

Dear Editor,

Following the suggestion of the three referees we have done major modifications of the manuscript entitled “Two superimposed cold and fresh anomalies enhanced Irminger Sea deep convection in 2016–2018”.

The major changes made to the manuscript are the following.

1. The method used to define the MLD has been revised. We adapted our threshold method to include temperature and salinity criteria in addition to density criteria. We describe the revised method, indicating clearly the density, temperature and salinity threshold used. In the supplementary material, we provide a comparison of our estimates of MLDs with those obtained using other methods (de Jong et al., 2012 or Pickart et al., 2003) and show a good agreement between all these methods.
2. We included in the manuscript a computation of the percentage of floats showing deep convection in the box southeast of Cape Farewell. It varies between 33% and 75% depending on the winter.
3. The name of the studied region was changed to Southeast of Cape Farewell (SECF) instead of Irminger Sea.
4. All the terms of both atmospheric forcing (air-sea fluxes and the Ekman transport) and preconditioning (B , B_{θ} and B_s) have been recalculated because we changed the northern limit of the box enclosing the SECF region.

These modifications did not change the main conclusions of the study, but some results were modified as follows.

1. Using the revised method to define the MLD, the number of profiles showing deep mixed layer is smaller than in the previous version of the manuscript for all the 2016-2018 winters studied in the paper but still substantial enough to affirm that deep convection happened Southeast of Cape Farewell during those winters.
2. The new results of atmospheric forcing and preconditioning are very similar to those reported in the previous version of the manuscript.
3. Figures have been slightly modified:
 -) Fig. 1, Fig. 2 and Fig.3, because new MLDs have been estimated with the revised method.
 -) Fig. 4, because the northern limit of the pink box used for computing the atmospheric forcing SECF has been modified.
 -) Fig. 5, we added black vertical ticks on the x-axes of plot b), which indicate times of Argo measurements.
 -) Fig. 6 and 7, because the northern limit of the pink box used for computing the preconditioning SECF has been modified.
 -) Fig. 8, because the previous point $59^{\circ}\text{N} - 40^{\circ}\text{W}$ is not centered in the SECF box, we now present the results at $58^{\circ}\text{N} - 40^{\circ}\text{W}$, instead. Moreover, we decided to present all the anomalies in place of only anomalies larger than one-standard deviation.
 -) Fig. 10 in the previous manuscript was removed.

The new results are coherent with the results reported in the previous version of the manuscript and do not change the main conclusions of our paper.

Two of the referees indicated that the title was not adequate with the content of the paper. Consequently, we have modified the title that now reads as: Why did deep convection persist over four consecutive winters (2015-2018) Southeast of Cape Farewell?

The revised manuscript is considerably improved. We acknowledge the referees because their suggestions and comments have gratefully improved our work. All the changes can be seen in the marked-up version of the manuscript.

All the best,

Patricia ZUNINO, Herlé MERCIER and Virginie THIERRY

Interactive comment on “Two superimposed cold and fresh anomalies enhanced Irminger Sea deep convection in 2016–2018” by Patricia Zunino et al.

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Review of: “Two superimposed cold and fresh anomalies enhanced Irminger Sea deep convection in 2016-2018” by Zunino, Mercier and Thierry

The manuscript is interesting to read and a nice update on the latest convective activity in the western subpolar gyre. The separation of buoyancy fluxes into different components, including those from Ekman transport, is interesting. However it's not too surprising to see that the Ekman contribution is small given that the horizontal SST gradients are also relative small. Overall I would like to see this paper published eventually, but there is at least one major issue that need to be addressed before.

The paper hangs on the derivation of mixed layer depths and the comparison with previous years published in literature. This comparison is currently troublesome because of the substantially different way the authors derive/define the mixed layer. In fact, some of the derived mixed layers depths do not appear to be associated with actual/ recent mixed layers. Although some of the results may be robust to the methods, some others (e.g. max depth per winter, match with predicted MLDs) will clearly have to be adjusted. This should be addressed before publication.

More specifically, in a layer with turbulent mixing all properties, density, salinity and temperature, are homogenized. If the mixing occurred very recently (on the order of days ago), the homogeneous profile will still be visible all the way down to the bottom of the mixed layer. In the literature that is referred to for previous mixed layer depths (de Jong et al., 2012, 2018; de Jong in de Steur, 2016), we therefore always specified that all three properties should be mixed and of the bottoms of the mixed layer identified in each property we take the shallowest as the final mixed layer. Similar criteria were applied by group of Vage et al. in their papers. In the mooring data, as well as Argo, there are cases at the end of the winter where there remains no steplike feature visible in the density profiles at all and where a density criterion would strongly overestimate mixing, while such as steplike feature always remains visible in T and S. Therefore it is even more important to take all variables into account.

The difference between this definition of a mixed layer and that of the authors, which is a density-only criterion, is especially clear in Figure 2. The top three panels show density, salinity and potential temperature profiles from the winter of 2017. The bright blue profile, which the authors identified as having the deepest mixed layer, appears to be somewhat mixed in T and S in the upper 250 dbar (though even that is a bit questionable) but it is clearly stratified between 250 and 1400 dbar. In fact, the stratification in temperature is quite large (~ 0.25 C) for the Irminger Sea. The only profile in the set of four that could (potentially) qualify as having a mixed layer is the greenish profile. This would nearly half the winter maximum mixed layer depth and may also affect how well the predicted MLD match the observations.

There is code readily available to derive MLD from Argo profiles using all variables (Holte and Talley, 2009; <http://mixedlayer.ucsd.edu/>). I suggest the authors use this, or some adjustment of their own code, to rederive the MLD for all profiles and adjust the results of the paper accordingly.

My final main comment is that the title could be rephrased to represent the content/conclusions better. The fresh anomaly that seems to be referred to a deep one, the lowering of the halocline. The surface freshwater anomaly, which is discussed in detail elsewhere but is only touched upon here, is was not enhancing convection. It is only the cold surface anomaly that worked to enhance somewhat, but even that is only touched upon. Still, those who have not yet read the abstract may think this paper is about the big surface Sanom currently going around. While in fact, the paper focuses in detail on favorable preconditioning which is not mentioned in the title. So, it is not clear why this title was chosen.

Thank you very much for your constructive comments. In the following we answer point by point to your comments and indicate how the manuscript is going to be revised.

Following your suggestion, we revised the manuscript to define the MLDs based on density, temperature and salinity criteria (and not density criteria only). We adapted our method to include temperature and salinity criteria in addition to density criteria and we compared our results to two alternative methods of determination of the MLD previously used by de Jong et al. (2012) and Pickart et al. (2002). In our revised method, we determined the MLD as the shallowest of the three MLD estimates obtained separately from temperature, salinity and density profiles using the threshold method (de Boyer Montégut et al., 2004). The threshold criteria were the differences in property between the surface (30 m) and the MLD set to 0.01 kg m^{-3} in density (Piron et al. 2017), 0.1°C in temperature and 0.012 in salinity. The temperature threshold of 0.1°C and the salinity threshold of 0.012 were selected because they correspond to a threshold of 0.01 kg m^{-3} in density that was previously shown to perform well in the subpolar gyre (Piron et al., 2016). Indeed, MLD based on this density threshold favorably compared to those estimated by the method of Thomson and Fine (2003) as demonstrated in Piron et al. (2016; 2017) and visual inspection.

We used de Jong's methodology as follows. First we interpolated the Argo data into 10 m depth steps. Then, we estimated the standard deviations of density, temperature and salinity from the surface to each depth level. Following de Jong et al. method's, three MLD were defined as the depths where the standard deviations were smaller than 0.05 kg m^{-3} , 0.05°C and 0.005 for density, temperature and salinity, respectively. The final MLD was the shallowest of the three estimates.

The Pickart's methodology was applied as follows. We used the estimates of our threshold method as a first guess for the MLD. Then, the mean and standard deviation of the density, temperature and salinity were estimated from the surface to the initially defined MLD. Finally, we plotted the two-standard deviation envelope overlaid on the original profile. The mixed layer depth was determined as the location where the profile permanently crossed outside of the two-standard deviation envelope.

The MLDs resulting from our method are shallower than the MLD resulting from the method of de Jong et al. (see examples in figures R1 – R3). Moreover, sometimes, the MLD defined by de Jong's method in terms of temperature or salinity is not placed at the base of the mixed layer (as visually defined), e.g. profiles 6900446 – 213 (Fig. R1) or 5904772 – 33 (Fig. R3). Otherwise, the MLDs

estimated by our method are coherent with the MLDs resulting from the method of Pickart et al. (2002): see the envelopes (discontinuous vertical lines in figures R1 – R3) of mean \pm two - times the standard deviation of density, salinity and potential temperature, from the surface to the MLD estimated with our method. Finally, we also compared our results with the MLDs determined using Holte & Talley (2009)'s method and available in the web. However, MLDs were not available for all our floats, e.g. float 6900446, or the method provides too shallow MLD, e.g. profile 6901171 – 101 (89 m, see Fig. R2).

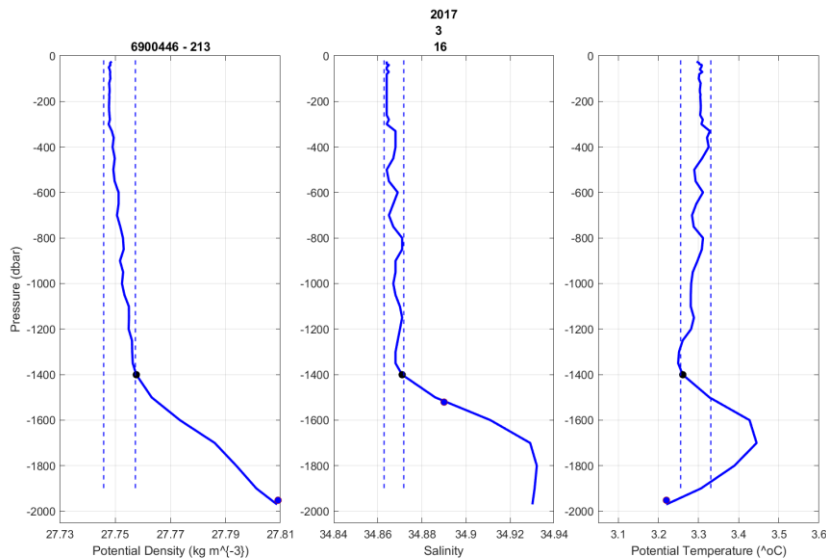


Figure R1. Vertical profiles of potential density, salinity and potential temperature of profile 6900446 - 213. The black points are the MLD estimated by our threshold method. The blue points indicate the MLDs resulting from the method of de Jong et al. (2012): in the density plot the MLD derived from density profile, in the salinity plot the MLD derived from salinity profile and in the temperature plot the MLD derived from temperature profile; the final MLD is the shallowest of the three defined MLDs. Following Pickart et al. (2002), the envelopes of mean \pm two - times the standard deviation of the density, salinity and potential temperature from the surface to the MLD estimated using as a first guess for the MLD our threshold method were estimated and represented as discontinuous vertical lines.

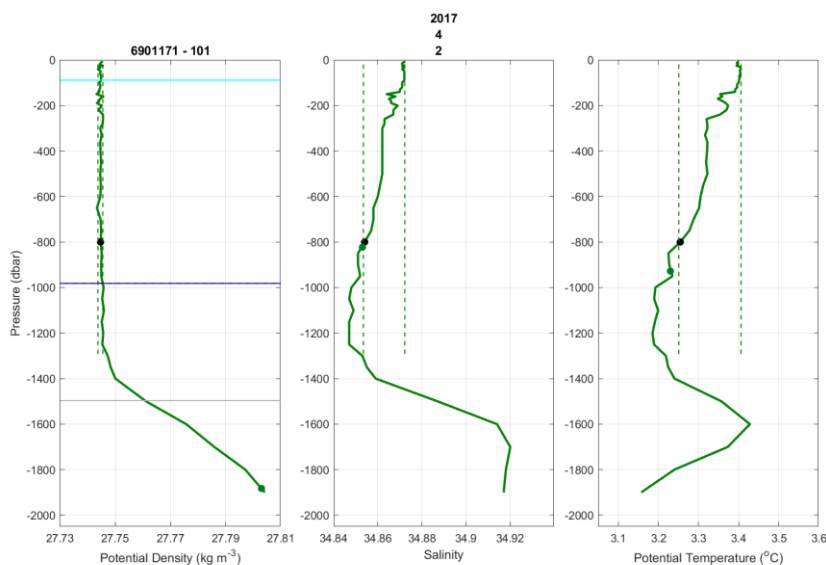


Figure R2. Same than Fig. R2 but for profile 6901171 – 101. Additionally, the horizontal lines on the left side plot represent the MLDs estimated by the Holte and Talley's method: in gray the MLD defined by the density threshold, in black the MLD defined by the density algorithm, in blue the MLD defined by the temperature threshold and in cyan the MLD defined by the temperature algorithm; note that black and blue lines are overlapping.

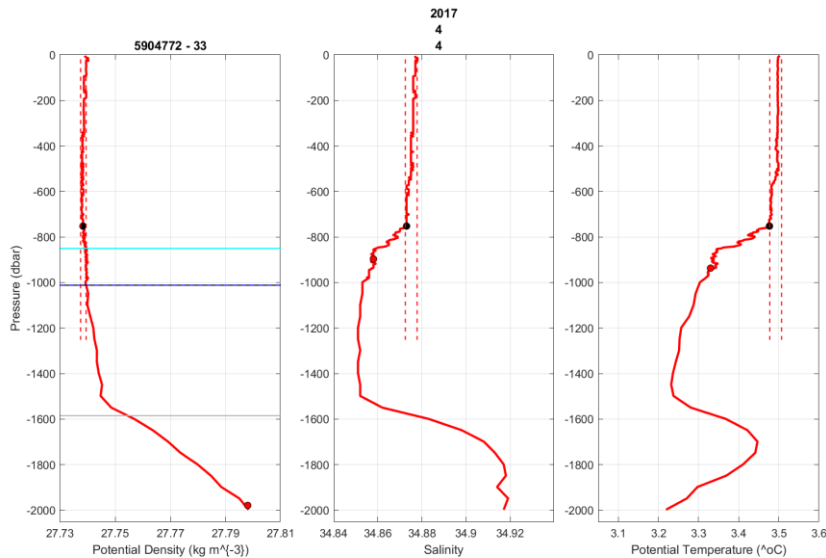


Figure R3. Same than Fig. R2 but for profile 5904772 - 33.

Because the comment of the referee focused on profiles for winter 2017, we expose in more details here the differences between the previous and the new MLD estimates for this winter 2017. First, the profile 4901809 – 35 has been eliminated because the stratification of the upper 250 m corresponds to the seasonal stratification (this profile was measured on 29th April 2017). In any case, applying the criterion of temperature threshold of 0.1°C, the MLD would be 337 m, shallower than 700 m. Second, the MLD of the profile 6901171 – 101 changes from 1250 m (the previous estimate) to 801 m (the new estimate). The MLDs estimated for profiles 6900446 – 213 and 5904772 – 33 do not change.

The MLDs of all the profiles measured Southeast Cape Farewell (SECP) during winters 2015 – 2018 were recalculated with our revised method. The positions and MLDs of the profiles showing MLDs deeper than 700 m are represented in Fig. R4. Comparing these new results with the previous results, we find that the number of profiles showing MLD deeper than 700 m decreased: 31 profiles (new) in place of 36 (previous) for winter 2015, 3 profiles (new) in place of 7 profiles (previous) for winter 2016, 3 profiles (new) in place of 4 profiles (previous) for winter 2017 and 9 profiles (new) in place of 10 profiles (previous) for winter 2018.

We have also recalculated all the properties showed in the table 1 of the previous version of the paper. Note that these properties are now estimated considering only the profiles inside the SECF box (pink box in Fig. R4.) The new results (table R1 in this document) are in line with the results of the submitted paper.

Table R1. Properties of the deep convection in the SECF (56.5°N-59.3°N, 45°W – 38°W) in winters 2015 – 2018. We show: the maximal MLD observed, the aggregate maximum depth of convection Q3, the σ_0 , θ and S of the winter mixed layer formed during the convection event and n , which is the number of Argo profiles indicating deep convection. The uncertainties given with σ_0 , θ and S are the standard deviation of the n values considered to estimate the mean values.

	Maximal MLD (m)	Q3 (m)	σ_0 (Kg m ⁻³)	θ (°C)	S	N
W2015	1710	1205	27.733 ± 0.007	3.478 ± 0.130	34.866± 0.013	29
W2016	1575	1471	27.746± 0.002	3.388 ± 0.032	34.871± 0.003	3
W2017	1400	1251	27.745± 0.007	34.868± 0.007	3.364± 0.109	3
*W2018	*1300	*1250	*27.752± 0.004	*34.857± 0.003	*3.204± 0.069	*4
W2018	1300	1300	27.748± 0.001	34.859± 0.003	3.263± 0.031	2

*W2018 line corresponds to the properties of the mixed layer in W2018 in SEFC when the data of Float 5903102 were considered in the analysis. Finally, following the suggestion of referee 3, we decide to exclude the data of float 5903102 of our analysis because their MLDs matched with the maximal depth dived by the float.

