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Surface predictor of overturning circulation and heat content change in the subpolar North Atlantic

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Abstract. The Atlantic Meridional Overturning Circulation (AMOC) impacts ocean and atmosphere temperatures on a wide range of temporal and spatial scales. Here we use observational data sets to validate model-based inferences on the usefulness of thermodynamics theory in reconstructing AMOC variability at low-frequency, and further build on this reconstruction to provide prediction of the near-future (2019-2022) North Atlantic state. An easily-observed surface quantity – the rate of warm to cold transformation of water masses at high latitudes – is found to lead the observed AMOC at 45°N by 5-6 years and to drive its 1993-2010 decline and its ongoing recovery, with suggestive prediction of extreme intensities for the early 2020's. We further demonstrate that AMOC variability drove a bi-decadal warming-to-cooling reversal in the subpolar North Atlantic before triggering a recent return to warming conditions that should prevail at least until 2021. Overall, this mechanistic approach of AMOC variability and its impact on ocean temperature brings new keys for understanding and predicting climatic conditions in the North Atlantic and beyond.

1. Introduction

The north-eastward meandering flow of the North Atlantic Current (NAC) dominates the upper-ocean

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circulation of the northern North Atlantic (Krauss, 1986). It transports relatively warm waters that release heat to the atmosphere as they flow around the Subpolar Gyre (SPG) and the Nordic Seas, ultimately forming North Atlantic Deep Water that propagates in the deep layers via upper and deep western boundary currents (DWBC) and dispersive interior pathways (Bower et al., 2009; Lherminier et al., 2010, see Figure S1 for domain boundaries and bathymetric features). On top of sequestering physical and biogeochemical properties in the deep seas, the warm-to-cold conversion of water masses and the meridional overturning circulation associated with it drives a significant meridional heat transport. Its variability is thought to be a major cause of temperature and ocean heat content (OHC) shifts in the upper layer of the northern North Atlantic, with important ramification for ocean-atmosphere interactions and large-scale climate variability (Bryden et al., 2014; Robson et al., 2017). In particular, the most recent reversal of climatic trends in the north Atlantic SPG since 2005 (warming to cooling) has been attributed in numerical models to a decadal weakening of the ocean meridional heat transport across the southern boundary of the SPG (Piecuch et al., 2017; Robson et al., 2016). The recent return of intense ocean-to-atmosphere heat loss (and associated deep convection) since the mid 2010's (Josey et al., 2018; Yashayaev and Loder, 2017) is now suggestive of an ongoing or approaching re-intensification of the circulation and, consequently, a shift to warming condition in the SPG. Overall, the need for a continuous monitoring of the top-to-bottom current field in the SPG has appeared critical to capture the many components of this warm-to-cold transformation. In 2014, international efforts led to the implementation of an in situ mooring array aimed to fulfil such a need – the Overturning in the Subpolar North Atlantic Program (OSNAP; Lozier et al., 2017).

In the commonly-used depth space (z), the $AMOC_z$ streamfunction helps to simplify the complex three-dimensional velocity field of the North Atlantic into a northward flow of *about* 16 Sv (1 Sv = 10^6 m^3 s^{-1}) in the upper 0-1000 m or so and a compensating southward flow at depth, connected vertically by the net sinking of surface waters at high latitudes (Buckley and Marshall, 2016; Wunsch, 2002). However, if one is interested in OHC and the dynamics of buoyancy redistribution in the ocean, an estimator of the circulation in density-space (σ) must be preferred, which we will note $AMOC_\sigma$ hereafter. Such an estimator allows to fully capture transformation of light water masses into denser ones at high latitudes, along both the vertical overturning and horizontal gyre circulations (Lherminier et al., 2010; Pickart and Spall, 2007).

