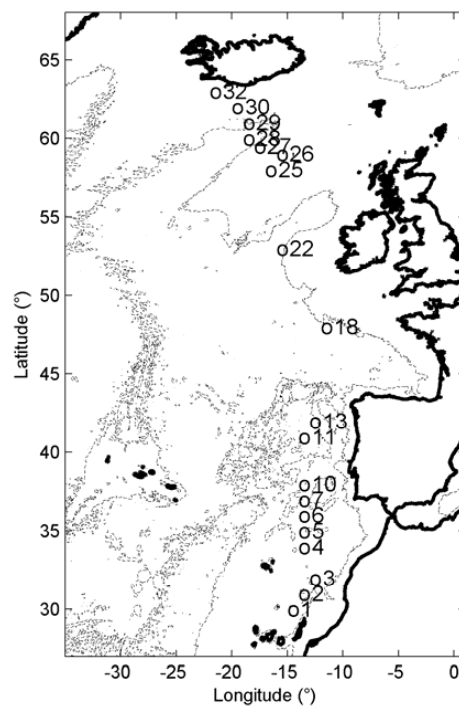
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539 **Figure 9.** As Fig. 7, but for  $-600$  (few nutrients sampled at 500)  $< z < -100$  m.

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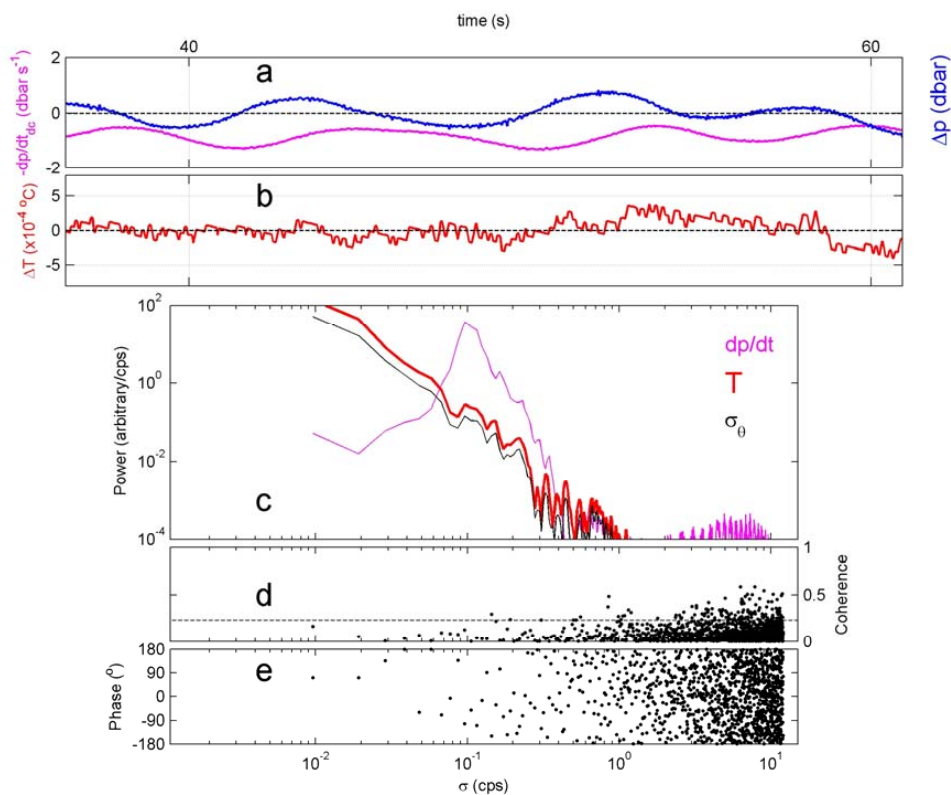
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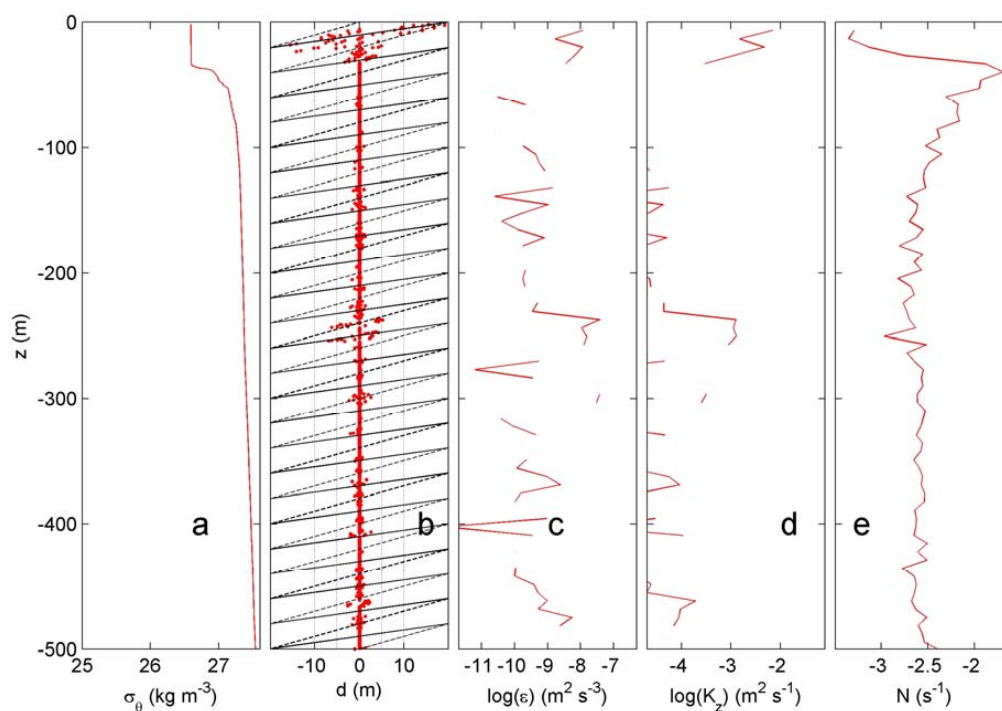
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