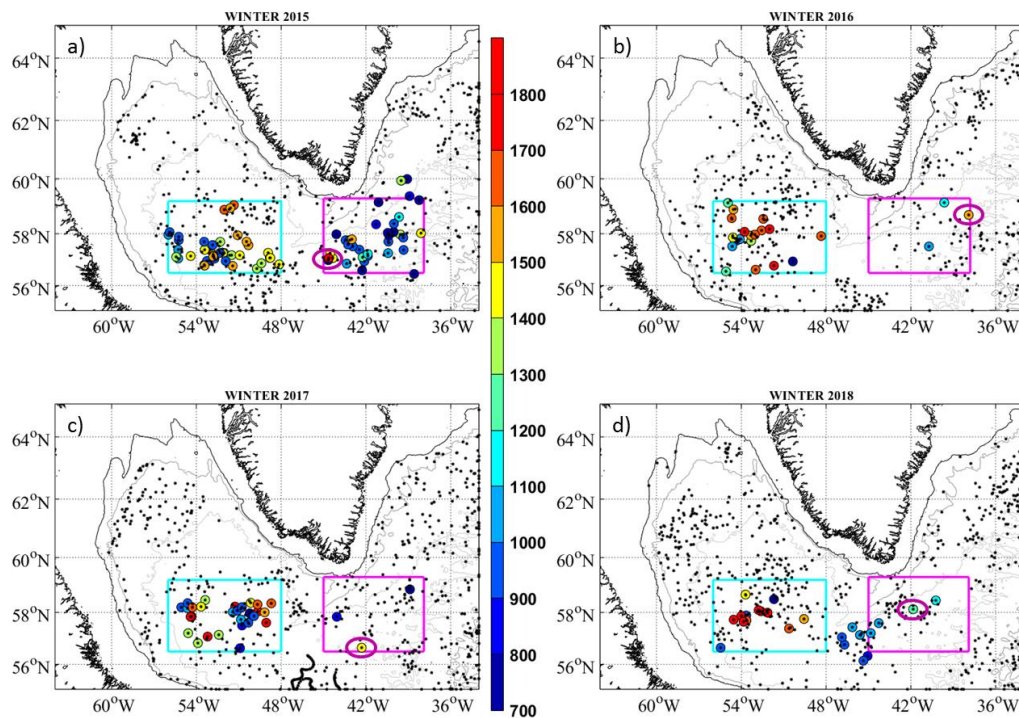


Figure R4. Positions of all Argo float north of 55°N in the Atlantic between 1 January and 30 April a) 2015, b) 2016, c) 2017 and d) 2018 (black and colored points). The colored points and color bar indicate the mixed layer depth (MLD) when MLD was deeper than 700 m. The pink circles indicate the position of the maximal MLD observed SECF each winter. The pink and cyan boxes delimit the regions used for estimating the time series of atmospheric forcing and the vertical profiles of buoyancy to be removed in the SECF region and the Labrador Sea, respectively (SECF: 56.5°N – 59.3°N and 45.0°W – 38.0°W, Labrador Sea: 56.5°N – 59.2°N and 56°W – 48°W).

We want also to clarify that in the previous version of the paper and in the new results, the deepest MLD observed in the SECF in winter 2017 was recorded by profile 6900446 – 213 and not by profile 4901809 – 35 (bright blue profile in the Fig. 2 of the previous version of the paper) as indicated by the referee. Note that for 6900446 – 213, the new MLD is the same than in the previous version of the manuscript.

Concluding, when recalculating the MLDs as suggested by the referees, the maximal MLD observed in the SECF was deeper than 1300 m in winters 2016, 2017 and 2018 (see fig. R4 and table R1). It indicates that deep convection occurred during the studied winters. This is the first important result of our paper, which does not change when recalculating the MLD.

Concerning the title, in order to avoid preconceived ideas to the reader, in the revised manuscript we change it to:

“Why did deep convection persist over four consecutive winters (2015-2018) Southeast of Cape Farewell?”

Below are some more minor comments

Introduction

Line 94. “In the Labrador Sea, deep convection occurs almost every year, yet with different intensity. In the Irminger Sea...”. In the Irminger Sea some convection (>400 m) always occurs as well, and the intensity varies not unlike the Labrador Sea. Please rephrase or add a definition of “deep”.

We agree. Following Piron et al. (2015), we focus on convection deeper than 700 m, which is the minimum MLD for LSW renewal. We clarified the sentence that now reads :

“In the Irminger Sea, Argo and mooring data showed that ~~deep~~ convection **deeper than 700 m** happened in the Irminger Sea during winters 2008, 2009, 2012, 2015 and 2016 (...).”

Data

Why is the TEOS-10 toolbox used, but profiles of theta and practical salinity are still shown instead of CT and SA?

TEOS-10 allows the computation of theta and practical salinity.

Please explain briefly why 35 is chosen as a reference.

This sentence is going to be deleted because we do not use FW in the paper. Sorry for the confusion it may have caused.

The ERA Interim reanalysis is replaced by ERA5. Best to do a check whether the results are robust to the choice of reanalysis.

It could be interesting to check the results obtained using the new ERA5 dataset. However, the first author of this paper, who processed the data, is now working in a private company and she has not the time of redoing calculations with this new database.

Method

De Boyer and Montégut criterion is not suitable for these profiles as discussed above.

See above our answer to the major comment.

The definition of the Irminger Sea, with 48_W as the limit is rather unusual. The area in Figure 1 southeast of Cape Farewell is not typically referred to as the Irminger Sea as it fall outside of the central Irminger Gyre and profiles here are very likely to have been recently advected from the Labrador Sea. To be more consistent with previous literature it would be better to split this region in three areas: the Labrador Sea, the Irminger Sea and in between the area south of Cape Farewell.

We agree that 48° W is not the limit between Labrador and Irminger Sea. When splitting the region in three areas as in Piron et al. (2017) we did not observe deep convection in the northernmost Irminger Sea (note that with the previous method of MLD computation we had a few deep MLD in the northernmost Irminger Sea in winter 2016 (those MLD corresponding to profiles not homogenous in temperature and salinity were not diagnosed with the new MLD method). In the new version of the paper we define a new pink box that we refer to as Southeast Cape Farewell (SECF) region (see Figure R4). The only change in the pink box is its northern limit: 61°N/59.3°N in the previous/revised version of the manuscript. The new box encloses all the profiles showing deep MLD during winter 2016, 2017 and 2018 Southeast of Cape Farewell. Note that the pink box is also used to estimate the atmospheric forcing and the preconditioning of the region. We recalculated it: the new results are very similar to the results shown in the previous version of the paper and do not change the conclusions of the paper.

Equation 1 and others. There are periods (.) instead of multiplication symbols. Thank you for noting it. We change all of them.

Results

What is Q3? “ Q_3 is the MLD value that is exceeded by 25% of the profiles showing MLD deeper than 700 m and is equivalent to the aggregate maximum depth of convection defined by Yashayaev and Loder (2016).”, as it was indicated in lines 152 – 153 of the submitted manuscript.

Part of the results paragraph will have to be rewritten when MLD are rederived.

Right, we are going to rewrite this section with the new results.

Line 268: Mean over which period?

1993 – 2016, as indicated in the figure caption of Figure 4. We add 1993 – 2016 in the text.

Line 296: This is true only when the upper 600 m already has a density close to that of the layer below (which for example could not be the case when a lot of freshwater is added). Otherwise additional buoyancy fluxes will still be required.

We are describing the buoyancy profiles from the mean (2008 – 2014) and we see that the thermal component of the buoyancy dominates the total buoyancy. We agree that if a large amount of freshwater is added to the upper ocean, we would find an important contribution of the haline component of the buoyancy, but it is not what we see in the mean (2008 – 2014) buoyancy profiles. We added Fig. 6 at the end of this sentence to make clear that we are describing the results of this figure and that the statement is not a general statement.

Section 4.4

It would be good to compare fluxes closer to the position of the observed deep MLs. These are sometimes on the very boundary of the box used to calculate the winter flux.

This comment has also motivated us to reduce the SECF or pink box. The new estimates of atmospheric forcing correspond to a reduced region closer to the position where deep convection took place.

The method used to predict the MLD does not take advection into account. This is counterintuitive because we see advection play a big role throughout winter in the field. The fact that the reanalysis do not quite match with the actual fluxes observed at OOI (Josey et al, 2018) may also be needed to take into account here. It will be interesting to see how much of a match between prediction and observation remains once new MLD are derived, likely the prediction will overestimate more.

Your comment makes sense, but note that the new estimates of MLD continue matching adequately with the predicted MLD. In the new version of the manuscript we will mention that the differences between the predicted and observed convection depth could be due to errors in the atmospheric forcing (Josey et al., 2018), lateral advection and/or spatial variation in the convection intensity within the box that was not captured by the Argo sampling.

Discussion

Line 366: This was seen throughout the 1990s and is not quite as surprising as the authors state. We deleted “surprisingly”.

Line 397: The Labrador Sea is always more favorably preconditioned, it is quite visible in the hydrographic sections and has been noted before.

The Labrador Sea is *usually* more favorably preconditioned than the Irminger Sea. However, we see that the water column from the surface to 1,300 m in winter 2017 is more favorably preconditioned in the SECF than in the Labrador Sea (see Fig. 7 in the previous version). For example, in order to homogenize the water column down to 1,300 m, $1.80 \times 10^9 \text{ J m}^{-2}$ is required in the SECF whereas $2.13 \times 10^9 \text{ J m}^{-2}$ is needed in the Labrador Sea.

Line 406: Bit of a chicken and egg problem. The halocline is also deeper in the Labrador Sea because convection is deeper there. Would rephrase.

Not really a chicken and egg problem, if you are thinking in terms of preconditioning. To clarify our point we modified the sentence as : “The deep halocline acts as a physical barrier for deep convection in both the Irminger Sea and the Labrador Sea, but because the deep halocline is deeper in the Labrador Sea than in the Irminger Sea, the preconditioning is more favorable to deeper convection in the Labrador Sea than in the Irminger Sea.”

Line 416 / Fig 10. The depth is chosen such that it is always in the convective regime in the Labrador Sea, hence the nice steps. It is mostly too deep for this in the Irminger Sea, so a lot of the variability is caused by advection except in exceptionally deep convection years.

You are right and the figure is confusing even when the discussion is limited to deep convection events in the SECF region. Because of your comment and the comments of reviewer 2 we decide to delete Figure 10 and paragraph 415 - 433 in the revised manuscript.

Line 430: There is a multitude of evidence that there was very deep convection in the Irminger Sea in the 1990s (but no Argo program). The LSW was advected to the Irminger Sea in the subsequent years and hence properties converged. Please rephrase.

We decide to remove Figure 10 and paragraph 415 -433 in the revised manuscript. It does not change the conclusions of the paper.

Line 435: Bamber et al? Yes, Bamber et al. Thank you for noticing it.

Please reference papers by Dukhovskiy et al (2019) and Holliday et al (2019) who both describe the fresh anomaly.

Dukhovskiy et al. (2019) describe the freshwater anomaly of the 2010s, so, it does not concern the period we study in our paper.

Otherwise, we think that Holliday et al (2019) has not been published yet (V. Thierry is co-author of the paper).

Conclusions

Line 450 “in or near the Irminger Sea”

In the revised manuscript this sentence is changed to:

“During 2015 – 2018 winter deep convection happened in SECF reaching deeper than 1,300 m”.

Line 473: was this only caused by advection of LSW or was the layer eroded by the 1600 m deep convection in 2016?

Our sentence was confusing. We will mention that deep convection of W2016 also favored the preconditioning for winter 2017 – 2018.

Interactive comment on “Two superimposed cold and fresh anomalies enhanced Irminger Sea deep convection in 2016–2018” by Patricia Zunino et al.**Anonymous Referee #2**

Received and published: 25 June 2019

This paper reports on a very interesting analysis of recent Argo data in the subpolar North Atlantic. They claim that deep convection in the Irminger Sea, which began in 2015, persisted through 2018 because of favorable preconditioning. They perform some novel analyses and the findings will be of great interest to the community. However, I agree with the review posted by Femke de Jong, which raises issues with the way that mixed layers are defined in the study. This is central to the interpretation and conclusions of the study, and I think that at the very least some major re-framing of the work is necessary. I recommend this work for publication after major revisions.

[Thank you very much for your constructive review. In the following we answer to each of your comments and describe how we are going to take into account your suggestions in the revised manuscript.](#)

Major comments

I would like to echo de Jong’s comments regarding the mixed layer depth derivation. In order to show that deep convection occurred in 2016-2018, they should show that all properties (including temperature and salinity) were homogeneous throughout, not just that a density threshold was exceeded at a very deep depth.

[The three referees agreed on this point. Consequently, we have adapted our methodology to estimate the MLD considering density, temperature and salinity profiles. Please, refer to the beginning of the answer to de Jong \(referee 1\) in order to see how we have modified our methodology to estimate MLD. The new results \(MLD and properties\) do not change the main conclusions of our paper.](#)

Regardless of the method selected by the authors in their revision they should include much more detail on it in the text as it is a central calculation. They should also be clear about how sensitive their results are to the method used and to the thresholds that are selected. They should also detail how their methods relate to the methods used by previous studies in the region.

[Right, we will explain our revised methodology to estimate the MLD indicating the threshold of density, temperature and salinity used. Moreover, we will add a figure in supplementary material showing that our estimates of MLD favorable compare with the estimates resulted when using the methods of Pickart et al. \(2002\) or de Jong et al. \(2012\) as discussed at the beginning of response to referee 1.](#)

The authors should address how sensitive their results are to the Argo float coverage, and what portion of the Argo floats present have deep mixed layers. They report how many floats have mixed layers deeper than 700m, but not how many were present. Does the percentage of floats with deep mixed layers decrease over time? The authors should comment on why they think so few Argo floats have deep mixed layers. Is it consistent with their buoyancy forcing analysis? Does the sampling in time account for some of this: i.e. Are deep mixed layers seen more commonly late in winter?

[Thanks to your comment we realized that our discussion was misleading because it was based on the percentage of profiles showing deep convection during the *entire* winter, which is small by construction because only profiles at the end of winter show deep convection. We rather should have count the number of floats showing deep convection during a given year. Accordingly, we now identify the period when deep convection occurs as the period when at least one profile shows MLD > 700 m \(the period begins when a profile with MLD > 700 m is detected for the first time for the given winter and it ends when there is no more profiles with MLD > 700 m\). Then, we quantified the](#)

percentage of floats with deep MLD present in that period and region (pink box in figure R4 of answer to referee 1). This information is summarized in table R2 of this document and will be included in section 4.1 of the revised manuscript. The percentage varies between 33% and 73%. In 2017, the three profiles with deep mixed layer were recorded by three different floats, all located in the southwest corner of our region. This shows that the convection area was confined to a small area of the SECF region and explains that the lowest percentage is observed in 2017.

Table R2. Sensitivity study about the Argo float coverage in the SECF region (pink box in Figure R4 of the answer to referee 1). Period is the period during which floats with deep mixed layers were observed. We indicate the total number of floats found in the SECF region during the indicated period, and the number of floats showing deep convection. Finally, the percentage of floats showing deep convection is indicated.

	Period	n floats in the region	n floats in the region with deep convection	percentage of floats in the region with deep convection
W2015	15/01/2015 to 21/04/2015	11	8	73%
W2016	22/02/2016 to 21/03/2016	4	2	50%
W2017	16/03/2017 to 04/04/2017	9	3	33%
W2018	24/02/2018 to 26/03/2018	4	2	50%

The mixed layers reported in winter 2018 are almost all to the south of Cape Farewell, and not in the Irminger Sea. Further, the TS properties in 2018 are much more similar to Labrador Sea properties than Irminger Sea properties (Figure 3). This is consistent with the SCF box properties reported in Piron et al. 2017. Some of the properties in 2016 and 2017 may also fall in that category, I don't think the author's should be calling this "Irminger Sea convection".

Right. In the revised manuscript we changed the northern limit of the pink box to 59.3°N instead of 61°N previously and refer to the pink box as Southeast Cape Farewell (SECF).

The author's show a very interesting analysis of Labrador Sea properties which are advected into Irminger Sea and contribute to the deepening of the Irminger Sea halocline (Figures 7 and 9). Is this advection limited to the 1200-1400 range they consider? How does advection from the Labrador Sea in other depth ranges fit in?

Advection from the Labrador Sea certainly contributed to vary the properties from the surface to 1000 m. However, the buoyancy budget showed that this is minor contribution compared to the buoyancy loss due to the local air-sea flux. We add a comment about it in the revised manuscript.

The title is confusing, and I wonder if, in general, the author's should shift their focus from the Irminger Sea in particular and instead focus on the important connections between the intermediate waters in the subpolar North Atlantic. I think the authors have an opportunity here to clarify that intermediate waters are formed in many places and how the connections between these basins

affect intermediate water mass properties. Their focus on salinity in addition to temperature would make this angle particularly interesting.

In the revised manuscript we change the title to: “Why did deep convection persist over four consecutive winters (2015-2018) Southeast of Cape Farewell?”

Moreover, we now mention several times the role of advection from the Labrador Sea. We also added to the discussion the following paragraph:

The Labrador Sea, SECF region and Irminger Sea are three distinct deep convection sites (e.g. Yashayaev et al., 2007; Bacon et al., 2003; Pickart et al., 2003; Piron et al., 2017). In this work, we give new insights on the connections between the different sites, showing how lateral advection of fresh LSW formed in the Labrador Sea favored the preconditioning in the SECF region fostering deeper convection.”

Minor comments

The link between anthropogenic forcing and the recent convection that is drawn in the first few sentences in the abstract and throughout the introduction is a bit of a stretch. The motivation could be made more direct and convincing, and this type of speculation could remain in the discussion where it is more relevant.

Ok, in the revised manuscript we exclude the references about the anthropogenic forcing by deleting the first sentence in the Abstract and the first paragraph in the Introduction.

L109: “for the first time to our knowledge in this region” - this is a broad claim and not necessary. Ok. Deleted.

Section 3.1: Please add significant detail on the mixed layer estimation method.

Right, it has been added in the revised manuscript as indicated at the beginning of this document.

L222: The 2018 profiles with deep mixed layers are not in the Irminger Sea.

Right, as explained above, we changed the limit of the pink box and refer to our pink box as SECF.

L237: “Water masses formed are very similar” It should at least be acknowledged that they are formed much closer to the Labrador Sea than in previous years.

Right, when excluding the floats south of Cape Farewell as requested by referee 3, the properties of the water mass formed in the SECF region in W2018 is not similar to the formed in the Labrador Sea in W2018. The sentence “Water masses formed are very similar” is excluded in the new version of the manuscript.

L247: maybe instead: “heat alone” at the end of this sentence. Ok

L248: This paragraph is confusing. Perhaps referring to Figure 4 earlier on would help?

Ok, thank you for noting it. The objective of the paragraph was to show that SFek cannot be neglected in BFek. We present this point more clearly in the revision. Moreover, in this section, we add a paragraph describing Figure 4.

L331: “despite they were also fresher” ! “despite the fact that they were also fresher”

Ok, we will change it.

L340: Refer to figure 6. Ok, we will write, “The predicted convection depths are determined as the depth at which $B(z_i)$ (Fig. 6a), equals the atmospheric forcing.”

L348: Clarify what happened here. These floats only profiled down to 1,100m?

Exactly. We would rewrite the sentence as: “This result is in line with the fact that among the 10 profiles that we used to compute Q3 in W2018, 6 showed deep convection down to 1,100 m and were recorded by floats **with a maximum profiling depth** of 1,100 m, most likely leading to an underestimation of the MLD.” However, this sentence is going to be deleted in the revised manuscript. In the revised paper, and following the suggestion of referee 3, we exclude from the analysis the profiles that do not extend beneath the base of the mixed layer, because it results in bias in the properties related to the mixed layer.