In the absence of diapycnal mixing, the diapycnal volume fluxes associated with the $AMOC_\sigma$ at a given latitude must relate to air-sea exchanges of buoyancy within isopycnal outcrops north of this latitude (Figure 1). This thermodynamic balance between the $AMOC_\sigma$ and its surface-forced component (noted $SFOC_\sigma$ hereafter), theorized by Walin (1982) and much later verified with numerical models (Grist et al., 2010; Marsh, 2000), suggests key monitoring and predictive skills of $AMOC_\sigma$. This was particularly evidenced in low-resolution coupled climate models, which hold a significant lagged relationship between high latitude surface forcing and overturning circulation at the southern exit of the SPG (Grist et al., 2009). In a follow-up paper, Grist et al. (2014) estimated the surface-forced component of the AMOC in several atmospheric reanalyses and highlighted their overall consistency in the SPG. An independent validation of those surface indices with observation-based time series of the interior circulation is however, still missing. Moreover, the potential of such proxy-based reconstruction of the AMOC for predicting OHC variability and new climatic reversal in the coming years remains to be shown.

The primary purposes of the present study are (1) to validate with observational data the predictive skill of surface-forced water mass transformation for AMOC variability, and (2) to assess the causal link between AMOC variability and decadal OHC changes in the SPG and perform near-future prediction of those quantities. Regional variability will also be documented, with details on the capability of the *in situ* OSNAP array in monitoring the basin-wide $AMOC_\sigma$.

The paper is structured as follows. Section 2 presents the observational data sets and the methodology used to compute $AMOC_\sigma$, $SFOC_\sigma$, and OHC. Section 3 gathers the main results of the study and Section 4 summarizes and discusses them.

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2. Materials and Methods

2.1. Data

Monthly gridded potential temperature (θ) and practical salinity (S) profiles from four *in situ* hydrographic datasets were used. Details on those data sets (EN4, CORA, ISHII and ARMOR3D) are provide in Table S1. For each product and at each grid point, the θ and S profiles were interpolated to a regular 20 db vertical spacing. Using the TEOS-10 Gibbs-SeaWater (GSW) toolbox, practical salinity was converted to absolute salinity, potential temperature to conservative temperature, and σ_0 and σ_1 (potential density relative to sea-surface and 1000 m, respectively) were computed. Air-sea heat fluxes (radiative and turbulent) and freshwater fluxes (evaporation and precipitation) are obtained from three atmospheric reanalyses (NCEP2, ERA-I and CERES, see Table S1). Absolute dynamic topography and associated surface meridional geostrophic velocities are obtained from the AVISO platform (https://www.aviso.altimetry.fr/en/data.html) and combine sea-level anomalies from multi-mission satellite altimeters and mean dynamic topography from GOCE, GRACE, altimetry and in situ data (https://www.aviso.altimetry.fr/en/data/products/auxiliary-products/mdt.html).

The various quantities derived from those data products (and described below in Section 2.2 and 2.3) were then combined into ensemble mean over the period 1993-2017, with associated ensemble standard errors computed as $\frac{\boldsymbol{\sigma}}{\sqrt{\boldsymbol{N-1}}}$, where $\boldsymbol{\sigma}$ is the standard deviation and N = 4 the number of data products used in the mean. This error captures the incompressible spread between all possible methods used as of today to interpolate sparse in situ observations. Further notes on statistical analysis of the reported results (correlation, trend error) are provided in Supplementary Information.

2.2. Computation of AMOC$_\sigma$, MHT$_\sigma$ and associated OHC

The 0-2000 m absolute meridional velocities υ at 45°N are derived by referencing *in situ* estimates of the geostrophic thermal-wind currents with altimetry-derived sea-surface geostrophic velocities, following previously-published methodologies (Gourcuff et al., 2011; Mercier et al., 2015; Sarafanov et al., 2012). The AMOC$_\sigma$ stream function is then obtained by integrating υ zonally and vertically above each σ_1

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surface (spaced by $\delta\sigma = 0.025$ kg m^{-3}). The maximum value of the resulting stream function at the density level σ_{m} writes as:

$$AMOC_{\sigma\mathrm{m}} = \int_x \int_{\sigma<\sigma\mathrm{m}} \upsilon dxdz$$