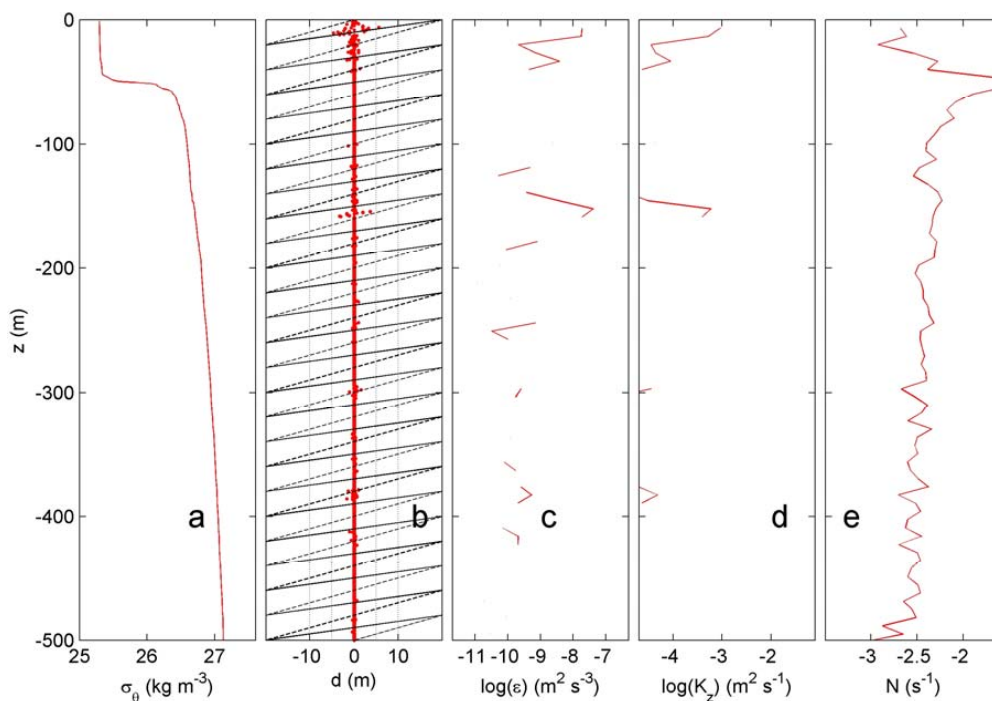
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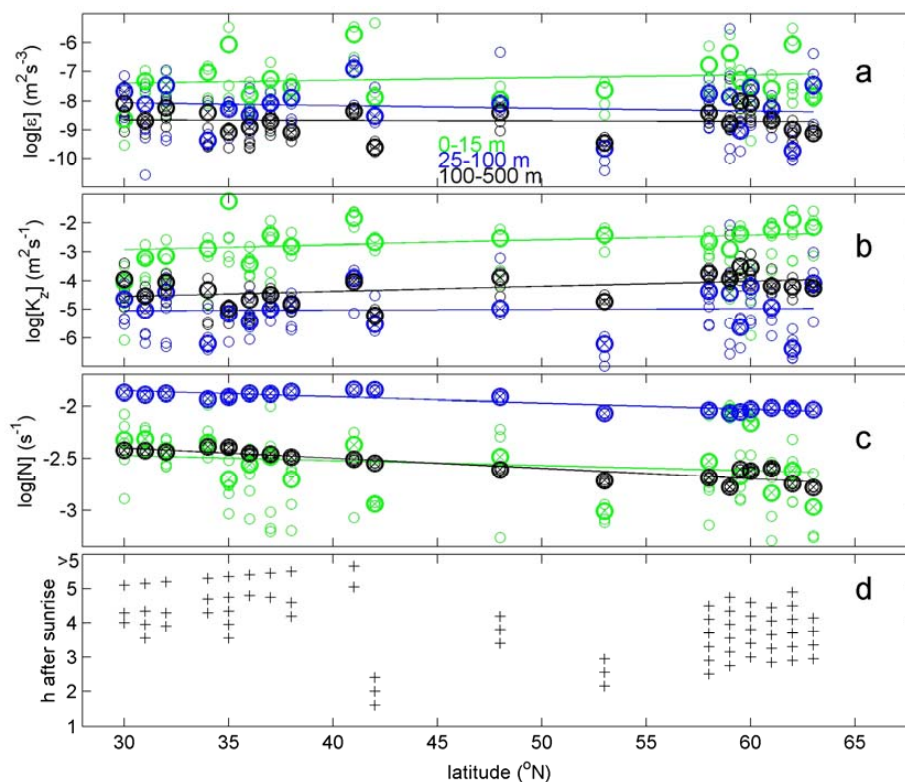
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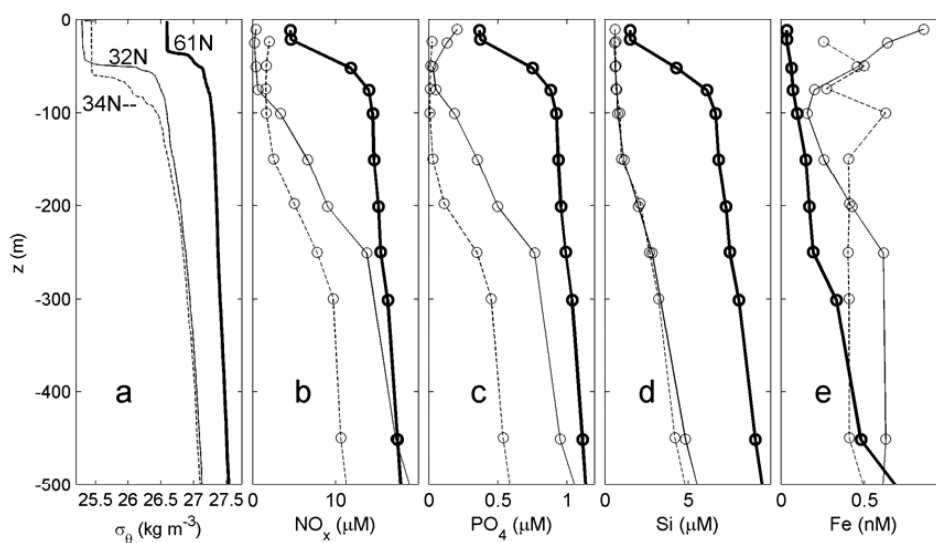