L351: I was also confused by the fact that the author’s claim to neglect advection, but cite advection of properties from the Labrador Sea as a reason for favorable preconditioning. Perhaps remove that claim. Additionally, the fact that the T and S properties are not homogeneous goes against the idea that deep convection is occurring locally.

We agree that this paragraph was confusing. We now identify lateral advection as a possible cause for the buoyancy budget residuals. The profiles with non-homogenous TS in the mixed layers are now excluded from the analysis.

L370: hydrological ! hydrographic. Yes, hydrographic, we will change it.

L370: anomalies relative to what? Related to the mean 2002 – 2016, we added it in the text.

L383: Why would only the properties in the 1200-1400 depth range be advected? Or are they the only ones that have a profound effect? See above. Please clarify.

See answer in your comment above.

L415/Figure 10: Not sure how this figure and paragraph are linked to the rest of the study.

This figure and paragraph were not essential for the conclusions of the paper. We decide to remove them in the revised manuscript.

L470: hydrological ! hydrographic Yes, hydrographic, we will change it.

Figure 4: Note the differences between the axis ranges in the caption. This figure could be featured earlier as it provides important context.

Ok, we will write in the figure caption: “Note the differences between the axis ranges”. We refer to this figure earlier in the section 4.2 of the revised manuscript.

Figure 5: From Figure 5d, it appears that the thick density layers are actually below the densities that are being ventilated in the Irminger Sea (white areas). This supports the idea that they are being advected from the Labrador Sea.

In winter 2015 and 2016 the thick density layers have a density of 32.37 Kg m^3 , that corresponds to σ_0 equals to 27.746 Kg m^3 which is the density of the mixed layer in the SECF (Fig. 3 in the manuscript). In winter 2017 and 2018 the thick density layers are found at denser density (32.38 Kg m^3), that corresponds to σ_0 equals to 27.754 Kg m^3 which is the density of the mixed layer in the SECF for these winters (Fig. 3). These results support local formation.

Accordingly, we add at the end of the first paragraph of section 4.3: “The denser density of the core of the thick layers in 2017 -2018 compared with 2015 - 2016 agrees with the densification of the mixed layer SECF shown in Table 1 and Fig. 3.”

Figure 6: Please clarify: are you using all Argo data within the box, or only the ones with deep mixed layers?

All data. To clarify, the Figure caption will be modified as, “they were calculated from **all** Argo data measured in the Irminger box (see Fig. 1) in September before the winter indicated in the legend.”

Figure 7: This is a very interesting figure! Could feature more prominently and be used to describe some key differences between the Labrador and Irminger Seas.

Right, we used this figure in the discussion (lines 394 -414) when comparing the preconditioning in the Labrador Sea and in SECF.

Reddish! red. Bluish ! blue. Ok, in the revised manuscript we change the figure caption of this figure.

Figure 8: missing a) b) c) labels on the figure. Ok, we add them.

Two superimposed cold and fresh anomalies enhanced Irminger Sea deep convection in 2016 - 2018
by Patricia Zunino, Herlé Mercier, and Virginie Thierry

Anonymous Referee #3

In this manuscript persistence of deep convection in the Irminger Sea is investigated. One winter of particularly severe atmospheric forcing and deep convection was followed by three winters of climatological strength which also had deep mixed layers. The authors quantified the buoyancy loss required for deep convection to commence each winter and concluded that the preconditioning arising from the previous winter's homogenization of the water column was a main reason for the persistence of deep convection.

I think this manuscript has the potential to be an important and valuable contribution to better understand deep water formation in the Irminger Sea /subpolar North Atlantic. However, as made clear also by the other reviewers, I have concerns about the determination of mixed-layer depths. As such, I recommend that the paper be revised before publication.

[Thank you for your valuable comments; they help us improve our work. In the following we answer point by point to all of your comments and explain how we will modify the manuscript accordingly.](#)

Major comments:

I am not convinced that automated routines, such as the threshold or split and merge methods, are particularly suitable for determining the vertical extent of the mixed layer. These routines generally perform well when applied to summer and fall profiles, when the upper ocean is stratified and there is a pronounced density difference between the mixed layer and the lower part of the profile. However, they are less accurate during periods of active convection when stratification is eroded. Furthermore, such routines cannot identify mixed layers that are isolated from the surface, either in the form of vertically stacked mixed layers or by early stages of surface restratification. Such isolated mixed layers are prevalent in the Labrador and Irminger Seas during winter (e.g. Pickart *et al.*, 2002). As pointed out by the other referees, if the density profile is considered in isolation, changes in temperature and salinity may be density-compensated such that the water column can appear to be homogenized while in reality it is not. Examples of that can be seen in Figure 2a-c (in particular 4901809 - 35). To avoid erroneous mixed-layer depths, I strongly recommend employing the semi-objective method developed by Pickart *et al.* (2002) instead of relying on automated routines.

[In agreement with the three referees, we have revised our method for estimating MLD. Please see the first part of the response to de Jong \(Referee 1\) in order to see:](#)

- [1. the specifications of our revised method for estimating MLD,](#)
- [2. the comparison of MLD estimated with our revised method and estimated with other methods \(de Jong et al., 2012; Pickart et al, 2002\).](#)
- [3. The region and profiles considered for the computation of the characteristics of the MLD \(max MLD, Q3, density, temperature, salinity\) formed Southeast of Cape Farewell.](#)
- [4. The similarities and differences between our previous and new estimates.](#)

Deep convection evidently took place in winter 2015 as documented by the many deep mixed layers shown in Figure 1. For winters 2016-2018, on the other hand, the vast majority of the Irminger Sea

profiles do not have particularly deep mixed layers. If widespread deep convection occurred also during these winters, there should be many more profiles with deep mixed layers. Is it possible that the mixed-layer depths determined by the automated routines are remnants of deep convection from a previous winter or from the Labrador Sea where mixed layers are generally deeper?

The percentage of profiles with deep MLD depends on the period during when we compute the statistics. Our previous method was misleading because we considered the *entire* winter for computing the statistics and not only the convection period (see also answer on this point to referee 2). We now identify the period during which deep MLDs > 700 m were observed for each winter in the Southeast Cape Farewell (SECF) region (pink box in Fig. R4 in referee 1 answer) (see answer to reviewer 2 for more details). Then, we quantified the percentage of floats that measured deep MLD in the region and during the period of deep convection. The results are shown in table R2. The lower % is found for winter 2017, but it is still substantial and reflects the fact by the fact that the floats showing deep MLD were found southwest of the SECF box suggesting that convection did not occur over the full box. The results of this sensitive study will be added to the section 4.1 of the revised manuscript.

Table R2. Sensitivity study about the Argo float coverage in the SECF region (pink box in Figure R4 in the answer to referee 1). Period is the period during which floats with deep mixed layers were observed. We indicate the total number of floats found in the SECF region during the indicated period, and the number of floats showing deep convection. Finally, the percentage of floats showing deep convection is indicated.

	Deep convection period	n floats in the region	n floats in the region with deep convection	% of floats in the region with deep convection
W2015	15/01/2015 to 21/04/2015	11	8	73%
W2016	22/02/2016 to 21/03/2016	4	2	50%
W2017	16/03/2017 to 04/04/2017	9	3	33%
W2018	24/02/2018 to 26/03/2018	4	2	50%

We do not think that the observed MLD are remnants of deep convection from a previous winter or from the Labrador Sea because the new estimates of MLD are from profiles homogenous in terms of density, temperature and salinity. Most importantly, the fact that the 1D-buoyancy budget is nearly closed (section 4.3) is also an indication that deep convection occurred locally in the SECF box during winters 2016, 2017 and 2018.

To get a more robust estimate of convection in the subpolar North Atlantic these winters, I suggest dispensing with the 700 m “deep convection” criterion and showing if not every mixed layer at least the 50-80% deepest mixed layers encountered by each float every winter. That would remove shallow mixed layers arising from early phases of the seasonal evolution of the mixed layer and profiles obtained within stratified eddies, while the remaining mixed layers would allow for more robust quantification of the general depth of convection.

OK, this seems to be a nice idea, but it would bias low the estimate of convection depth if the statistics of MLD were made using the profiles for the entire winter. The criteria should be applied to the convection period that we select here by considering profiles deeper than 700 m because it is the minimum depth that should be reached for LSW renewal. If apply to those profiles your criteria would not be much different from our Q3. Note that our estimate of convection depth based on the statistical criteria Q3 is equivalent to the aggregate maximal convection depth used by Yashayaev and Loder (2017) and allows direct comparison with this author's results.

Profiles that do not extend beneath the base of the mixed layer (there may be some examples in Figure 2d-f) would result in a shallow bias of the mixed-layer depth estimate and should be excluded from the analysis.

We agree. These profiles located between 48°W and 45°W are not consider in our new results.

Specific comments:

Line 95:

It should be: "...Argo and mooring data..." [Corrected](#)

Lines 106 and 361:

Mixed layers exceeding 1400 m depth were determined also from shipboard measurements in the Irminger Sea in April 2015 (Fröb *et al.*, 2016). [We add this reference to the revised manuscript.](#)

Line 122:

If the TEOS-10 convention is used, conservative temperature and absolute salinity should be used instead of potential temperature and salinity.

[TEOS-10 allows the computation of theta and practical salinity.](#)

Line 123:

Please explain why a salinity of 35 was chosen as a reference value.

[This sentence is deleted in the manuscript because we do not use FW in the paper. Sorry for the confusion it may have caused.](#)

Line 124:

Please provide more information about the gridded products. Are different time periods and resolutions the only difference between the products? What are the errors, in particular for the EN4 product which extends back to 1900 and covers some very data-sparse periods?

[ISAS and EN4 are optimal interpolation of in situ data, but the optimal interpolation method is not exactly the same in both products due to different choices for the spatial and temporal correlation functions used for the optimal interpolation. Details about both databases are described in the references given in the manuscript \(Gaillard *et al.*, 2016; Kolodziejczyk *et al.*, 2017; Good *et al.* 2013\). Note that we used EN4 data from 1993 afterwards and that the monthly temperature and salinity fields at a given time only depends on the data found in a short time window around the date of the analysis. The data sparse-period at the beginning of the 1900 did not influence our results.](#)

Line 130:

Does the net air-sea heat flux include radiative fluxes or only turbulent fluxes?

It includes both radiative and turbulent fluxes. We indicate it in the revised manuscript.

Line 149:

I do not think that 48°W is commonly used as a border between the Labrador and the Irminger Seas. Many of the deep mixed layers were recorded directly south of Greenland, in a region that is not really part of either the Labrador or the Irminger Seas.

Ok, the limit at 48°W was used just to include in the analysis of the MLD properties the profiles found between 48°W and 45°W in 2018. In the revised computation we used only profiles inside the pink box which limit is at 45°W and we now refer to the pink box as Southeast Cape Farewell (SECF) instead of Irminger Sea. Note that the northern limit of the box is changed from 61°N to 59.3°N. We calculated the atmospheric forcing and the preconditioning considering this new box limit and it does not change the main results and conclusions of our work.

Line 156 and elsewhere:

Please insure that all papers cited in the text are included in the References section. For example is Gill (1982) missing. Ok, thank you for noting it.

Line 174:

How was the depth of the Ekman layer estimated?

We used the Ekman transport and we considered that the SST is representative of the temperature in the Ekman layer. We will clarify this point in the revision.

Line 179:

For consistency, it might be better to use SST also from the EN4 product.

Ok, we have estimated the Ekman Buoyancy Flux (BF_{Ek}) using EN4 SST.

The horizontal Ekman Buoyancy flux in the SECF region (pink box in Fig. R4 in response to referee 1), accumulated from 1 September to 31 August the year after was estimated with: i) with EN4 SST and EN4 SSS and ii) with ERA SST and EN4 SSS; they are represented in Figure R5. Both time series show the same behavior but the results obtained with EN4 SSS and EN4 SST are smoother than the results obtained with ERA SST and EN4 SSS. Thank you for your comment, we switched to EN4 SST.

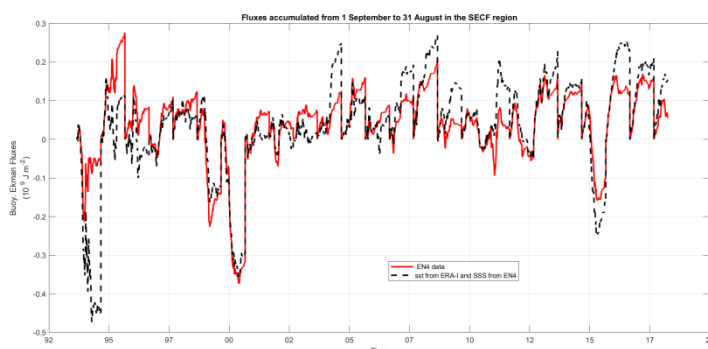


Figure R5. Horizontal Ekman Buoyancy flux in the SECF region (56.5° - 59.3°N, 45°W – 38°W), accumulated from 1 September to 31 August the year after estimated: i) with EN4 SSS and EN4SST and ii) with ERA SST and EN4 SSS.

Line 185:

It should be: "...most of the Argo profiles..." [Corrected](#).

Line 197:

It should be: "...to be removed (B_{zi}) from the late summer density profile..." [Corrected](#).

Line 234:

Salted, in this context, is not appropriate. "Became saltier" would be a better expression. [Corrected](#).

Line 284:

If B remained nearly constant, does that imply that restratification and advection are unimportant?

[It means that the homogeneous layer \(600 – 1400 m\) formed at the end of winter was not destroyed by the advection by eddies and large scale circulation during the following spring and summer.](#)

Line 297:

Units (m) are missing after 800-1000. [Corrected](#).

Line 321:

What was the basis for choosing the point 59°N, 40°W?

[Our objective here was to see the evolution of the anomalies in depth and in time. Therefore we choose a point, 59°N, 40°W, in the middle of the box. The result is not sensitive to the location of the point inside the pink box. This information is added to the revised manuscript. In the revised manuscript we present the same figure at 58°N, 40°W, which is centered in the new pink box, instead that at 59°N, 40°W.](#)

Line 377:

If convection exceeded 1400 m in winter 2014-15 (e.g. Fröb *et al.*, 2016), why is it unlikely that this layer was locally formed?

[Right, we cannot exclude that the convection of winter 2014-15 cause salinity decrease in the water column. We slightly modified this paragraph in the revised manuscript.](#)

Line 382: The papers by Lavender *et al.* (2000) and Straneo *et al.* (2003) could also be cited here. [Ok, we add them to the revised paper.](#)

Line 383: Corroborated is misspelled. [Right](#).

Line 388:

If deep convection occurs every year, perhaps the definition of deep convection should be revised.

[This sentence is confusing. In the revised manuscript, this sentence is written as:](#)

["We now compare the atmospheric forcing and the preconditioning of the water column in the SECF region with those of the nearby Labrador Sea where deep convection happens almost every year."](#)

Line 403:

It should be: "...the deep halocline was successively deepening..." [Right, thank you.](#)

Line 410:

I am sceptical of the claim that the deepest convection-depth ever observed in the Labrador Sea occurred in winters 2016-2018. Very likely convection in the successive high-NAO winters of the early 1990s substantially exceeded convection in winters 2016-2018. At that time mixed-layer depths were at least 2300 m (e.g. *Avsic et al.*, 2006).

[Yes, you are right. So, we add to the sentence "since the beginning of the Argo period".](#)

Lines 419 and 421:

Density units are not capitalized consistently. [Ok.](#)

Line 425:

It should be: "...observed in both basins..." [Right, thank you.](#)

Line 430:

There were no wintertime measurements in the Irminger Sea in the early 1990s, but there is strong indirect evidence that deep convection occurred in the Irminger Sea at that time (see for example publications from the group of R. Pickart).

[Right, there are evidences that deep convection occurred in the Irminger Sea in early 1990s \(Pickart et al., 2003\).](#)

[In any case, the three referees find something wrong in this paragraph and Figure 10. Because this paragraph and figure is not important for the conclusions of our paper we decide to remove them in the revised version of the paper.](#)

Line 481:

Acknowledgement is misspelled. [Right, thank you.](#)

Lines 519 and 522:

The name de Jong is inconsistently capitalized. [Right, corrected.](#)

Figure 5:

Please indicate, for example using tick marks along the top axis, when Argo float profiles were available in the Irminger Sea.

[Ok, we add the tick marks in plot 5b.](#)

1 ~~Two superimposed cold and fresh anomalies enhanced Irminger Sea~~
2 ~~deep convection in 2016 – 2018~~

3 Why did deep convection persist over four consecutive winters
4 (2015-2018) Southeast of Cape Farewell?

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41 **ABSTRACT**

42 ~~While Earth system models project a reduction, or even a shut down, of deep convection in the~~
43 ~~North Atlantic Ocean in response to anthropogenic forcing~~ After more than a decade of shallow
44 convection, deep convection returned to the Irminger Sea in 2008 and occurred several times since
45 then to reach exceptional depths > 1,500 m in 2015 and 2016. Additionally, deep mixed layers larger
46 than 1600 m were also reported Southeast of Cape Farewell in 2015. In this context, we used Argo
47 data to show that deep convection occurred Southeast of Cape Farewell (SECF) in 2016 and persisted
48 ~~in the Irminger Sea~~ during two additional years in 2017 and 2018 with maximum convection depth
49 >larger than 1,300 m. In this article, we investigate the respective roles of air-sea buoyancy flux and
50 preconditioning of the water column (ocean interior buoyancy content) to explain this exceptional 4-
51 year persistence of deep convection SECF. We analyzed the respective contributions of the heat and
52 freshwater components; ~~we quantified them in terms of buoyancy and analyzed both the heat and~~
53 ~~freshwater components.~~ Contrary to the very negative air-sea buoyancy flux that was observed
54 during winter 2015, the buoyancy fluxes over the Irminger SeaSECF region during winters 2016, 2017
55 and 2018 were close to climatological average. We estimated the preconditioning of the water
56 column as the buoyancy that needs to be removed (B) from the end of summer water column to
57 homogenize the water column down to a given depth. B was lower for winters 2016 – 2018 than for
58 the mean 2008 – 2015 winter mean, due especially to ~~, including~~ a vanishing stratification from 600
59 m down to ~1,300 m. It means that less air-sea buoyancy loss was necessary to reach a given
60 convection depth than in the mean and once convection reached 600 m little additional buoyancy
61 loss was needed to homogenize the water column down to 1,300 m. We showed that the decrease in
62 B was due to the combined effects of the local cooling of the intermediate water (200 – 800 m) and
63 the advection of a negative S anomaly ~~decrease in salinity~~ in the 1,200 – 1,400 m layer. This
64 favorable preconditioning permitted the very deep convection observed in 2016 – 2018 despite the
65 atmospheric forcing was close to the climatological average.