We restrict such calculation to the 0-2000 m layer as not all products contain data below that depth[1]. This threshold is nonetheless deep enough to capture the level of maximum transformation at 45°N, as well as its variability. The AMOC$_\sigma$-driven heat transport is estimated as in Mercier et al. (2015):

$$MHT_\sigma = \rho_0 C_p \max(AMOC_\sigma)\,\Delta\,\theta$$

Where $\rho_0 = 1025$ kg m^{-3}, $C_p = 4000$ J kg^{-1} °C^{-1} and $\Delta\,\theta$ is the temperature difference between the upper and lower limbs of the AMOC$_\sigma$ (i.e. the area-weighted average temperature of water lighter than σ_{m} minus the area-weighted average temperature of water heavier than σ_{m}). Note that $\Delta\,\theta$ was computed from the EN4.2.0 product that provides full-depth temperature profiles. The change in ocean heat content north of 45°N driven by MHT_σ is then estimated as:

$$OHC(t)_{MHT\sigma} = \int_{t0}^{t} (MHT(t)_\sigma - \overline{MHT_\sigma})dt$$

where t is a given year and the overbar refers to a temporal average over the period 1996 – 2013. This reference period is assumed to represent a climatological equilibrium state around which MHT_σ fluctuates, so that positive (negative) anomalies in MHT_σ result in warming (cooling) north of 45°N. As shown in Section 3.3, this assumption yields high and significant correlation between $OHC_{MHT\sigma}$ and the observed OHC in the SPG.

[1] This is due to the fact that the main source of recent in situ data is the Argo array of profiling floats (Riser et al., 2016) providing quality controlled temperature and salinity data for the upper 2000m only.

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2.3. Computation of SFOC$_\sigma$.

The surface-forced component of the overturning streamfunction SFOC$_\sigma$ was computed following common practice and methodologies (Marsh, 2000). For each month and each isopycnal σ (spaced by $\delta\sigma$ = 0.05 kg m^{-3}), SFOC$_\sigma$ is computed as the diapycnal convergence of the diapycnal volume flux driven by surface density flux wherever σ outcrops north of a given coast-to-coast section:

$$SFOC(\sigma^*) = \frac{1}{\delta\sigma}\iint\left[-\frac{\alpha Q}{C_p} + \beta\frac{S}{1-S}(E-P)\right]\Pi(\sigma)dxdy$$

where

$$\Pi(\sigma) = \begin{cases} 1\ for\ \sigma - \frac{\delta\sigma}{2} < \sigma < \ \sigma + \frac{\delta\sigma}{2} \\ 0\ elsewhere \end{cases}$$

The quantity within brackets is the local surface density flux, α and β are the thermal expansion and haline contraction coefficients, C_p is specific heat capacity of sea water (4000 J kg^{-1} K^{-1}), Q the net surface heat flux, E the evaporation rate, and P the precipitation rate. Following Marsh (2000), monthly fields of surface θ and Q are used herein while monthly climatology values for surface S and $E-P$ are used. When for a given month (usually during summer), σ does not outcrop north of 45°N, $SFOC_\sigma$ is set to zero. Annual averages are then obtained for 1985-2017. Even if SFOC$_\sigma$ is a surface integral statement, maps of transformation rates can be obtained by accumulating the integrand over outcrops (Brambilla et al., 2008; Maze et al., 2009), as shown later in Section 3.1.

In order to directly relate SFOC$_\sigma$ and AMOC$_\sigma$, we rely on the assumption of water mass steadiness in the SPG, meaning that the net accumulation of volume within isopycnal layers is considered to be negligible in front of the import of light water to be transformed and the export of dense water after transformation (Marsh, 2000). To verify this hypothesis, we compute $\frac{dV_\sigma}{dt}$, the yearly local change in the volume of discrete isopycnal layer (in Sv), where V_σ is evaluated on January 1st of each year. Averaging this term

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north of 45°N and summing below the density level of maximum $SFOC_\sigma$ yields an evaluation of water mass steadiness during each year. As discussed later, this term can be intermittently important but does not dominate the decadal variability, so that a direct link emerges between $SFOC_\sigma$ and $AMOC_\sigma$ on those relatively long-time scales.