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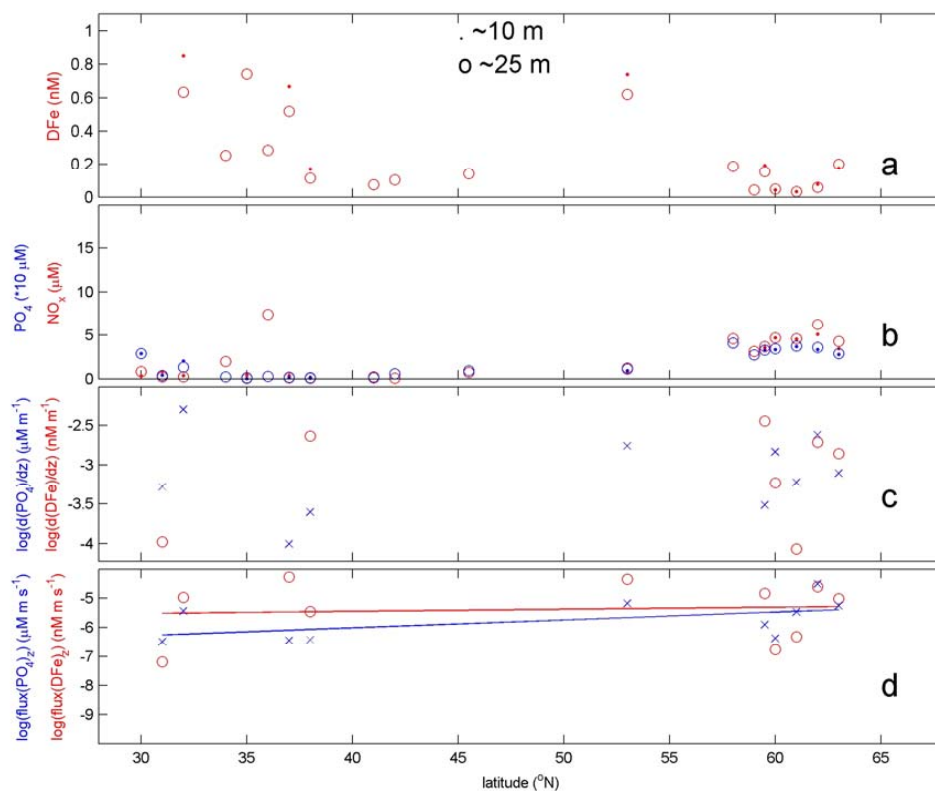
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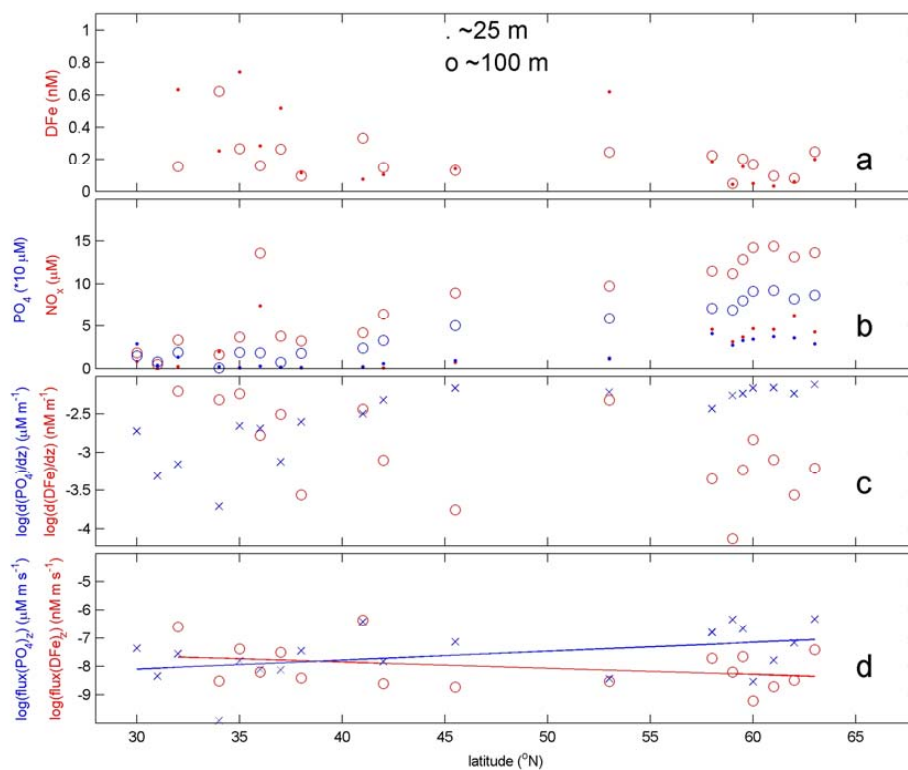