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71 1. INTRODUCTION

72 ~~The physical and biogeochemical properties of the oceans are experiencing unprecedented changes~~
73 ~~as a result of the human activities (IPCC, 2013). For this reason, a challenge for the oceanographic~~
74 ~~community is to disentangle the natural and anthropogenic components of the ocean variability.~~
75 ~~Under Climate Change scenarios, Earth system models predict a warmer climate, an increase in~~
76 ~~freshwater flux into the ocean due to ice melting (Bamber et al., 2018)), a slow down of the~~
77 ~~Meridional Overturning Circulation (Rahmstorf et al., 2015), and a reduction or shut-down of deep~~
78 ~~convection in the North Atlantic (Brodeau & Koenigk, 2016). In this paper, we study the recent~~
79 ~~evolution of deep convection in the northern North Atlantic.~~

80 Deep convection is the result of a process by which surface waters lose buoyancy due to
81 atmospheric forcing and sink into the interior ocean. It occurs only where specific conditions are met
82 including large air-sea buoyancy loss and favorable preconditioning (i.e. low stratification of the
83 water column) (Marshall & Schott, 1999). In the Subpolar North Atlantic (SPNA), deep convection
84 takes place in the Labrador Sea, South of Cape Farewell and in the Irminger Sea (Kieke & Yashayaev,
85 2015; Pickart et al. 2003; Piron et al. 2017). Deep convection connects the upper and lower limbs
86 of the Meridional Overturning Circulation (MOC) and transferring climate change signals from the
87 surface to the ocean interior.

88 ~~The observation and description of Observing deep convection is difficult because deep convection~~
89 ~~happens on short time and small spatial scales and during periods of severe weather conditions at~~
90 ~~very short space and time scales (Marshall & Schott, 1999) and during periods of severe weather~~
91 ~~conditions. The onset of the Argo program (<http://www.argo.net/>) at the beginning of the 2000s, has~~
92 ~~considerably increased the number of available availability of oceanographic data throughout the~~
93 ~~year. Although the sampling characteristics of Argo are not adequate to observe the smaller scales~~
94 ~~associated with the process itself, this dataset Argo data allowed the description of the overall~~
95 ~~intensity of the event, and the characterization of the properties of the water masses formed in the~~
96 ~~winter mixed layer as well (e.g., Yashayaev and Loder, 2017). The challenge now is to evaluate how~~
97 ~~deep convection could evolve under climate change.~~

98 In the Labrador Sea, deep convection occurs ~~almost~~ every year, yet with different intensity (e.g.,
99 Yashayaev and Clarke, 2008; Kieke and Yashayaev, 2015). In the Irminger Sea, Argo and moorings
100 data showed that deep convection deeper than 700 m happened ~~in the Irminger Sea~~ during winters
101 2008, 2009, 2012, 2015 and 2016 (Väge et al., 2009; de Jong et al., 2012; Piron et al. 2015; de Jong &
102 de Steur, 2016; Fröb et al., 2016; Piron et al. 2017 ; de Jong et al., 2018). Moreover, in winter 2015,

103 | deep convection was also observed south of Cape Farewell (Piron et al., 2017). Excluding the winter
104 | 2009 when the event was possible thanks to a favorable preconditioning set the winter before (de
105 | Jong et al. 2012), all events coincided with strong atmospheric-forcing (air-sea heat loss). Prior to
106 | 2008, only few deep convection events were reported because the mechanisms leading to it were
107 | not favorable (Centurioni and Gould, 2004) ~~orand~~ because the observing system was not adequate
108 | (Bacon, 1997; Pickart et al., 2003). Nevertheless, the hydrographic properties from the 1990s
109 | suggested that deep convection reached as deep as 1,500 m in the Irminger Sea during winters 1994
110 | and 1995 (Pickart et al., 2003), and as deep as 1,000 m south of Cape Farewell during winter 1997
111 | (Bacon et al., 2003).

112 | The convection depths that were reached in the Irminger Sea and south of Cape Farewell at the end
113 | of winter 2015 ~~was~~ were the deepest observed in ~~the Irminger Sea~~ these regions since the beginning
114 | of the 21st century (de Jong et al., 2016; Fröb et al., 2016; Piron et al., 2016). In this work, we show
115 | that deep convection also happened in a region between south of Cape Farewell and the Irminger
116 | Sea (the pink box in Figure 1) everyeach winter ~~in the Irminger Sea during the period from~~ 2016 ~~to~~
117 | 2018. We investigate the respective role of atmospheric forcing (air-sea buoyancy flux) and
118 | preconditioning (ocean interior buoyancy content) in setting the convection intensity. We evaluate
119 | ~~them in terms of air-sea buoyancy flux and buoyancy content and, for the first time to our knowledge~~
120 | in this region, we also disentangle the relative contribution of salinity and temperature anomalies to
121 | the preconditioning. The paper is organized as follow. The data are described in Sect. 2. The
122 | methodology is explained in Sect. 3. We expose our results in Sect. 4 and discuss them in Sect. 5.
123 | Conclusions are listed in Sect. 6.

124

125 | 2. DATA

126 | We used temperature (T), salinity (S) and pressure (P) data measured by Argo floats north of 55°N in
127 | the Atlantic Ocean. These data were collected by the International Argo program
128 | (<http://www.argo.ucsd.edu/>, <http://www.jcommops.org/>) and downloaded from the Coriolis Data
129 | Center (<http://www.coriolis.eu.org/>). Only data flagged as good (quality Control < 3, Argo Data
130 | Management Team, 2017) were considered in our analysis. Potential temperature (θ), density (ρ)
131 | and potential density anomaly referenced to the surface and 1000 dbar (σ_0 and σ_1 , respectively) were
132 | estimated from T, S and P data using TEOS-10 (<http://www.teos-10.org/>). ~~As in Zunino et al. (2017),~~
133 | ~~we define freshwater as:~~ $FW = \frac{35-S}{35}$.

134 We used two different gridded products of ocean T and S: EN4 and ISAS. ISAS (Gaillard et al., 2016;
135 Kolodziejczyk et al., 2017) is produced by optimal interpolation of *in situ* data. It provides monthly
136 fields, at 152 depth levels, at 0.5° resolution, from 2002 to 2015. Near real time data are also
137 available for 2016 and 2018. EN4 (Good et al., 2013) is an optimal interpolation of *in situ* data; it
138 provides monthly T and S at 1° spatial resolution and at 42 depth levels, for the period 1900 to
139 present.

140 Net air-sea heat flux (Q , the sum of radiative and turbulent fluxes), evaporation (E), precipitation (P),
141 wind stress (τ_x and τ_y) and sea surface temperature (SST) data were obtained from ERA-Interim
142 reanalysis (Dee et al., 2011). ERA-Interim provides data with a time resolution of 12h and a spatial
143 resolution of 0.75°, respectively. The air-sea freshwater flux (FWF) was estimated as $E - P$.

144 We used monthly Absolute Dynamic Topographic (ADT), which was computed from the daily 0.25° -
145 resolution ADT data provided by CMEMS (Copernicus Marine and Environment Monitoring Service,
146 <http://www.marine.copernicus.eu>).

147

148 3. METHODS

149 3.1 Quantification of the deep convection

150 ~~In order to characterize the convection in the Irminger Sea and Labrador Sea in winters 2015-2018,~~
151 ~~we estimated the mixed layer depths (MLD) for all Argo profiles collected in the SPNA north of 55°N~~
152 ~~from 1st January to 30th April of each year (Fig. 1). Following Piron et al. (2016), the MLD was~~
153 ~~estimated by the threshold method (de Boyer Montégut et al., 2004) and the split and merge~~
154 ~~method (Thomson and Fine, 2003) complemented by visual inspection of the vertical profiles of ρ~~
155 ~~when the two estimates differed.~~

156 We characterized the convection in the SPNA in winters 2015-2018 by estimating the mixed layer
157 depths (MLD) for all Argo profiles collected in the SPNA north of 55°N from 1st January to 30th April of
158 each year (Fig. 1). The MLD was estimated as the shallowest of the three MLD estimates obtained by
159 applying the threshold method (de Boyer Montégut et al., 2004) to θ , S and ρ profiles separately. The
160 threshold method computes the MLD as the depth at which the difference between the surface (30
161 m) and deeper levels in a given property is equal to a given threshold. In case visual inspection of the
162 winter profiles showed a thin stratified layer at the surface, a slightly deeper level (<150 m) was
163 considered as surface reference level. Following Piron et al. (2017), this threshold was taken equal to
164 0.01 kg m⁻³ for ρ . For θ and S, we selected thresholds of 0.1°C and 0.012 respectively because they

165 correspond to the threshold of 0.01 kg m⁻³ in ρ . The latter was previously shown to perform well in
 166 the subpolar gyre on density profiles (Piron et al., 2016). Our MLD estimates are comparable to those
 167 obtained using MLD determination based on Pickart et al. (2002)'s and de Jong et al. (2012)'s
 168 methods (see section S1, Fig. S1 and Fig. S2 in supplementary material).

169 In this paper, deep convection is characterized by profiles with MLD deeper than 700m (colored big
 170 points in Fig. 1) because it is the minimum depth that should be reached for Labrador Sea Water
 171 (LSW) renewal (Yashayaev et al., 2007; Piron et al. 2016).

172 The winter MLD and the associated θ , S and ρ properties were examined for the Labrador Sea and
 173 the SECF region by considering the profiles inside the cyan and pink boxes in Fig. 1, respectively.
 174 Those two boxes were defined to include all Argo profiles with MLD deeper than 700 m during 2016
 175 – 2018 and the minimum of the monthly ADT for either the SECF region or the Labrador Sea. No deep
 176 MLD was recorded in the northernmost part of the Irminger Sea during this period. ~~the Irminger Sea,~~
 177 ~~separately. We used 48°W as the limit between the Irminger Sea and the Labrador Sea.~~ We
 178 computed the maximum MLD and the MLD third quartile (Q_3) ~~from profiles with~~ ~~we only used~~ MLD
 179 greater than 700m ~~in each of the two boxes separately for the computation of Q_3~~ . Q_3 is the MLD
 180 value that is exceeded by 25% of the profiles and is equivalent to the aggregate maximum depth of
 181 convection defined by Yashayaev and Loder (2016). The properties (ρ , θ and S) of the mixed layers
 182 ~~formed each winter~~ were defined for each winter as the vertical mean from 200 m to the MLD of all
 183 ~~the n~~-profiles with MLD deeper than 700 m. For further use, we define the deep convection period as
 184 follows. For a given winter, the deep convection period begins the day when the first profile with a
 185 deep (>700m) mixed layer is detected and ends the day of the last detection of a deep mixed layer.

186

187 3.2. Time series of atmospheric forcing

188 The air-sea buoyancy flux (B_{surf}) was calculated as the sum of the contributions of Q and FWF (Gill,
 189 1982; Billheimer & Talley, 2013). It reads:

$$B_{surf} = \frac{\alpha \cdot g}{\rho_0 \cdot c_p} \cdot Q - \beta \cdot g \cdot SSS \cdot FWF$$

190 $B_{surf} = \frac{\alpha g}{\rho_0 c_p} Q - \beta g SSS FWF$ Eq. (1)

191 Where α and β are the coefficients of thermal and saline expansions, respectively, estimated from
 192 surface T and S. The gravitational acceleration g is equal to 9.8 m s⁻², the reference density of sea

193 water ρ_0 is equal to 1026 kg m⁻³ and heat capacity of sea water C_p is equal to 3990 J kg⁻¹ °C⁻¹. SSS is
 194 the sea surface salinity. Q and FWF are in W m⁻² and m s⁻¹, respectively.

195 For easy comparison with previous results that only considered the heat component of the total air-
 196 sea flux (e.g. Yashayaev & Loder, 2017; Piron et al., 2017; Rhein et al., 2017), B_{surf} , in m² s⁻³, was
 197 converted to W m⁻² following Eq. (2) and noted B_{surf}^*

$$198 \quad B_{surf}^* = \frac{\rho_0 \cdot c_p}{g \cdot \alpha} \cdot B_{surf}$$

$$199 \quad B_{surf}^* = \frac{\rho_0 \cdot c_p}{g \cdot \alpha} B_{surf} \quad \text{Eq. (2)}$$

200 The FWF was also converted to W m⁻² using:

$$201 \quad \cancel{FWF^*} = \cancel{FWF} \cdot \beta \cdot \cancel{SSS} \cdot \frac{\rho_0 \cdot c_p}{\alpha}$$

$$202 \quad \underline{FWF^* = FWF \cdot \beta \cdot SSS \cdot \frac{\rho_0 \cdot c_p}{\alpha}} \quad \text{Eq. (3)}$$

203 We also computed the horizontal Ekman buoyancy flux (BF_{ek}), and their components which can be
 204 decomposed into the horizontal Ekman heat flux (HF_{ek}) and the horizontal Ekman salt flux (SF_{ek}), ~~for~~
 205 ~~which $BF_{ek} = SF_{ek} - HF_{ek}$.~~ Noting:

$$206 \quad \underline{BF_{ek} = -g \cdot (U_e \partial_x SSD + V_e \partial_y SSD) \cdot \frac{c_p}{\alpha \cdot g}} \quad \text{Eq. (4)}$$

$$207 \quad \underline{HF_{ek} = -(U_e \partial_x SST + V_e \partial_y SST) \cdot \rho_0 \cdot C_p} \quad \text{Eq. (5)}$$

$$208 \quad \underline{SF_{ek} = -(U_e \partial_x SSS + V_e \partial_y SSS) \cdot \frac{\beta \cdot \rho_0 \cdot C_p}{\alpha}} \quad \text{Eq. (6)}$$

$$209 \quad \underline{BF_{ek} = -g (U_e \partial_x SSD + V_e \partial_y SSD) \cdot \frac{c_p}{\alpha \cdot g}} \quad \text{Eq. (4)}$$

$$210 \quad \underline{HF_{ek} = -(U_e \partial_x SST + V_e \partial_y SST) \rho_0 C_p} \quad \text{Eq. (5)}$$

$$211 \quad \underline{SF_{ek} = -(U_e \partial_x SSS + V_e \partial_y SSS) \cdot \frac{\beta \cdot \rho_0 \cdot C_p}{\alpha}} \quad \text{Eq. (6)}$$

212 $BF_{ek} = SF_{ek} - HF_{ek}$ where U_e and V_e are the eastward and westward components of the Ekman
 213 horizontal transport estimated from the wind stress meridional and zonal components. SSD, SST and
 214 SSS are ρ , T and S at the surface of the ocean. BF_{ek} , HF_{ek} and SF_e are in J s⁻¹ m⁻². Because ERA-Interim
 215 does not supply SSD or SSS, the monthly S at 5 m depth from EN4 were interpolated on the same
 216 time and space grid as the air-sea fluxes from ERA-Interim (12h and 0.75°, respectively). SSD was

217 | estimated from those interpolated EN4 data (SST and SSS). Properties at 5 m depth were considered
 218 | to be representative of the Ekman layer. SST of ERA-Interim and interpolated S of EN4. Data at
 219 | locations where the ocean bottom waspoints shallower than 1000 m were excluded from the
 220 | analysis to avoid regions covered by sea-ice.

221 | Following Piron et al. (2016), the time series of atmospheric forcing were estimated for the Irminger
 222 | SeaSECF region and the Labrador Sea as follows. First, the gridded air-sea flux data and the horizontal
 223 | Ekman fluxes were averaged over the pink (SECF region) and cyan (Labrador Sea) boxes (Fig. 1)the
 224 | region, pink and cyan boxes in Fig. 1 for the Irminger Sea and Labrador Sea, respectively. The boxes,
 225 | which are representative of the convection regions, were defined to include most of Argo profiles
 226 | with MLD deeper than 700 m and the minimum of the monthly ADT for either the Irminger Sea or
 227 | the Labrador Sea. Second, we estimated the accumulated fluxes from 1 September to 31 August the
 228 | year after. Finally, we computed the time series of the anomalies of the accumulated fluxes from 1
 229 | September to 31 August with respect to the 1993 – 2016 mean.

230 | Finally, in order to quantify the net intensity of the atmospheric forcing over the winter, we
 231 | computed estimates of air-sea B_{surf}^* + BF_{ek} fluxes accumulated from 1 September to 31 March the
 232 | year after. Following Piron et al. (2017), ~~T~~the associated errors were calculated by a Monte Carlo
 233 | simulation using 50 random perturbations as the standard deviation of 50 estimates of Q, FWF and
 234 | B_{surf} perturbed by one standard deviation of their spatial mean. The error amounted to 0.05 J m^2 ,
 235 | 0.04 and 0.03 J m^{-2} for B_{surf}^* , Q and FWF*, respectively. The error of the horizontal Ekman transport
 236 | was also estimated by a Monte Carlo simulation and amounted to 0.04 J m^{-2} .

237 | 3.3. Preconditioning of the water column

238 | The preconditioning of the water column was evaluated in terms of buoyancy that has to be
 239 | removed ($B(z_i)$) to the late summer density profile to homogenize it down to a depth z_i . It reads:

$$240 | B(z_i) = \frac{g}{\rho_0} * \sigma_0(z_i) * z_i - \frac{g}{\rho_0} \int_{z_i}^0 \sigma_0(z) dz$$

$$241 | B(z_i) = \frac{g}{\rho_0} \sigma_0(z_i) z_i - \frac{g}{\rho_0} \int_{z_i}^0 \sigma_0(z) dz \text{ Eq. (7)}$$

242 | $\sigma_0(z)$ is the vertical profile of potential density anomaly estimated from the profiles of T and S
 243 | measured by Argo floats in September in the given region (pink or cyan box in Fig. 1).

244 | Following Schmidt and Send (2007), we split B into a temperature (B_θ) and salinity (B_S) term as:

$$245 | B_\theta(z_i) = -(g * \alpha * \theta(z_i) * z_i - g * \alpha * \int_{z_i}^0 \theta(z) dz) \text{ Eq. (8)}$$

246 $B_S(z_i) = g \beta S(z_i) z_i - g \beta \int_{z_i}^{\theta} S(z) dz$ Eq. (9)

247 $B_\theta(z_i) = -(g \alpha \theta(z_i) z_i - g \alpha \int_{z_i}^{\theta} \theta(z) dz)$ Eq. (8)

248 $B_S(z_i) = g \beta S(z_i) z_i - g \beta \int_{z_i}^{\theta} S(z) dz$ Eq. (9)

249 In order to compare the ~~preconditioning~~ B with the heat to be removed and/or air-sea heat fluxes, B ,
 250 B_θ and B_S are reported in the buoyancy results in $m^2 s^{-2}$ were converted to $J m^{-2}$.