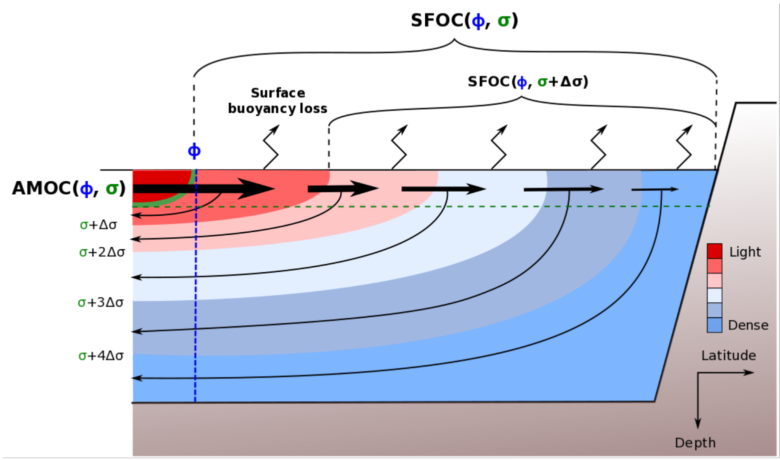

Figure 1. Schematic of the relationship between meridional overturning circulation at latitude ϕ and isopycnal surface σ – the AMOC(ϕ, σ) – and its surface-forced component – the SFOC(ϕ, σ). Arrows show the progressive transformation of waters across increasing density surfaces balanced by buoyancy loss at the air-sea interface and meridional import and export. After Marsh (2000).

3. Results

3.1. The time-mean $AMOC_\sigma$ and $SFOC_\sigma$

The time-mean depth-longitude field of meridional velocity at 45°N (Figure 2A) is dominated by a western boundary current system in good quantitative agreement with direct current estimates carried out in the region (Mertens et al., 2014; Toole et al., 2017). This current system includes the southward-flowing Labrador Current (LC) adjacent to the slope above 800 m (16 Sv), the upper part of the southward-flowing DWBC circa 47°W with increasing velocities with depth (13 Sv), and the surface-

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intensified northward-flowing NAC (53 Sv) with its recirculation east of 45°W (28 Sv). Meridional velocities are significantly weaker further east in the gyre interior. Integrating zonally the volume transport above discrete σ_1-surfaces yields the (partial) $AMOC_\sigma$ stream function at 45°N, which reaches a time-mean maximum value of 14.3 ± 1.4 Sv at $\sigma_1 = 32.15$ (Figure 2B; see also Figure S2A for the $AMOC_\sigma$ stream function of each individual product). A similar calculation in depth space yields the (partial) $AMOC_z$ stream function at 45°N, which reaches a time-mean maximum value of 9 ± 0.4 Sv at 700 m depth (Figure S2B). Therefore, about 60% of the maximum diapycnal volume flux above 2000 m depth at 45°N is associated with a net downwelling in the vertical plane, the remainder being due to dense waters returning at the same depth as that of the inflowing light waters within the horizontal gyre circulation.

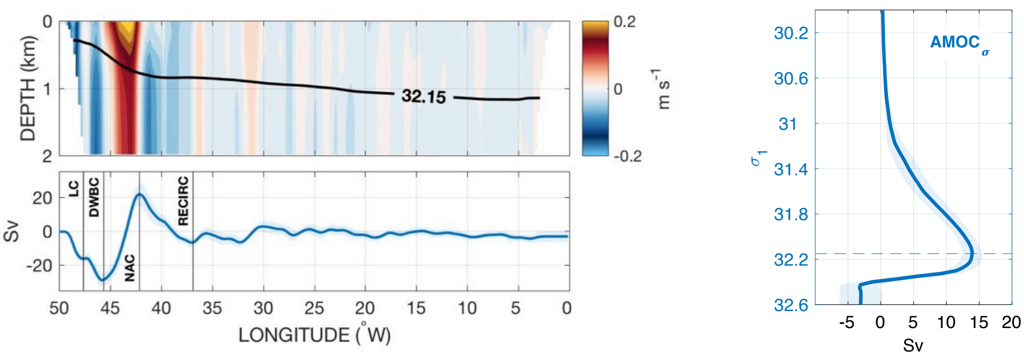

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Figure 2. Meridional velocity and transport at 45°N ($AMOC_\sigma$). (A) Top: The mean longitude-depth velocity field (in m s^{-1}) at 45°N. The $\sigma_1 = 32.15$ isopycnal across which the maximum diapycnal flux occurs is shown in black. Bottom: The depth-integrated (0-2000 m) zonally cumulated transport (in Sv) at 45°N, with labels as follow: LC (Labrador Current), DWBC (Deep Western Boundary Current), NAC (North Atlantic Current) and RECIRC (NAC recirculation). Shading indicates the ensemble standard error. (B). The mean $AMOC_\sigma$ streamfunction at 45°N (in Sv). Shading indicates the ensemble standard error. The blue dashed line at $\sigma_1 = 32.15$ depicts the maximum transformation rate.