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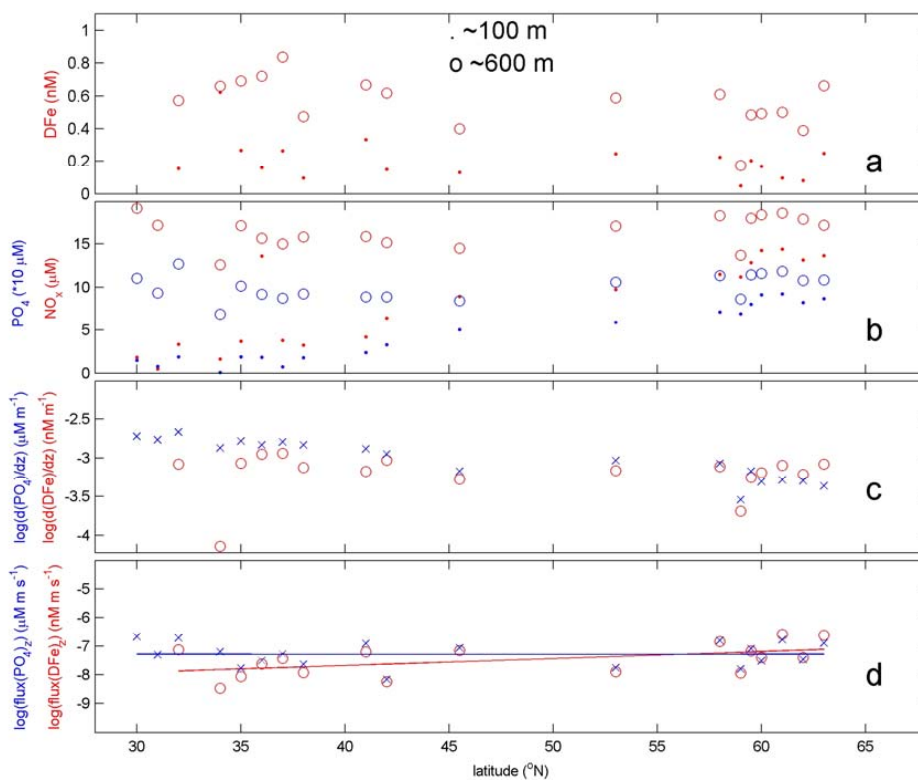
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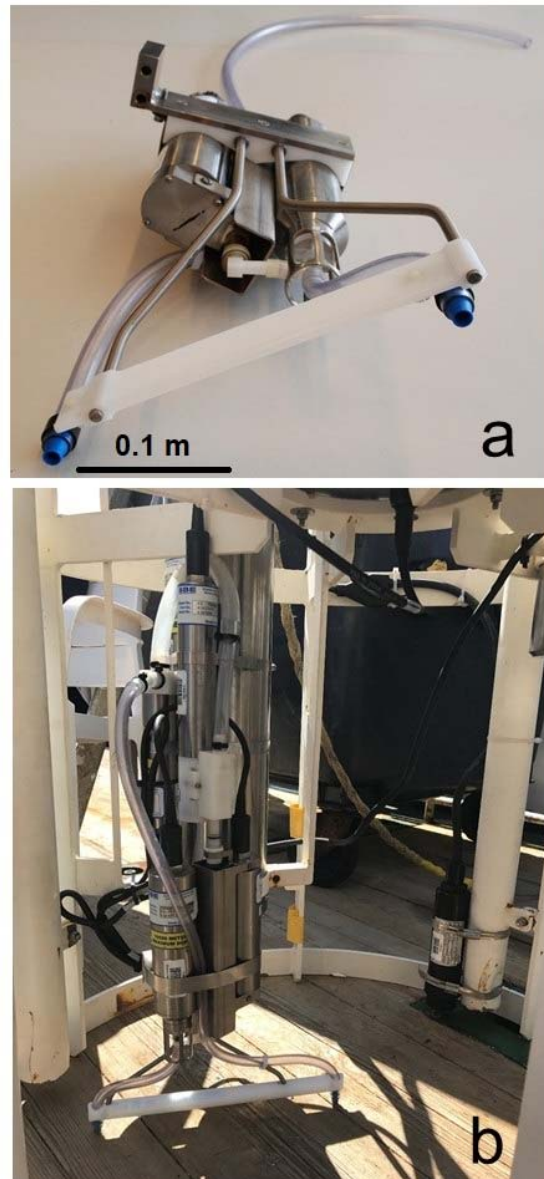
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