251 B , B_θ and B_S were estimated for a given year from the mean of all September profiles of B , B_θ and
 252 B_S . The associated errors were estimated as $std(B)/\sqrt{n}$, where n is the number of profiles used to
 253 compute the September mean values.

254

255 4. RESULTS

256 4.1. Intensity of deep convection and properties of newly formed LSW

257 We examine the time-evolution of the ~~Irminger Sea~~ winter mixed layer SECF since the exceptional
 258 convection event of winter 2015 (W2015 hereinafter) (Table 1 and Fig. 3). In W2015 we recorded a
 259 maximum MLD of 1,715, 1,710 m south of Cape Farewell (Fig. 1a), in line with Piron et al. (2017). The
 260 maximum MLD of 1,575 m observed for W2016 (Fig. 1b) is compatible with the MLD > 1,500 m
 261 observed in a mooring array in the central Irminger Sea by de Jong et al. (2018). For W2015 and
 262 W2016, Q3 was 1,205 m and 1,471 m, respectively (Table 1). We additionally showed that for both
 263 winters Q3 was about 1300 m (Table 1). Now, we describe the convection of W2017 and W2018. In
 264 W2017, deep convection was defined from four ~~three~~ Argo profiles in the Irminger Sea (see Fig. 1c
 265 and Fig. 2a-c). The maximum MLD of 1,400 m was observed on 16th March 2017 at 56.65°N –
 266 42.30°W. ~~The aggregate maximum depth of convection Q3 coincided with the maximum MLD~~
 267 ~~because the estimates are based on only four profiles.~~ In W2018, ~~ten profiles showed MLD deeper~~
 268 ~~than 700 m in the Irminger Sea (Fig. 1d, 2d-f).~~ The maximum MLD of 1,300 m was observed on 24
 269 February at 58.12°N, 41.84°W. (Fig. 1d, 2d-f). Float 5903102 measured MLD of 1,100 m South of Cape
 270 Farewell (Fig. 1d), but the estimated MLDs coincided with the deepest levels of measurement of the
 271 float so that these estimates, possibly biased low (see Fig. 2d-f), were discarded from our analysis.
 272 ~~The aggregate maximum depth of convection Q3 was 1,100 m. Float 5903102, which was localized~~
 273 ~~South of Cape Farewell, did not profile deeper than 1,100 m in any of its six cycles (see Fig. 2d-f); it is~~
 274 ~~therefore possible that the MLD was deeper than 1,100 m in these profiles. Excluding the data of~~
 275 ~~Float 5903102, the aggregate maximum depth of convection Q3 is 1,300 m.~~ These results reveal that
 276 convection deeper than 1,300 m occurred during four consecutive winters in the Irminger Sea.

277 Although the number of floats showing deep convection in W2017 and W2018 was small (3 and 2
278 floats), it represented a significant percentage of the floats operating in the SECF box at that time.
279 The percentage of floats showing deep convection in the SECF region was computed for the deep
280 convection periods defined from 15 January 2015 to 21 April 2015, 22 February 2016 to 21 March
281 2016, 16 March 2017 to 4 April 2017 and 24 February 2018 to 26 March 2018. The longest period of
282 deep convection occurred in W2015, the shortest in 2017. The percentage of floats showing deep
283 convection during the deep convection period are 73%, 50%, 33 % and 50%, for winters 2015, 2016,
284 2017 and 2018, respectively. The lowest % is found for W2017, but it is still substantial. It might
285 reflect that for this specific year floats showing deep MLD were found in the southwestern corner of
286 the SECF box only, suggesting that convection did not occur over the full box.

287 The properties (σ_θ , S and θ) of the end of winter mixed layer were estimated for the four winters
288 (Table 1 and Fig. 3). We observed that, between W2015 and W2018, the water mass formed by deep
289 convection significantly densified and cooled by 0.019 kg m^{-3} and ~~0.306~~0.215°C, respectively (see
290 Table 1).

291 In the Labrador Sea, Q3 increased from 2015 to 2018 (see Table 1). Deep convection observed in the
292 Labrador Sea in W2018 was the most intense since the beginning of the Argo era (see Fig. 2c in
293 Yashayaev & Loder, 2016). From W2015 to W2018, newly formed LSW cooled, salted and densified
294 by 0.134°C , 0.013 and 0.023 kg m^{-3} , respectively (Table 1).

295 The water mass formed ~~in the Irminger Sea~~SECF is warmer and saltier than that formed in the
296 Labrador Sea (Fig. 3); ~~the exception is in W2018 when the characteristics of the water masses formed~~
297 ~~in each of the basins are very similar.~~ The deep convection in ~~the Irminger Sea~~SECF is always
298 shallower than in the Labrador Sea. Both results are discussed later in Sect. 5.

299 4.2. Analysis of the atmospheric forcing ~~in the Irminger Sea~~Southeast of Cape 300 Farewell

301 The seasonal cycles of B_{surf}^* and Q are in phase and of the same order of magnitude, while ~~the~~FWF*
302 , which is positive and one order of magnitude lower than Q ~~and~~ , does not present a seasonal cycle
303 (Fig. ~~S1S3~~). The means (1993 – 2018) of the cumulative sums from 1 September to 31 March of Q,
304 FWF* and B_{surf}^* estimated over the ~~Irminger-SECF~~ box (Fig. 1) are ~~- 2.46 ± 0.43 × 10⁹ J m⁻², 0.28 ± 0.10~~
305 ~~× 10⁹ J m⁻² and - 2.22 ± 0.49 × 10⁹ J m⁻²~~-2.52 ± 0.43 × 10⁹ J m⁻², -0.31 ± 0.11 × 10⁹ J m⁻² and -2.26 ±
306 0.51 × 10⁹ J m⁻², respectively. Despite B_{surf}^* is mainly explained by Q, the accumulated FWF* amounts
307 to ~10 % of the accumulated Q with opposite sign. The air-sea buoyancy flux ~~atmospheric forcing~~
308 ~~estimated in terms of buoyancy~~ is ~~therefore~~ 10% lower on average than ~~when estimated in terms~~

309 of the air-sea heat flux. Considering the Ekman transports, the 1993 – 2018 means of the
310 accumulated BF_{ek} , HF_{ek} and SF_{ek} from 1 September to 31 March amount to $0.37 \pm 1.15 \times 10^8 \text{ J m}^{-2}$, -
311 $0.35 \pm 1.36 \times 10^8 \text{ J m}^{-2}$, and $0.02 \pm 2.04 \times 10^8 \times 10^9 \text{ J m}^{-2}$, respectively. The horizontal Ekman heat flux
312 is negative, while the Ekman buoyancy flux is positive. This buoyancy gain indicates a southeastward
313 transport of surface freshwater caused by dominant winds from the southwest. Noteworthy, BF_{ek} is
314 one order of magnitude smaller than the B_{surf}^* .

315 Piron et al. (2016) found that “the wind stress led to an Ekman induced heat loss that reinforced by
316 about 10% the heat loss induced by the net air-sea heat fluxes”. Here, we considered the buoyancy
317 flux induced by the Ekman response to the wind stress and we estimated the buoyancy, heat and salt
318 Ekman fluxes (BF_{ek} , HF_{ek} and SF_{ek}). The means (1993–2018) of the accumulated BF_{ek} , HF_{ek} and SF_{ek}
319 from 1 September to 31 March amount to $-0.0004 \pm 0.04 \times 10^9 \text{ J m}^{-2}$, $0.0446 \pm 0.04 \times 10^9 \text{ J m}^{-2}$, and
320 $0.0626 \pm 0.04 \times 10^9 \text{ J m}^{-2}$, respectively. So, on average, HF_{ek} and SF_{ek} compensate each other resulting
321 in an almost zero J m^{-2} BF_{ek} . However, for particular years with strong wind stress as it was the case in
322 2015, there is no such compensation and BF_{ek} is different from 0 (see Fig. 4).

323 We now compare the accumulated B_{surf}^* from 1 September to 31 March the year after for the last
324 four deep convection years. It amounted to $-3.21 \times 10^9 \pm 0.05 \text{ J m}^{-2}$, $-2.29 \pm 0.04 \times 10^9 \text{ J m}^{-2}$, $-2.23 \pm$
325 $0.05 \times 10^9 \text{ J m}^{-2}$ and $-2.58 \pm 0.05 \times 10^9 \text{ J m}^{-2}$ for W2015, W2016, W2017 and W2018, respectively. The
326 cumulative sum of BF_{ek} from 1 September 2014 to 31 March 2015 was $-0.27 \pm 0.04 \times 10^9 \text{ J m}^{-2}$; the
327 estimates for the following winters were near 0 J m^{-2} . When the BF_{ek} is added to the B_{surf}^* , the
328 resulting atmospheric forcing is $-3.48 \times 10^9 \pm 0.05 \text{ J m}^{-2}$, $-2.19 \pm 0.04 \times 10^9 \text{ J m}^{-2}$, $-2.20 \pm 0.05 \times 10^9 \text{ J}$
329 m^{-2} and $-2.57 \pm 0.05 \times 10^9 \text{ J m}^{-2}$ for W2015, W2016, W2017 and W2018, respectively. The estimate
330 for W2015 is ~30% larger than the estimates for 2016 – 2018. Time series of atmospheric forcing
331 anomalies in Fig. 4 show that this strongly negative W2015 anomaly of accumulated B_{surf}^* was
332 caused by very negative Q and FWF anomalies and a negative BF_{ek} as well. During W2016, W2017
333 and W2018 however, all atmospheric forcing terms were close to zero.

334 The total atmospheric forcing SECF was quantified as the sum of B_{surf}^* and BF_{ek} . The anomalies of
335 accumulated fluxes from 1 September to 31 August the year after, with respect to the mean 1993 –
336 2016, are displayed in Fig. 4 for the SECF box. The grey line in Fig. 4a is the total atmospheric forcing
337 anomaly (B_{surf}^* plus BF_{ek}). We identify years with very negative buoyancy loss in the SECF region, e.g.
338 1994, 1999, 2008, 2012 and 2015. The very negative anomalies of atmospheric forcing in 1999 and
339 2015 were caused by the very negative anomalies in both B_{surf}^* (Fig. 4a) and BF_{ek} (Fig.4d). This
340 correlation was not observed for all the years presenting a negative anomaly of atmospheric forcing.

341 Noteworthy, during W2016, W2017 and W2018, the anomaly of atmospheric forcing was close to
342 zero.

343 ~~From these results we conclude that,~~ Contrary to the very negative anomaly in atmospheric fluxes
344 over the ~~Irminger Sea~~SECF region observed for W2015, the atmospheric fluxes were close to the
345 mean during W2016, W2017 and W2018.

346 4.3. Analysis of the preconditioning of the water column ~~in the Irminger~~ 347 SeaSouthEast of Cape Farewell

348 Our hypothesis is that the exceptional deep convection that happened in W2015 in the Irminger Sea
349 favorably preconditioned the water column for deep convection the following winters. The time-
350 evolution of θ , S , σ_1 and of $\Delta\sigma_1=0.01 \text{ kg m}^{-3}$ layer thicknesses (Fig. 5) show a marked change in the
351 hydrological properties of the Irminger Sea at the beginning of 2015 caused by the exceptional deep
352 convection that occurred during W2015 (see also Piron et al., 2017). The intermediate waters (500 –
353 1,000 m) became colder than the years before and, despite a slight decrease in salinity, the cooling
354 caused the density to increase (Fig. 5c). Fig. 5d shows $\Delta\sigma_1=0.01 \text{ kg m}^{-3}$ layer thicknesses larger than
355 600 m appearing at the end of W2015 for the first time since 2002. In the density range 32.36 – 32.39
356 kg m^{-3} , these layers remained thicker than $\sim 450 \text{ m}$ during W2016 to W2018. This indicates low
357 stratification at intermediate depths and a favorable preconditioning of intermediate waters for deep
358 convection due to W2015 deep convection. The denser density of the core of the thick layers in 2017
359 -2018 compared with 2015 - 2016 agrees with the densification of the mixed layer SECF shown in
360 Table 1 and Fig. 3.

361 $B(z_i)$ is our estimate of the preconditioning of the water column before winter (see Method). Fig. 6a
362 shows that, deeper than 100 m, B ~~was smaller~~ for W2016, W2017 and W2018 was smaller than for
363 W2015 or B for the mean W2008 – W2014. Furthermore, for W2016, W2017 and 2018, B remained
364 nearly constant with depth between 600 and 1,300 m, which means that once the water column has
365 been homogenized down to 600 m, little additional buoyancy loss results in homogenization of the
366 water column down to 1,300 m. Both conditions (i) less buoyancy to be removed and (ii) absence of
367 gradient in the B profile down to 1,300 m indicate a more favorable preconditioning of the water
368 column for W2016, W2017 and W2018 than during W2008 – W2015.

369 To understand the relative contributions of θ and S to the preconditioning, we computed the thermal
370 (B_θ) and haline (B_S) components of B ($B = B_\theta + B_S$). In general, B_θ (B_S) increases with depth when θ
371 decreases (S increases) with depth. On the contrary, a negative slope in B_θ (B_S) profile corresponds to

372 θ increasing (S decreasing) with depth and is indicative of a destabilizing effect. The negative slopes
373 in B_θ and B_s profiles are not observed simultaneously because density profiles are stable.

374 We describe the relative contributions of B_θ and B_s to B by looking first at the mean 2008 – 2014
375 profiles (discontinuous blue lines in Fig. 6). B_θ accounts for most of the increase in B from the surface
376 to 800 m and below 1,400 m (see Fig. 6a and Fig. 6b). The negative slope in the B_s profile between
377 800 – 1,000 m (Fig. 6b) slightly reduces B (Fig. 6a) and is due to the decrease in S associated with the
378 core of LSW (see Fig. 3 in Piron et al. 2016). In the layer 1,000 – 1,400 m, the increase in B (Fig. 6a) is
379 mainly explained by the increase in B_s (Fig. 6b), which follows the increase in S in the transition from
380 LSW to Iceland Scotland Overflow Water (ISOW). This transition layer that will be referred to
381 hereinafter as the deep halocline. The evaluation of the preconditioning of the water column was
382 usually analyzed in terms of heat (e.g., Piron et al. 2015; 2017). The decomposition of B in B_θ and B_s
383 reveals that θ governs B in the layer 0 – 800 m. S tends to reduce the stabilizing effect of θ in the
384 layer 800 – 1,000 m, and reinforces it in the layer 1,000 – 1,400 m in adding up to $1 \times 10^9 \text{ J m}^2$ to B .

385 In order to further understand why the Irminger Sea was favorably preconditioned during winters
386 2016 – 2018, we compare the B_θ and B_s of W2017, which was the most favorably preconditioned
387 winter, with the mean 2008 – 2014 (Fig. 7a). From the surface to 1,600 m, B_θ and B_s were smaller for
388 W2017 than for the mean 2008 – 2014. There are two additional remarkable features. First, in the
389 layer 500 – 1000 m, the large reduction of B_θ , in relation to its mean 2008 – 2014, mostly explains the
390 decrease of B in this layer. Second, the more negative value of B_s in the layer 1,100 – 1,300 m,
391 compared to its mean 2008 – 2014, eroded the B_θ slope, making the B profile more vertical for
392 W2017 than in the mean. The more negative contribution of B_s in the layer 1,100 – 1,300 m is related
393 to comes from the fact that the deep halocline was deeper for W2017 (1,300 m, see red-orange
394 dashed discontinuous line in Fig. 7a) than for the mean 2008 – 2014 (1,000 m, see blue
395 dashed discontinuous line in Fig. 7a). Finally, we note that the profiles of $B(z_i)$, $B_\theta(z_i)$ and $B_s(z_i)$ for
396 W2016 and W2018 are more similar to the profiles of W2017 than to those of W2015 or to the mean
397 2008 – 2014 (see Fig. 6), which indicates that the water column was also favorably preconditioned
398 for deep convection in W2016 and W2018 for the same reasons than in W2017.

399 The origin of the changes in B is now discussed from the time evolutions of the monthly anomalies of
400 θ , S and σ_0 at $58^\circ\text{N} - 40^\circ\text{W}$ that is at the center of the SECF box (Fig. 8). The time evolutions there are
401 similar to those at any other location inside the SECF box a point in the Irminger Sea ($59^\circ\text{N} - 40^\circ\text{W}$,
402 Fig. 8). These anomalies were computed using ISAS (Gaillard et al., 2016) and were referenced to the
403 monthly mean of 2002 – 2016. A positive anomaly of σ_0 appeared in 2015-2014 between the surface
404 and 600 m (Fig. 8a) and reached 1,100, 200 m in 2016-2015 and beyond. This positive anomaly of σ_0

405 | correlates with a negative anomaly of θ . ~~The latter that~~, however, reached $\sim 1,400$ m depth in 2016
406 | that is deeper than the positive anomaly of σ_θ . The negative anomaly of S between 1,000 - 1,500 m
407 | that appeared in 2015 and strongly reinforced in 2016 caused the negative anomaly in σ_θ between
408 | 1,200 – 1,500 m (the density anomaly caused by the negative anomaly in θ between 1,200 – 1,400 m
409 | does not balance the density anomaly caused by the negative anomaly of S).~~started in 2016 caused~~
410 | ~~the negative anomaly in σ_θ between 1,200 – 1,500 m (the negative anomaly in θ between 1,200 –~~
411 | ~~1,400 m does not balance the negative anomaly of S).~~

412 | The θ and S anomalies in the water column during 2016 – 2018 explain the anomalies of B, B_θ and B_s
413 | and can be summarized as follows. On the one hand, the properties of the surface waters (down to
414 | 500 m) were colder than previous years and, despite they were also fresher, they were denser. The
415 | density increase in the surface water reduced the density difference with the deeper-lying waters.
416 | The intermediate layer (500 – 1000 m) was also favorably preconditioned due to the observed
417 | cooling. Additionally, in the layer 1,100 – 1,300 m, the large negative contribution of B_s ~~in~~
418 | relation with respect to its mean is explained by the decrease in S in this layer, which caused a
419 | decrease in σ_θ and, consequently, reduced the σ_θ difference with the shallower-lying water. The
420 | decrease in S also resulted in a deepening of the deep halocline.