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The surface-forced component of the AMOC$_\sigma$ (noted SFOC$_\sigma$) shows a maximum time-mean value of 15.4 ± 1.8 Sv at $\sigma_0 = 27.4$ (or $\sigma_1 \approx 32$), which reflects a light-to-dense flux that primarily occurs along the NAC path in the eastern SPG south of Reykjanes Ridge and to a lesser extent along the western SPG boundary (Labrador Sea), along the Norwegian margins (Figure 3). The spatial distribution of the surface-forced diapycnal volume flux within the domain is inferred by evaluating SFOC$_\sigma$ at two additional key sections: the international Canada-Greenland-Scotland OSNAP and the Greenland-Iceland-Scotland (GIS) sills. The SFOC$_\sigma^{OSNAP}$ and SFOC$_\sigma^{GIS}$ stream functions respectively show a maximum transformation rate of 11.2 ± 1.3 Sv at $\sigma_0 = 27.52$ and 5.4 Sv ± 0.4 Sv at $\sigma_0 = 27.77$, in good agreement with independent *in situ* calculations of the maximum overturning across the OSNAP line and overflow transport estimates at the GIS (Hansen and Østerhus, 2000; Li et al., 2017). Altogether, the three estimates of SFOC$_\sigma$ across 45°N, OSNAP, and GIS, describe the expected decrease in intensity and increase in density of the maximum transformation rate as one progress northward. We note that the density level of the maximum SFOC$_\sigma$ at 45°N is slightly lighter than the density level of the maximum AMOC$_\sigma$ at 45°N. This is because SFOC$_\sigma$ cannot account for the positive transformation rate due to the entrainment-driven mixing of the subpolar mode waters with the denser overflow waters in the vicinity of the GIS sills. However, the analysis of numerical simulations shows that such a mixing contribution does not largely affect interannual and decadal variability (Marsh et al., 2005), our primary purpose here.

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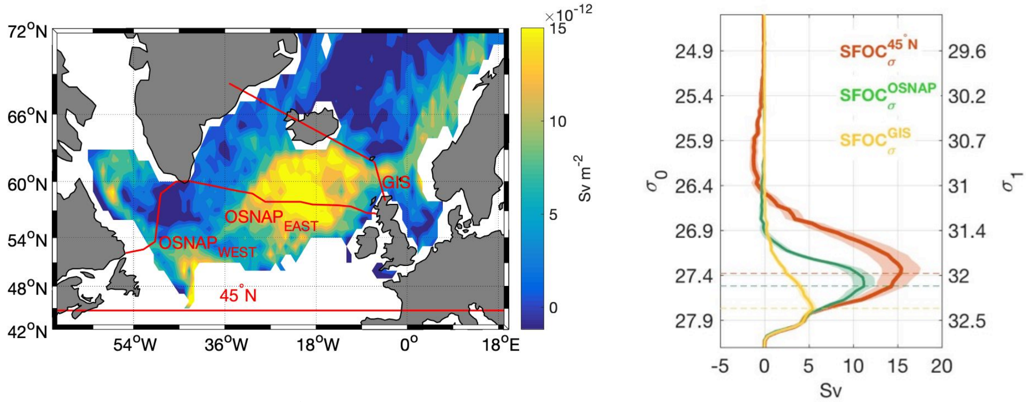

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Figure 3. The surface-forced transformation north of 45°N (SFOC$_\sigma$). (A) The time-mean transormation map across the isopycnal surface σ_0 = 27.4 (in Sv m^{-2}), across which the maximum transformation rate north of 45°N occurs. (B) The mean SFOC$_\sigma$ streamfunction (in Sv) at 45°N (red), at the OSNAP line (green) and at the GIS sills (yellow). See 5A) for section locations. Shading indicates the ensemble standard error. The dashed lines depict the density levels of maximum surface-forced transformation rate north for each domain. As the computation was made using $\sigma_{0,}$ the corresponding surface σ_1 values are shown on the right-hand side y-axis. The surface integral of the diapycnal volume flux shown in (A) yields the maximum transformation rate through σ_0 = 27.4 : 15.4 ± 1.8 Sv.

3.2. The variability of AMOC$_\sigma$ and SFOC$_\sigma$

The maximum AMOC$_\sigma$ time series, displayed as raw and 7-year low-pass filtered annual anomalies in Figure 4A (blue lines), shows a dominant 8-year period variability embedded in a linear decrease during 1993-2010 of -0.24 ± 0.05 Sv yr^{-1} and a subsequent intensification during 2010-2017 of 0.91 ± 0.19 Sv yr^{-1}. Those changes are largely advective (Figure S3), indicating minor impact of volume (or σ_m) variability on the AMOC intensity. Volume redistribution associated with the formation history of intermediate water masses in the Labrador and Irminger seas can be important but they remain restricted to the lower limb of the AMOC$_\sigma$ (not shown). We note that the AMOC$_Z$ shares a similar variability with AMOC$_\sigma$ but of weaker amplitude, indicating an important contribution of the horizontal circulation (versus vertical overturning) to the diapycnal volume flux variability at 45°N (Figure S3). The gyre contribution to AMOC$_\sigma$ variability at 45°N is also inferred from an independent mooring-based observation of the (400m-bottom) DWBC intensity at 53°N (Zantopp et al., 2017). Although the shortness of the time series (10 years) only allows a suggestive independent validation, the DWBC variability is found to consistently lead the 2004-2010 weakening and the 2010-2014 intensification of the AMOC$_\sigma$ at 45°N by 3 years (Figure S3).

The second independent validation of AMOC$_\sigma$ bears the mechanistic explanation of its variability. While the maximums of AMOC$_\sigma$ and SFOC$_\sigma$ hardly correlate at high frequency, a striking correspondence between their low-pass filtered variability is found, with the largest correlation obtained when the former lags the latter by 5-6 years (0.94 at the 99% confidence level), in line with typical advective time scales in the SPG (Bersch et al., 2007) (Figure 4A – see also Supplementary Materials for details on smoothing and correlation). Therefore, observational data confirm that surface-forced water mass transformation represents a dominant driver as well as an easily-derived proxy of low-frequency AMOC$_\sigma$ changes across the southern exit of the SPG. Departure from an exact match between AMOC$_\sigma$ and SFOC$_\sigma$ relate to the influence of the remaining terms in the volume budget equation, namely diapycnal mixing and volume storage within the SPG interior. As shown in Figure S4, the latter can be non-negligible on interannual time scale but exhibits minor decadal variability.

The 5-year time lag between AMOC$_\sigma$ and SFOC$_\sigma$ time series enables prediction of near-future AMOC$_\sigma$ variability. Here, the low-frequency strengthening of the meridional circulation observed since 2010 is found to continue at a similar rate until 2022 while reaching extreme intensities in 2019 and 2020 similar to those observed in the early 1990's. Those extreme events reflect harsh atmospheric winter conditions in the SPG in 2014 and 2015 (North Atlantic Oscillation strongly positive) associated with large ocean-to-atmosphere heat transfer (Josey et al., 2018). As discussed in the next section, this most recent positive trend in AMOC$_\sigma$ intensity and its predicted persistence until the early 2020's may substantially increase OHC in the SPG in the coming years.

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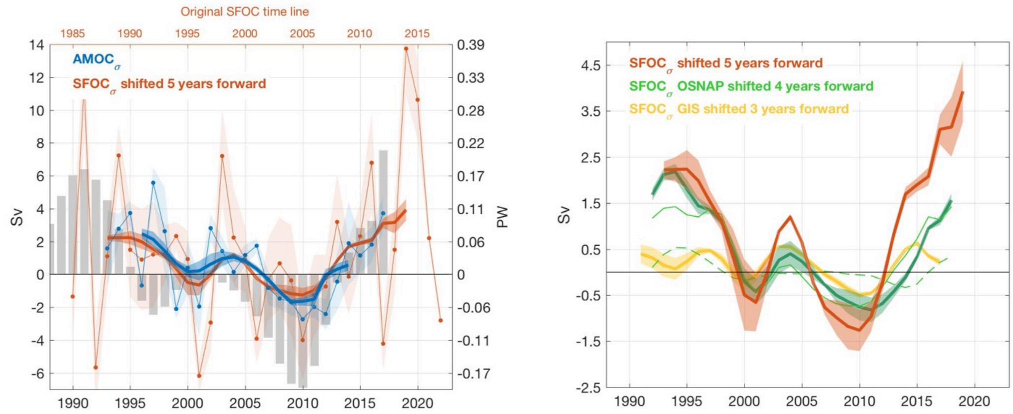