421 | 4.4. Atmospheric forcing versus preconditioning of the water column

422 | We now use the estimates of the accumulated atmospheric forcing ($B_{\text{surf}}^* + BF_{\text{ek}}$) from 1 September
423 | to 31 March the year after (see Fig. S4) to predict the maximum convection depth for a given winter
424 | based on September profiles of B. The predicted convection depth is determined as the depth at
425 | which $B(z_i)$ (Fig. 6a) equals the accumulated atmospheric forcing. The associated error was estimated
426 | by propagating the error in the atmospheric forcing ($0.05 \times 10^9 \text{ J m}^{-2}$). The accumulated atmospheric
427 | forcing amounted to $-3.21 \times 10^9 \pm 0.05 \text{ J m}^{-2}$, $-2.21 \pm 0.04 \times 10^9 \text{ J m}^{-2}$, $-2.01 \pm 0.05 \times 10^9 \text{ J m}^{-2}$ and -2.47
428 | $\pm 0.05 \times 10^9 \text{ J m}^{-2}$ for W2015, W2016, W2017 and W2018, respectively. We found predicted
429 | convection depths of $1,085 \pm 20$ m, $1,285 \pm 20$ m, $1,415 \pm 20$ m and $1,345 \pm 20$ m for W2015, W2016,
430 | W2017 and W2018, respectively. We consider Q3 as the observed estimate of the MLD (Table 1). The
431 | predicted MLD agrees with the observed MLD within ± 200 m. The differences could be due to errors
432 | in the atmospheric forcing (Josey et al., 2018), lateral advection and/or spatial variation in the
433 | convection intensity within the box not captured by the Argo sampling. ~~of atmospheric forcing (B_{surf}^*~~
434 | ~~$+ BF_{\text{ek}}$) to predict the maximum convection depth for a given winter based on September profiles of~~
435 | ~~B. The predicted convection depths are determined as the depth at which $B(z_i)$ equals the~~
436 | ~~atmospheric forcing. The associated error was estimated considering the error in the atmospheric~~
437 | ~~forcing ($0.05 \times 10^9 \text{ J m}^{-2}$). We found predicted convection depths of 1175 ± 10 m, 1270 ± 25 m, $1425 \pm$~~

438 ~~10 m and 1285 ± 20 m for W2015, W2016, W2017 and W2018, respectively. The Q3 estimated from~~
439 ~~W2016 and W2017 observations (1,325 m and 1,400 m, respectively) are very close to the predicted~~
440 ~~convection depth. In W2015, the predicted convection depth was underestimated compared to the~~
441 ~~observed Q3 (1,310 m). The contrary is observed for W2018; this result is in line with the fact that Q3~~
442 ~~in W2018 was most likely underestimated since 6 out of the 10 profiles from which deep convection~~
443 ~~was recorded dived down to 1,100 m, which coincided with their MLD. When these 6 profiles are~~
444 ~~excluded of the analysis, Q3 is 1,300 m, which is within the error bar of the predicted convection~~
445 ~~depth.~~

446 The satisfactory predictability of the convection depth with our 1-D model ~~validates our neglect of the~~
447 ~~horizontal advection and~~ indicates that deep convection occurred locally. ~~Finally, this demonstrates~~
448 ~~that~~ in spite the atmospheric forcing was close to mean (1993 – 2016) conditions during W2016,
449 W2017 and W2018, convection depths > 1300 m were reached in the SECF region. This, ~~which~~ was
450 only possible thanks to the favorable preconditioning.

451

452 5. DISCUSSION

453 Deep convection happens in the Irminger Sea and South of Cape Farewell during specific winters
454 because of strong atmospheric forcing (high buoyancy loss), favorable preconditioning (low
455 stratification) or both at the same time (Pickart et al., 2003). In the Irminger Sea, ~~S~~strong atmospheric
456 forcing explained for instance the very deep convection (reaching depth greater than 1500 m)
457 observed in the early 90s (Pickart, et al., 2003) and in W2015 (de Jong et al. 2016; Fröb et al., 2016;
458 Piron et al. 2017), ~~and~~ It explained as well the return of deep convection ~~after many years without~~
459 ~~convection~~ in W2008 (Väge et al., 2009) and in W2012 (Piron et al., 2016). The favorable
460 preconditioning caused by the densification of the ~~convected layer at the end of mixed layer during~~
461 W2008 favored a new deep convection event in W2009 despite neutral atmospheric forcing (de Jong
462 et al. 2012). Similarly, the preconditioning observed after W2015 in the SECF region favored deep
463 convection in W2016 (this work). ~~Our study reveals that the preconditioning surprisingly persisted~~
464 ~~along~~ The favorable preconditioning persisted three consecutive winters (2016 – 2018) in the SECF
465 region, which allowed deep convection although atmospheric forcing was close to the climatological
466 values. Why did this favorable preconditioning persist in time?

467 ~~The favorable preconditioning of the water column during 2016 – 2018 in the Irminger Sea resulted~~
468 ~~from~~ We previously showed that during 2016 – 2018 two hydrographic anomalies affected
469 different ranges of the water column in SECF region: ~~the~~ a cooling ~~of~~ intensified in the layer 200 – 800
470 m and ~~the~~ a freshening ~~of 1,200 – 1,400 m layer~~ intensified in 1,000 – 1,500 m layer. Those resulted in

471 a decrease in the vertical density gradient between the intermediate and the deeper layers creating a
472 favorable preconditioning of the water column. Note that, the cooling affected the layer from surface
473 to 1,400 m and the freshening affected the layer from near surface to 1,000–1,500/1,600 m (Fig. 8),
474 but the cooling and the freshening were intensified at different depth ranges (Fig. 8). the θ
475 anomalies were density compensated in the layer 1,000–1,200 m.

476 We see in Fig. 5a a sudden decrease in θ in the intermediate layers in 2015 compared to the
477 previous years. It indicates that the decrease in θ of the layer 200–800 m intermediate layer likely
478 originated locally during W2015 when extraordinary deep convection happened. A slight freshening
479 of the water column (400- 1,500 m) appeared in 2015, likely caused by the W2015 convection event,
480 then it decreased before a second S anomaly intensified in 2016 between 1,100 and 1,400 m (Fig.
481 8c). It is unlikely that this second anomaly was exclusively locally formed by deep convection because
482 it intensified during summer 2016. The freshening of the layer 1,200–1,400 m appeared in 2016 (Fig.
483 8c). Given its depth range, it is unlikely that this anomaly was locally formed. Moreover, this anomaly
484 is different to that affecting the intermediate layer because density increased in the intermediate
485 layer with respect to the mean 2002–2016, while it decreased in the 1,200–1,400 m layer (Fig. 8a).
486 Our hypothesis is that this seconde S anomaly originated in the Labrador Sea and was further
487 transferred to the Irminger Sea SECF region by the cyclonic circulation encompassing the Labrador
488 Sea and Irminger Sea at these depths (Daniault et al., 2016; Ollitrault & Colin de Verdière, 2014;
489 Lavander et al., 2000 ; Straneo et al., 2003). It is corroborated by the 2D evolution of the anomalies in
490 S in the layer 1,200 – 1,400 m (Fig. 9): a negative anomaly in S appeared in the Labrador Sea in
491 February 2015, which was transferred southward and northeastward in February 2016 and
492 intensified over the whole SPNA in February 2017. By this mechanism, the advection from the
493 Labrador Sea contributed to create property anomalies in the water column. However, the buoyancy
494 budget showed that this was a minor contribution compared to the buoyancy loss due to the local
495 air-sea flux, even if it was essential to preconditioning the water column for deep convection.

496 We now compare the atmospheric forcing and the preconditioning of the water column in the
497 Irminger Sea SECF region with those of the nearby Labrador Sea where deep convection happens
498 each almost every year. As noted by Pickart et al. (2003), the atmospheric forcing over the Labrador
499 Sea is ~15 % larger than that over the Irminger Sea SECF region: the means (1993 - 2018) of the
500 atmospheric forcing, defined as the time –accumulated $B_{surf}^* + BF_{ek}$ from 1 September to 31 March
501 the year after, are $-2.61 \pm 0.55 \times 10^9 \text{ J m}^{-2}$ in the Labrador Sea and -2.18 ± 0.54 -2.26 ± 0.58 $\times 10^9 \text{ J m}^{-2}$
502 in the Irminger Sea SECF region. The difference was larger during the period 2016 – 2018 when the
503 atmospheric forcing equaled $-3.10 \pm 0.19 \times 10^9 \text{ J m}^{-2}$ in the Labrador Sea and -2.23 ± 0.23 -2.31 ± 0.21
504 $\times 10^9 \text{ J m}^{-2}$ in the Irminger Sea SECF region. In terms of preconditioning, the 2008 – 2014 mean B

505 profile (blue continuous lines in Fig. 7) was lower by $\sim 0.5 \times 10^9 \text{ J m}^{-2}$ in the Labrador Sea than ~~in the~~
506 ~~Irminger Sea~~SECF for the surface to 1,000 m layer and by more than $1 \times 10^9 \text{ J m}^{-2}$ below ~~1,000~~1,200
507 m. It indicates that the water column was more favorably preconditioned in the Labrador Sea than in
508 the ~~Irminger Sea~~SECF region during 2008 - 2014. Differently, B for W2017 shows slightly lower values
509 from the surface to 1,300 m in the ~~Irminger Sea~~SECF region than in the Labrador Sea (see orange
510 lines in Fig. 7). However, B in the Labrador Sea remains constant down to the depth of the deep
511 halocline between LSW and North Atlantic Deep Water (NADW) at 1,700 m. In the ~~Irminger Sea~~SECF
512 ~~region~~, the deep halocline remained at $\sim 1,300$ m between 2016 and 2018 (see B_s lines in Fig. 7a).
513 Differently, in the Labrador Sea, the deep halocline ~~was successive~~deepeneding from 1,200 m for the
514 mean to 1,735 m, 1,775 m and 1905 m in W2016, W2017 and W2018, respectively (see
515 ~~discontinuous~~dashed lines in Fig. 7b). The deep halocline acts as a physical barrier for deep
516 convection in both the ~~Irminger Sea~~SECF region and the Labrador Sea, but because it is deeper in the
517 Labrador Sea than in the ~~Irminger Sea~~SECF region, the preconditioning is more favorable to a deeper
518 convection in the Labrador Sea than in the SECF region ~~deeper convection depth is granted in the~~
519 ~~former than in the latter~~. Summarizing, ~~the atmospheric forcing and the preconditioning of the water~~
520 ~~column are in general more favorable for deep convection in the Labrador Sea than in the Irminger~~
521 ~~Sea~~. In winters 2016 - 2018 in the Labrador Sea, both atmospheric forcing and preconditioning of
522 the water column ~~favoured by a deeper than average deep halocline~~, granted the deepest convection
523 depth ~~ever observed~~ in the Labrador Sea since the beginning of the Argo period (comparison of our
524 results with those of Yashayaev and Loader, 2017). Contrasting, in the ~~Irminger Sea~~SECF region,
525 during the same period, the atmospheric forcing was close to climatological values, and the favorable
526 preconditioning of the water column allowed 1,300 m depth convection, what was exceptional for
527 the ~~Irminger Sea~~SECF region.

528 The Labrador Sea, SECF region and Irminger Sea are three distinct deep convection sites (e.g.
529 Yashayaev et al., 2007; Bacon et al., 2003; Pickart et al., 2003; Piron et al., 2017). In this work, we
530 give new insights on the connections between the different sites, showing how lateral advection of
531 fresh LSW formed in the Labrador Sea favored the preconditioning in the SECF region fostering
532 deeper convection.

533 ~~In the following we consider the time~~ — evolution of θ , S and σ_θ at the layer 700 — 900 m (Fig. 10),
534 considered here as the core of the LSW in both the Irminger Sea and the Labrador Sea. From 2002 to
535 2012, a progressive increase in the θ and S of the LSW core in the Irminger Sea is noticeable despite
536 the high frequency variability. The θ and S changes were not density compensated causing a decadal
537 decrease in σ_θ of $\sim 0.01 \text{ Kg m}^{-3}$. From 2012 to 2015, both θ and S decreased, while σ_θ remained

538 constant. During 2015 – 2018, θ decreased from 3.6 °C to 3.2 °C, and σ_θ increased from 27.72 to
539 27.75 kg m⁻³ (see also Fig. 3 and Table 1). In spite of the cooling and densification that occurred
540 during the last winters, LSW is warmer and lighter than that formed during W1994 and W1995
541 (2.85°C, 27.78 kg m⁻³, Pickart et al. 2003). We note a long-term (1994 – 2018) warming of LSW
542 observed in the Irminger Sea. The comparison with the LSW properties in the Labrador Sea over 2002
543 – 2018 (Fig. 9) shows that the LSW observed in both basin has the same density while that of the
544 Irminger Sea is warmer and saltier than that of the Labrador Sea. Interestingly, this behaviour was
545 also observed along the 90s (Pickart et al., 2003). It is also worth noting that θ and S observed in
546 Labrador Sea and Irminger Sea converged at the end of the 90s (Fig. 6 in Pickart et al., 2003) and
547 along our period 2015 – 2018 (Fig. 3 and Fig. 10). However, there is an important difference between
548 the two periods: deep convection was not observed in the Irminger Sea at the end of the 90s while it
549 was very intense during 2015 – 2018. This disparity might indicate that Labrador Sea and Irminger
550 Sea are evolving differently and only further observations would disclose the origin and mechanisms
551 causing the differences.

552 Climate models forecast increasing input of freshwater in the North Atlantic due to ice-melting under
553 present climate change (Brammer et al., 2018), which could reduce, or even shut-down, the deep
554 convection in the North Atlantic (Yang et al., 2016; Brodeau & Koenig, 2016). We observed a fresh
555 anomaly in the surface waters in regions close to the eastern coast of Greenland in 2016 that
556 extended to the whole Irminger Sea in 2017 (Fig. S4S6). However, at the moment, ~~thethis~~ surface
557 freshening did not hamper the deep convection in the Irminger SeaSECF region possibly because the
558 surface water also cooled, ~~which favors the preconditioning for deep convection~~. Swingedouw et al.,
559 2013 indicated that the freshwater signal due to Greenland ice sheet melting is mainly accumulating
560 in the Labrador Sea. However, no negative anomaly of S was detected in the surface waters of the
561 Labrador Sea (Fig. S4S6). It might be explained by the intense deep convection affecting the Labrador
562 Sea since 2014 that could have transferred the surface freshwater anomaly to the ocean interior.
563 This suggest that, in the last years, the interactions between expected climate change anomalies and
564 the natural dynamics of the system combined to favor very deep convection. This however does not
565 foretell the long term response to climate change.

566

567 6. CONCLUSIONS

568 During 2015 – 2018 winter deep convection happened in the Irminger SeaSECF region reaching
569 deeper than 1,300 m. It is the first time deep convection was observed in the Irminger Sea this region

570 during four consecutive winters. ~~LSW formed in the Irminger Sea from 2015 to 2018 get colder,~~
571 ~~fresher and denser, being similar in 2018 to the properties of the LSW formed in the Labrador Sea.~~

572 ~~Considering the expected increase in freshwater inputs, the atmospheric forcing and preconditioning~~
573 ~~of The atmospheric forcing and preconditioning of~~ the water column was evaluated in terms of
574 buoyancy. We showed that the atmospheric forcing is 10% weaker when evaluated in terms of
575 buoyancy than in terms of heat because of the non-negligible effect of the freshwater flux. The
576 analysis of the preconditioning of the water column in terms of buoyancy to be removed (B) and its
577 thermal and salinity terms (B_θ and B_s) revealed that B_θ dominated the B profile from the surface to
578 800 m and B_s reduced the B in the 800 – 1000 m layer because of low salinity of LSW. Deeper, B_s
579 increased B due to the deep halocline (LSW-ISOW) that acted as a physical barrier limiting the depth
580 of the convection.

581 During 2016 – 2018, the air-sea buoyancy losses were close to the climatological values and the very
582 deep convection was possible thanks to the favorable preconditioning of the water column. It was
583 surprising that these events reached convection depths similar to those observed in W2012 and
584 W2015, when the latter were provoked by high air-sea buoyancy loss intensified by the effect of
585 strong wind stress. It was also surprising that the water column remained favorably preconditioned
586 during three consecutive winters without strong atmospheric forcing. In this paper, we studied the
587 reasons why this happened.

588 The ~~favorable~~ preconditioning for deep convection during 2016 – 2018 was particularly favorable due
589 to the combination of two types of ~~hydrological-hydrographic~~ anomalies affecting different depth
590 ranges. First, the surface and intermediate waters (200—down to 800 m) ~~were~~ favorably
591 preconditioned because buoyancy (density) decreased (increased) due to the cooling caused by the
592 deep convection of W2015. Second, buoyancy (density) increased (decreased) in the layer 1,200 –
593 1,400 m due to the decrease in S caused by the lateral advection of fresher LSW formed in the
594 Labrador Sea. The S anomaly of this layer resulted in a deeper deep halocline. Hence, the cooling of
595 the intermediate water was essential to reach convection depth of 800 – 1,000 m, and the freshening
596 in the layer 1,200 – 1,400 m and the associated deepening of the deep halocline, allowed the very
597 deep convection (> 1,300 m) in W2016 – W2018.

598 **Author contribution:** PZ treated and analyzed the data. PZ and HM interpreted the results. PZ, HM
599 and VT discussed the results and wrote the paper.

600

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731 Table 1. Properties of the deep convection [in the Irminger Sea](#)[SECF](#) and in the Labrador Sea in winters
 732 2015 – 2018. We show: the maximal MLD observed, the aggregate maximum depth of convection
 733 Q3, the σ_0 , S and θ of the winter mixed layer formed during the convection event and n, which is the
 734 number of Argo profiles indicating deep convection. The uncertainties given with σ_0 , S and θ are the
 735 standard deviation of the n values considered to estimate the mean values.