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Figure 4. The AMOC$_\sigma$ and SFOC$_\sigma$. (A) Annual anomalies in the maximum AMOC$_\sigma$ (blue) and the maximum SFOC$_\sigma$ (red) at 45°N (in Sv), with the latter shifted 5 years forward (lag of maximum correlation). The reference (time-mean) period is 1996-2013. Thick lines show 7-year low-pass filtered time series. The right-hand side axis displays the corresponding heat transport anomalies. The original time line for SFOC$_\sigma$ is given in the top x-axis. (B) The 7-year low-pass filtered time series of anomalies in the maximum SFOC$_\sigma$ at 45°N (red – shifted 5 years forward), the maximum SFOC$_\sigma$ at the OSNAP line (green – shifted 4 years forward) decomposed into contributions from the eastern (thin) and western (dashed) basins, and the maximum SFOC$_\sigma$ at the GIS sills (yellow – shifted 3 years forward).

The decadal variability in the maximum SFOC$_\sigma$ at 45°N has minor contribution from the Nordic Seas and is effectively captured by SFOC$_\sigma^{OSNAP}$, although the contribution from regions south of the OSNAP line appears important during its most recent intensification since 2010 (Figure 4B). The variability in SFOC$_\sigma$ is dominated by changes in the rate of water mass transformation in the eastern SPG basins, in line with recent mooring-based estimates of the AMOC$_\sigma$ across the OSNAP line (Lozier et al., 2019). The successive 1-year lag between SFOC$_\sigma$ at 45°N, SFOC$_\sigma$ at OSNAP and SFOC$_\sigma$ at GIS reflects the progressive northward spreading of transformation anomalies across surface of increasing density (see Figure 3B).

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3.3. The variability of OHC and its 5-year prediction

The lagged correlation between surface-forced water mass transformation and the overturning circulation has important ramifications for the monitoring of past, present and future fluctuations of $AMOC_\sigma$ but does not inform on its role in driving decadal OHC variability in the SPG. To infer such a role, the $AMOC_\sigma$-driven meridional heat transport at 45°N – noted MHT_σ hereafter – is computed from the maximum $AMOC_\sigma$ index (Figure 4A) and the temperature difference between the upper and lower $AMOC_\sigma$ limbs at 45°N (see Section 2.2). The time-mean MHT_σ at 45°N during 1993-2017 reaches 0.43 ± 0.04 PW and is balanced by an ocean-to-atmosphere heat transfer of 0.21 ± 0.04 PW, a small long-term change in OHC within the SPG domain of 0.014 ± 0.002 PW, and a northward ocean heat transport across the GIS sills estimated as a residual as 0.20 PW (consistent with independent estimates, Curry et al., 2011; Hansen et al., 2015; Hansen & Østerhus, 2000).

The cumulated anomalies of MHT_σ referenced to the time-window 1996-2013 show high correlation with the observed OHC within the 0-1000 m layer of the SPG (10°W-70°W; 45°N-65°N, Figure 5). In particular, both the 1993-2006 warming and the 2006-2013 cooling of the region are well explained by the contribution of MHT_σ variability at 45°N (r = 0.87 at the 99% confidence level for 1993-2013). This is consistent with previous model-based inferences that the $AMOC_\sigma$ is a primary driver of decadal temperature changes in the upper SPG (Desbruyères et al., 2015; Grist et al., 2010; Robson et al., 2016). This causal relationship is however not verified during 2013-2015, where MHT_σ induces a warming of the SPG whereas *in situ* observations indicate that OHC continued to decrease. This apparent discrepancy reflects the strong air-sea heat flux anomaly that drove a sharp cooling of the upper SPG during those years – the so-called “Cold blob” (Duchez et al., 2016; Josey et al., 2018). From 2015, atmospheric conditions were back to “normal” and the MHT_σ-driven warming of the SPG could begin.