SECF	Maximal MLD (m)	Q3 MLD (m)	σ_0	Salinity	θ	n
W2015	<u>1710</u>	<u>1205</u>	<u>27.733 ± 0.007</u>	<u>34.866± 0.013</u>	<u>3.478 ± 0.130</u>	<u>29</u>
W2016	<u>1575</u>	<u>1471</u>	<u>27.746± 0.002</u>	<u>34.871± 0.003</u>	<u>3.388 ± 0.032</u>	<u>3</u>
W2017	<u>1400</u>	<u>1251</u>	<u>27.745± 0.007</u>	<u>34.868± 0.007</u>	<u>3.364± 0.109</u>	<u>3</u>
W2018	<u>1300</u>	<u>1300</u>	<u>27.748± 0.001</u>	<u>34.859± 0.003</u>	<u>3.263± 0.031</u>	<u>2</u>
LABRADOR SEA	Maximal MLD	Q3 MLD	σ_0	Salinity	θ	n
W2015	<u>1675</u>	<u>1504</u>	<u>27.733 ± 0.009</u>	<u>34.842 ± 0.010</u>	<u>3.279 ± 0.036</u>	<u>41</u>
W2016	<u>1801</u>	<u>1620</u>	<u>27.743 ± 0.006</u>	<u>34.836 ± 0.010</u>	<u>3.124 ± 0.047</u>	<u>18</u>

W2017	<u>1780</u>	<u>1674</u>	<u>27.752 ±</u> <u>0.008</u>	<u>34.853 ±</u> <u>0.009</u>	<u>3.172 ±</u> <u>0.029</u>	<u>26</u>
W2018	<u>2020</u>	<u>1866</u>	<u>27.756 ±</u> <u>0.006</u>	<u>34.855 ±</u> <u>0.010</u>	<u>3.145 ±</u> <u>0.083</u>	<u>13</u>
IRMINGER SEA	Maximal MLD	Q3-MLD	σ_θ	θ	Salinity	n
W2015	1715	1310	27.732 ± 0.007	3.494 ± 0.139	34.868 ± 0.015	37
W2016	1575	1325	27.745 ± 0.004	3.444 ± 0.150	34.877 ±0.017	7
W2017	1400	1400	27.746 ± 0.006	3.324 ± 0.113	34.864 ± 0.009	4
W2018	1300	1100/1300*	27.751 ± 0.007	3.188 ± 0.058	34.854 ± 0.013	10
LABRADOR SEA	Maximal MLD	Q3-MLD	σ_θ	θ	Salinity	n
W2015	1675	1504	27.733 ± 0.009	3.279 ± 0.036	34.842 ± 0.010	41
W2016	1801	1620	27.743 ± 0.006	3.124 ± 0.047	34.836 ± 0.010	18
W2017	1780	1674	27.752 ± 0.008	3.172 ± 0.029	34.853 ± 0.009	26
W2018	2020	1866	27.756 ± 0.006	3.145 ± 0.083	34.855 ± 0.010	13

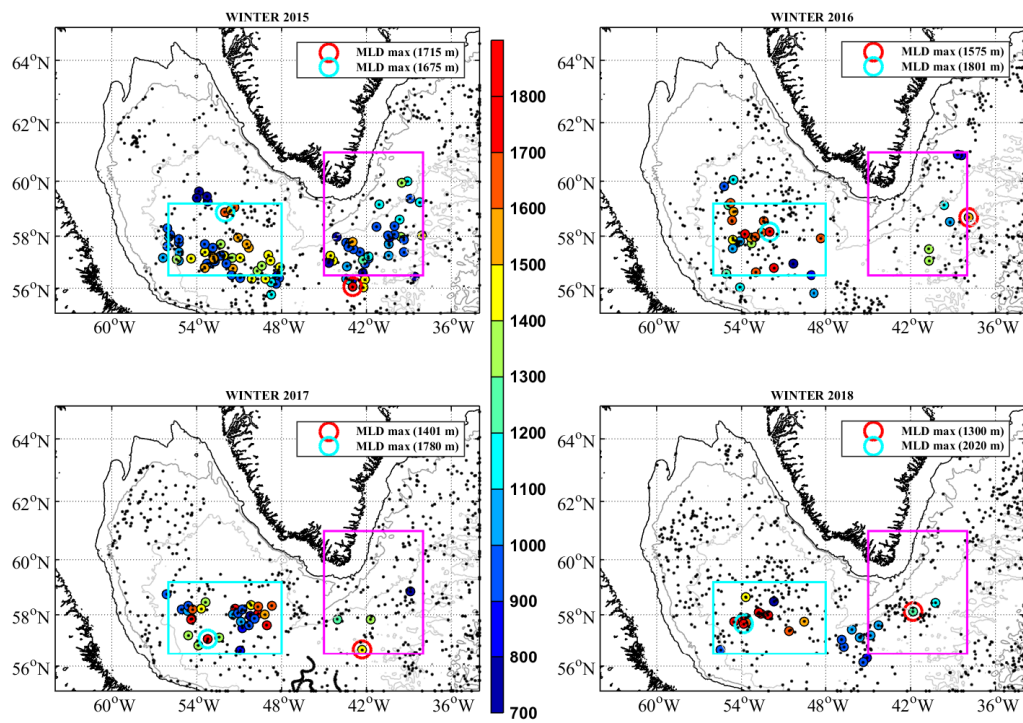
736 *Q3 estimated when the data of Float 5903102 were excluded of the analysis. We exclude them
737 because their MLDs matched with the maximal depth dived by the float.

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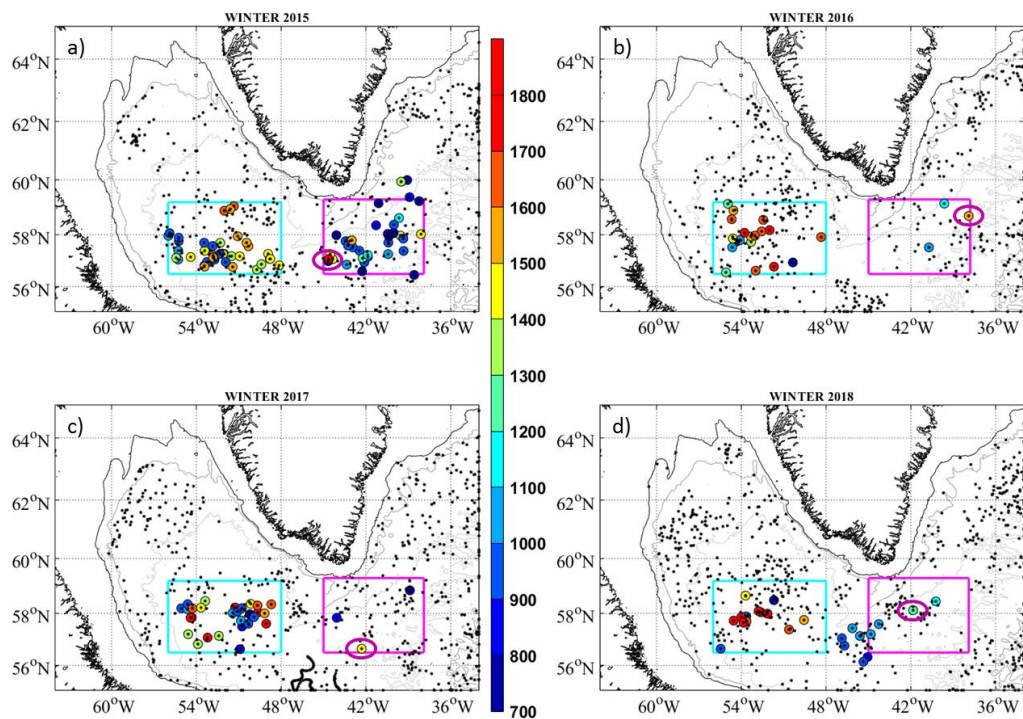
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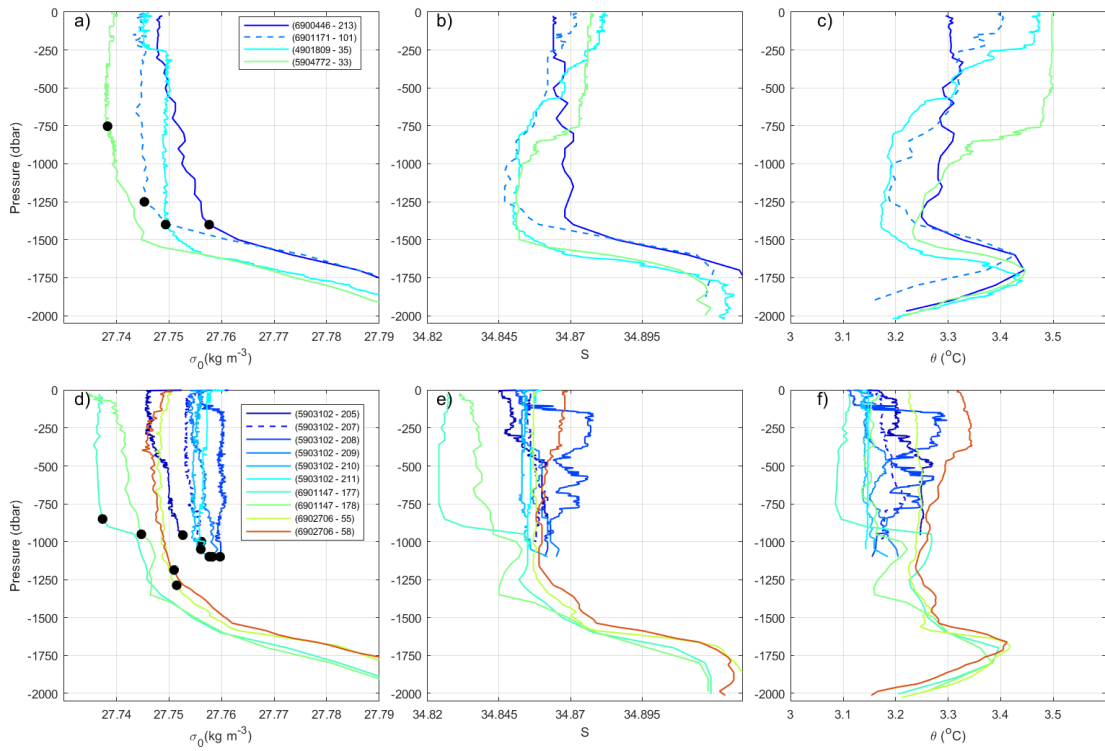


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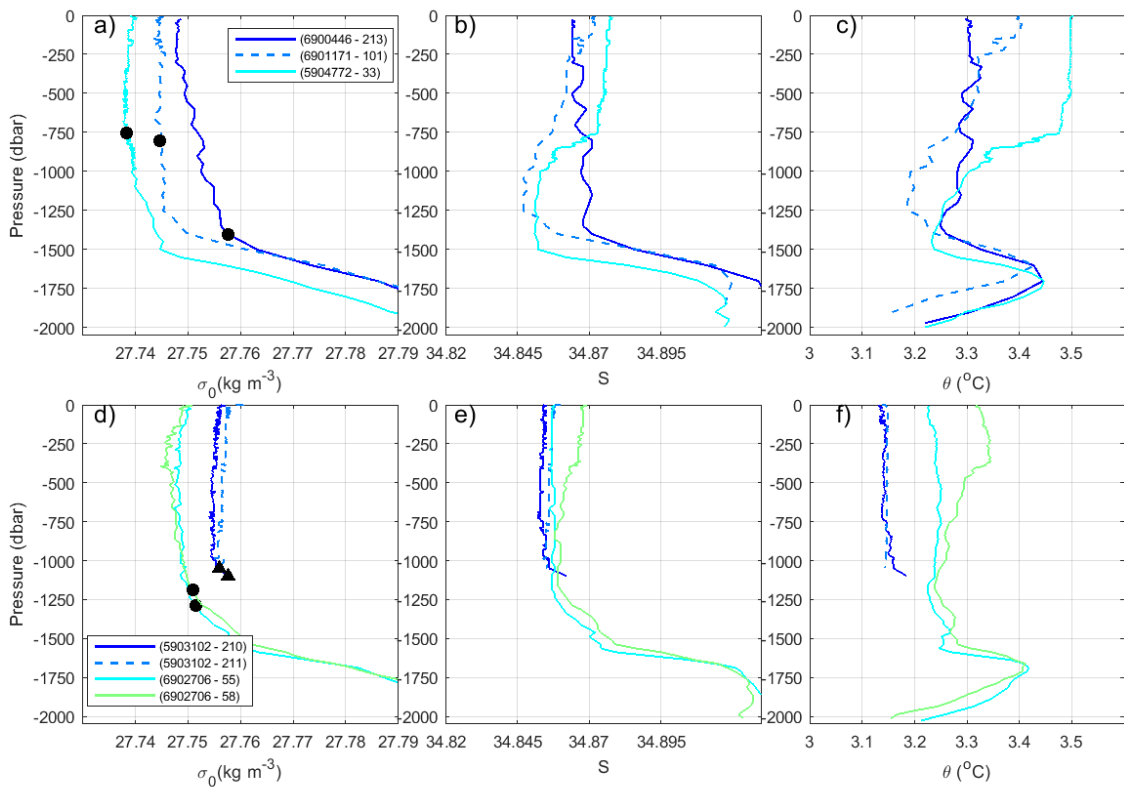
745 **Figure 1.** Position of all Argo floats north of 55°N in the Atlantic between 1 January and 30 April a)
 746 2015, b) 2016, c) 2017 and d) 2018 (small-black and colored points). The colored big-points and

747 colorbar indicate the ~~depth of the~~ mixed layer depth (MLD) when MLD deeper than 700 m, ~~which~~
748 ~~indicates deep convection.~~ The pink circles ~~correspond to indicate~~ the positions of the ~~profiles with~~
749 ~~the maximum~~ MLD ~~for the given box~~ observed SECF each winter. The pink and cyan boxes delimit
750 the regions used for estimating the time series of atmospheric forcing and the vertical profiles of
751 buoyancy to be removed in the ~~Irminger Sea~~ SECF region and Labrador Sea, respectively (Irminger
752 Sea: 56.5°N – ~~61.0~~59.3°N and 45.0°W – 38.0°W, Labrador Sea: 56.5°N – 59.2°N and 56°W – 48°W).

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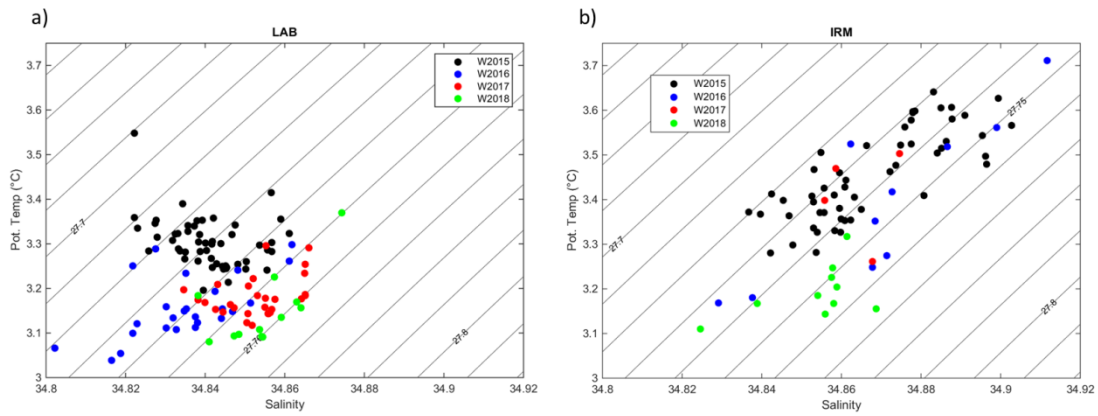
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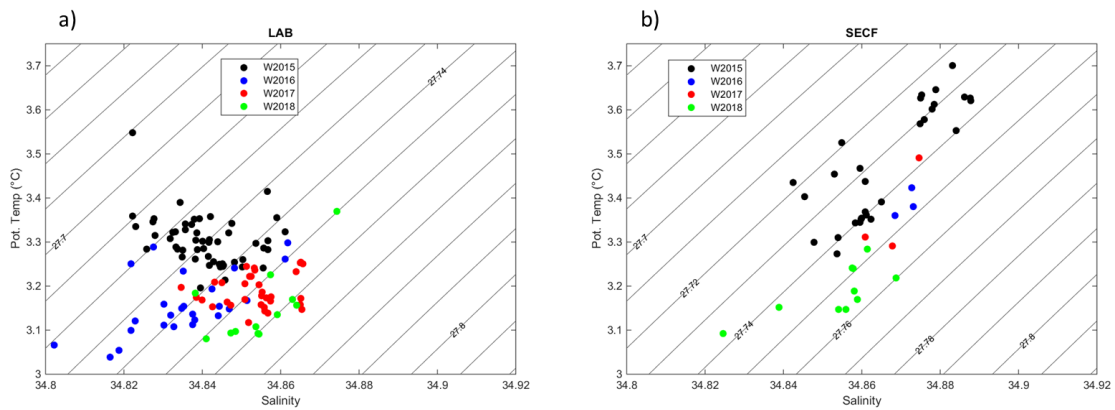
Figure 2. Vertical distribution of σ_0 , S and θ of Argos profiles showing MLD deeper than 700 m in the Irminger SeaSECF in Winter 2017 (a, b and c) and in Winter 2018 (d, e, f). The black points indicate

757 the MLD in each profile. The triangles in d) are the MLD which coincided with the maximal profiling
758 pressure reached by the float. In the legend, the float and cycle of each profile are indicated.