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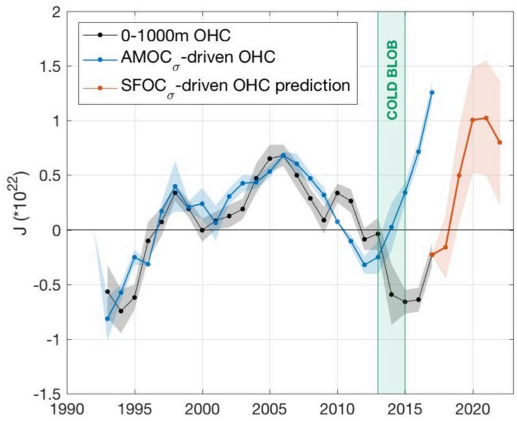

Figure 5. OHC variability. Detrended anomalies in OHC within the upper SPG (0-1000 m; 10°W-70°W; 45°N-65°N, black, in J) and MHT$_\sigma$-driven OHC anomalies north of 45°N (blue, in J). Shading indicates the ensemble standard errors for each variable. The SFOC$_\sigma$-driven OHC prediction for 2017-2022 is shown in red, with its associated error based on the historical predictive skills of SFOC$_\sigma$. The green patch indicates the "cold blob" era driven by extreme air-sea flux events (Josey et al., 2018).

We finally make use of the remarkable 5-year lead of SFOC$_\sigma$ onto AMOC$_\sigma$ (Figure 4A) to make a suggestive prediction of AMOC$_\sigma$-driven OHC changes between 2017 and 2022. Annually-averaged anomalies of SFOC$_\sigma$ are scaled by the actual interannual variance of AMOC$_\sigma$ and converted into an anomalous heat transport relative to 1996-2013 with associated OHC anomalies as previously shown. To make the prediction, we simply anchor the resulting 2017-2022 time series to the last observed OHC value of 2017 (red line, Figure 5). An uncertainty is added on the prediction based on the skill of SFOC$_\sigma$ in predicting the historical 1993-2017 OHC (red shading in Figure 5). This uncertainty is the prediction error ϵ_{lag} from the N_{lag}-year time series, with lag = 1 to 5 years:

$$\epsilon_{lag} = \sqrt{\frac{1}{N_{lag}}\sum\{(OHC^{y+lag} - OHC^{y}) - (OHC_{SFOC\sigma}{}^{y+lag} - (OHC_{SFOC\sigma}{}^{y})\}^{2}}$$

Owing to the ongoing intensification of the $AMOC_\sigma$ and its presumed persistence until 2019/2020 (Figure 4A), and under the (hypothesized) absence of extreme air-sea heat flux events in the near-future, the present analysis predicts a rapid OHC surge of $1.03 \pm 0.57\ 10^{22}$ J between 2017 and 2021 (Figure 5).

4. Conclusions

In this paper we have provided observationally-based evidence of a tight causal relationship between low frequency changes in the rate of surface-forced water mass transformation in the eastern SPG, the variability of the overturning circulation at 45°N, and ocean heat content trends in the SPG. The 5-year delay between surface property changes in the SPG and downstream circulation changes suggests good skills for short-term predictability in the region from the sole use of ocean surface and air-sea interface measurements. Here, a strong intensification of the overturning and associated heat transport from 2010 is found to persist until the early 2020's, driving a new significant reversal of climatic condition in the SPG as temperature rapidly rise from their last minimum of 2017. The extreme winters of 2014 and 2015 appear as key drivers of those recent and upcoming changes in the SPG. They are found to be responsible for rapidly cooling the upper ocean while feeding a 5-year delayed intensification of the overturning through increased light-to-dense transformation, leading eventually to a sharp warming of the domain. We finally note that the series of oceanic events described herein, from surface-forced water mass transformation to meridional circulation and heat content changes, are only suggestively presented as a forced response to atmospheric variability. Understanding the extent to which they may belong to a more complex loop of coupled ocean-atmosphere interactions is beyond the scope of the present study.

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to the interpretation, description and presentation of the results. All datasets used herein are available online (see Supplementary Information for references).

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