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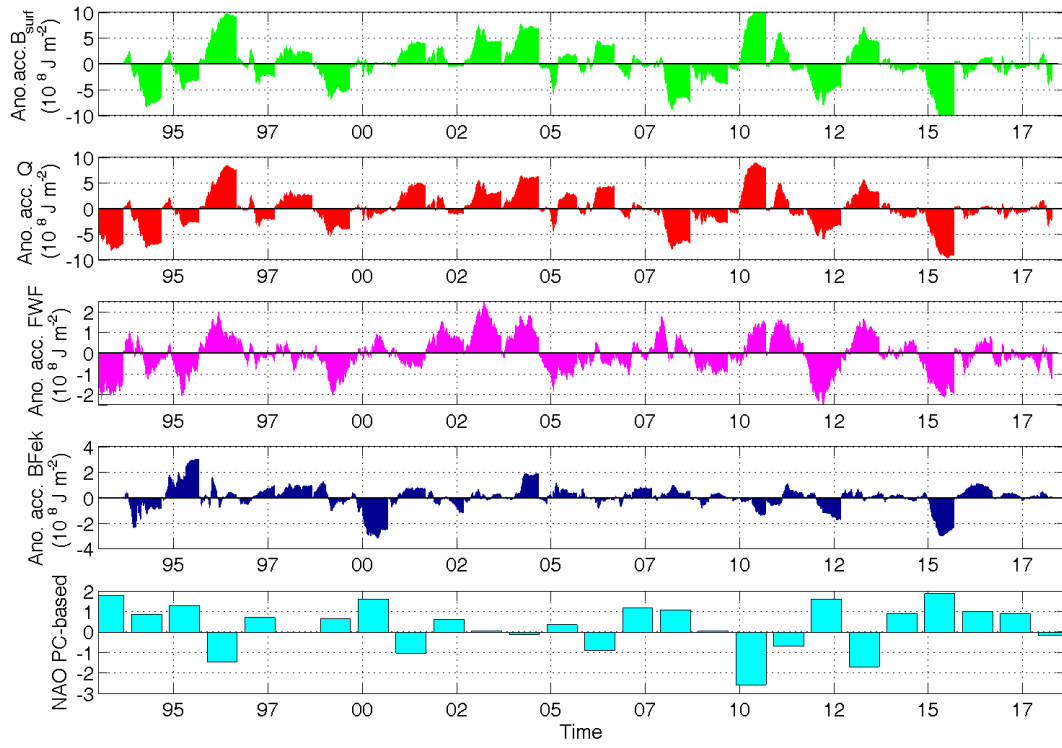
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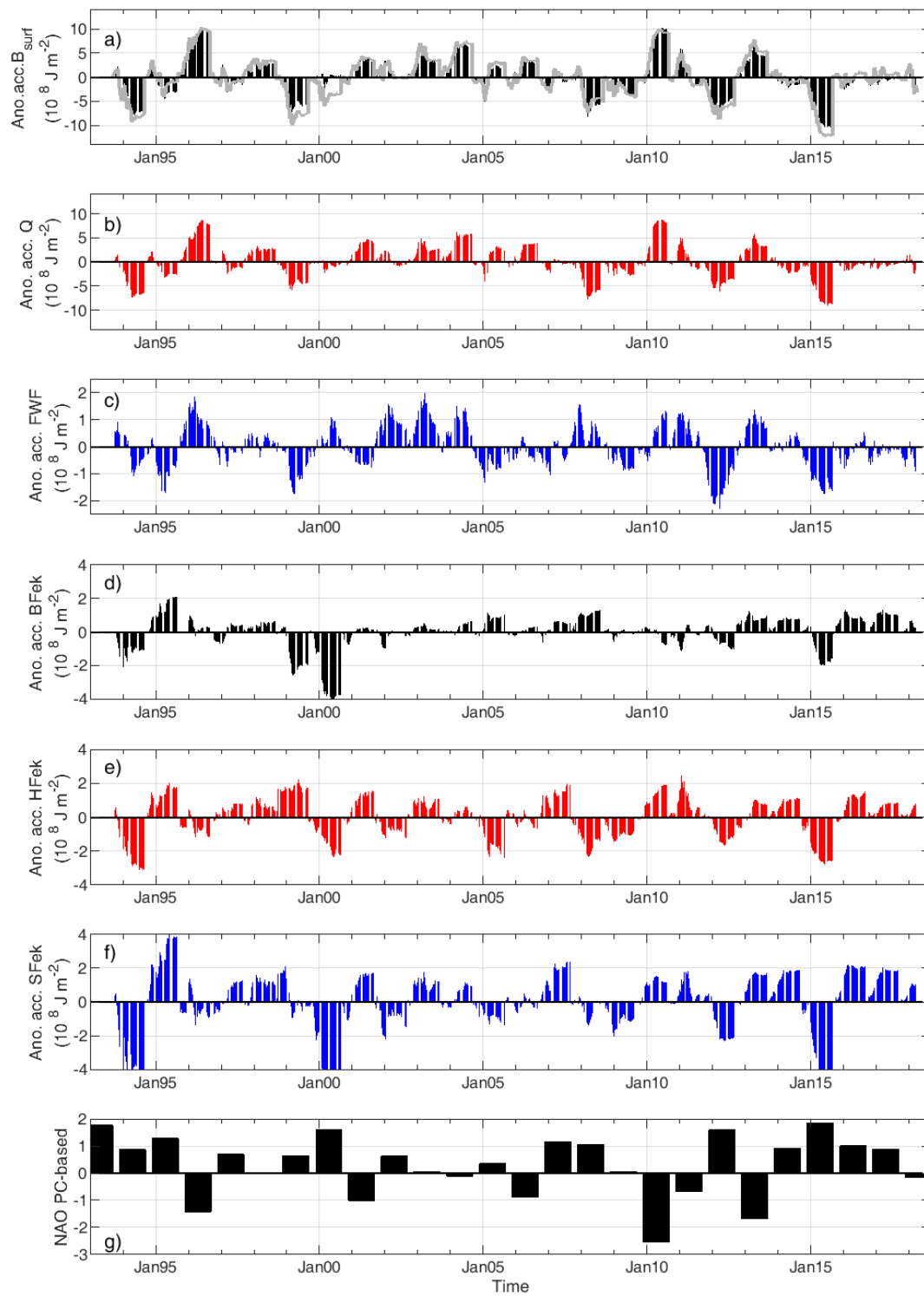
762 **Figure 3.** TS diagrams in the mixed layer for profiles with MLD deeper than 700 m during winters
763 2015, 2016, 2017 and 2018 for a) the Labrador Sea and b) SECF. The properties of the mixed layers
764 were estimated as the vertical means between 200 m and the MLD. Diagram TS of the n profiles with
765 MLD deeper than 700 m found a) in the Labrador Sea and b) in Irminger Sea, in the winters 2015,
766 2016, 2017 and 2018. The properties of each profile were estimated as the vertical mean between
767 200 m and the MLD.

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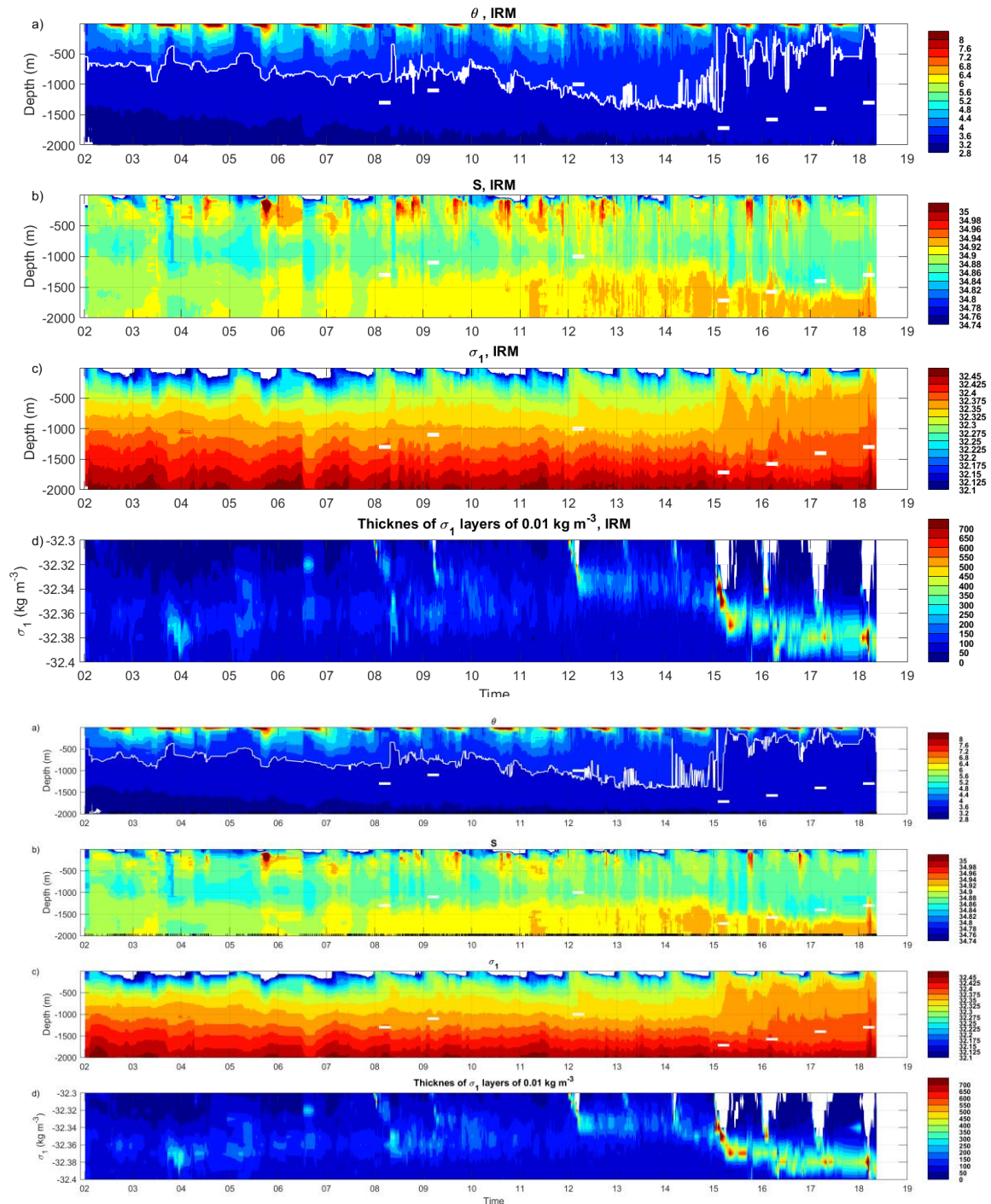
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Figure 4. Time series of anomalies of accumulated [a\) \$B_{surf}^*\$](#) , [b\) \$Q\$](#) , [c\) \$FWF^*\$](#) [d\) \$BF_{ek}\$](#) , [e\) \$HF_{ek}\$](#) and [f\) \$SF_{ek}\$](#)

771 averaged in the SECF region. B_{surf}^* , Q , FWF^* and BF_{ek} , averaged in the Irminger Sea. They are
 772 anomalies with respect to 1993 – 2016. The accumulation was from 1 September to 31 August the
 773 following year. The winter NAO index (Hurrell et al., 2018) is also represented in the bottom panel).
 774 Gray line in a) is the sum of the anomalies of accumulated B_{surf}^* and BF_{ek} . Note that the range of
 775 values in the y-axis is not the same in all the plots.



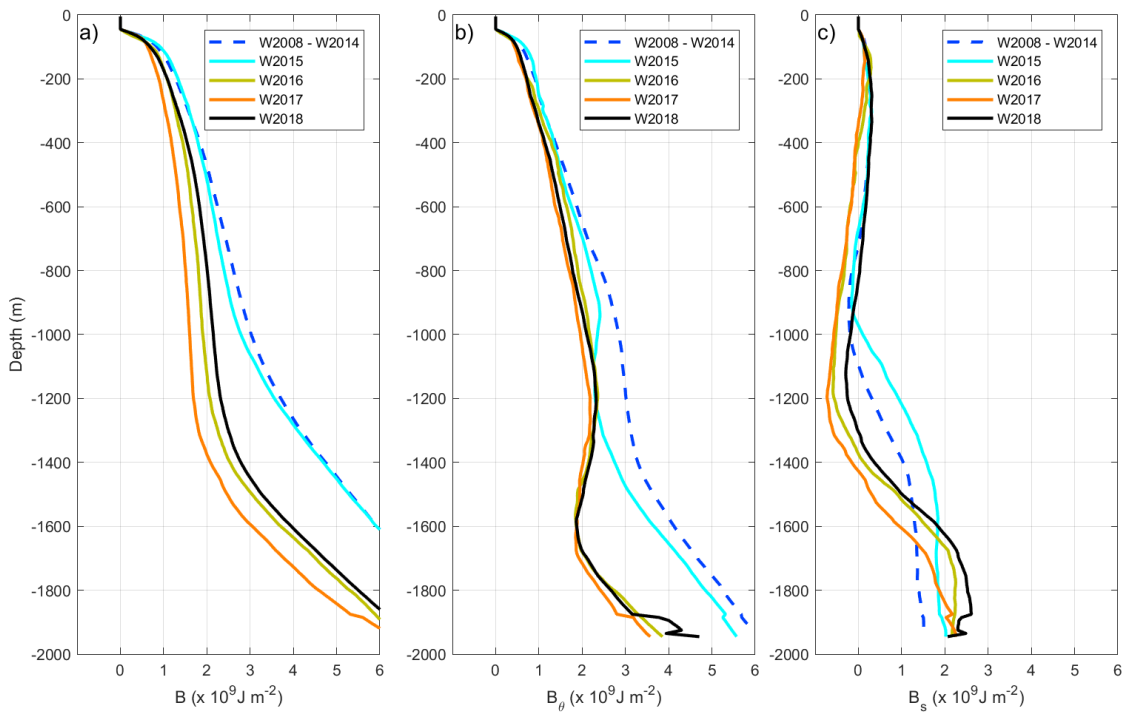
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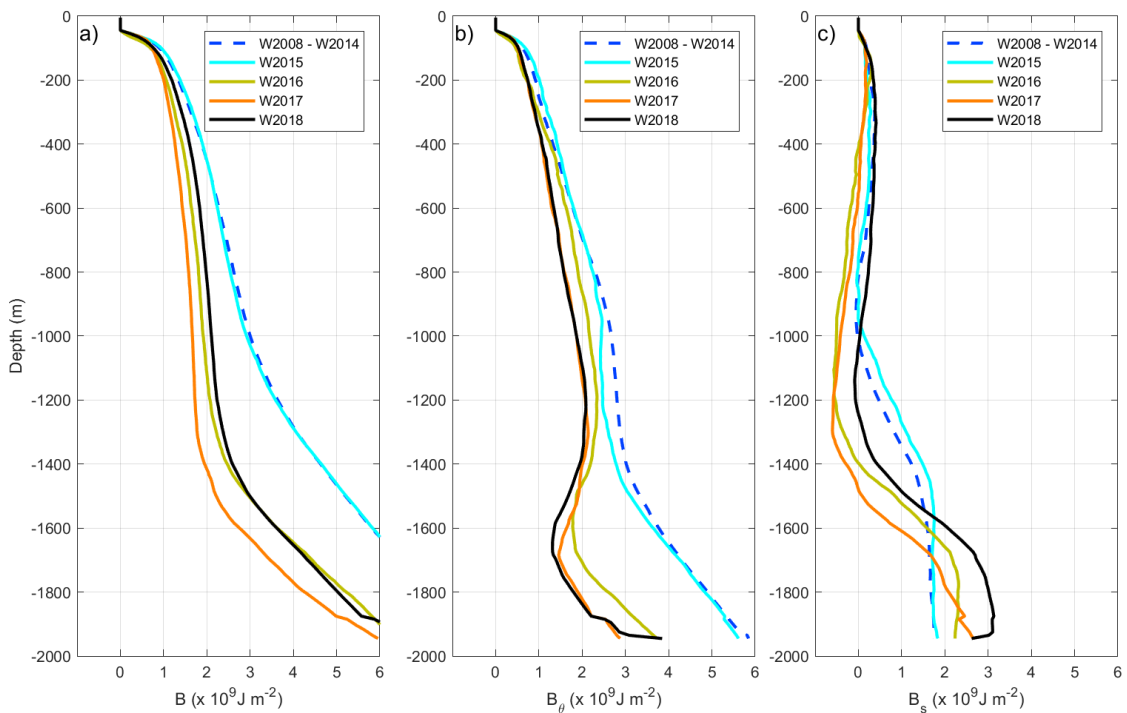
778 **Figure 5.** Time-evolution of vertical profiles measured from Argo floats in the Irminger Sea
 779 region: a) θ ; b) S ; c) σ_1 and d) thickness of 0.01 kg m^{-3} thick σ_1 layers. The white horizontal bars in

780 | plots a), b) and c) indicate the maximal convection depth observed in the Irminger Sea or SECF when
781 | deep convection occurred. The white line in plot a) indicates the depth of the isotherm 3.6 °C. The
782 | black vertical ticks on the x-axes of plot b) indicate times of Argo measurements. These figures were
783 | created from all Argo profiles reaching deeper than 1000 m in the ~~IRM~~SECF region (56.5° – ~~61~~59.3°N,
784 | 45°– 38°W, pink box in Fig. 1). The yearly numbers of Argo profiles used in this figure are shown in
785 | Fig. S54.
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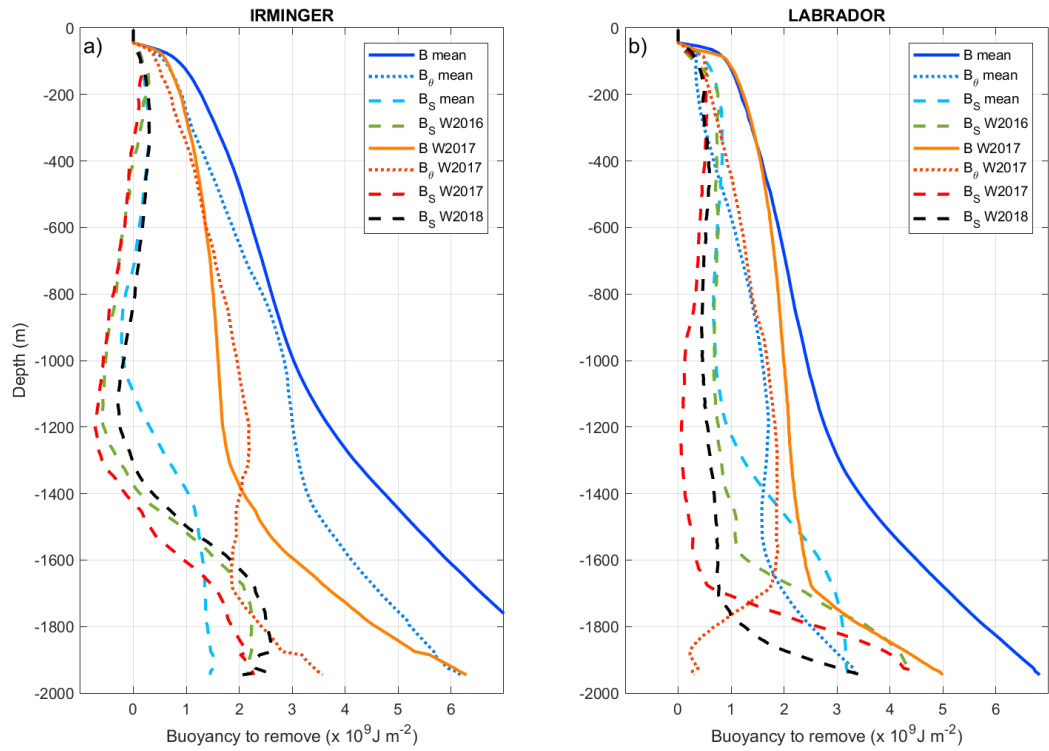


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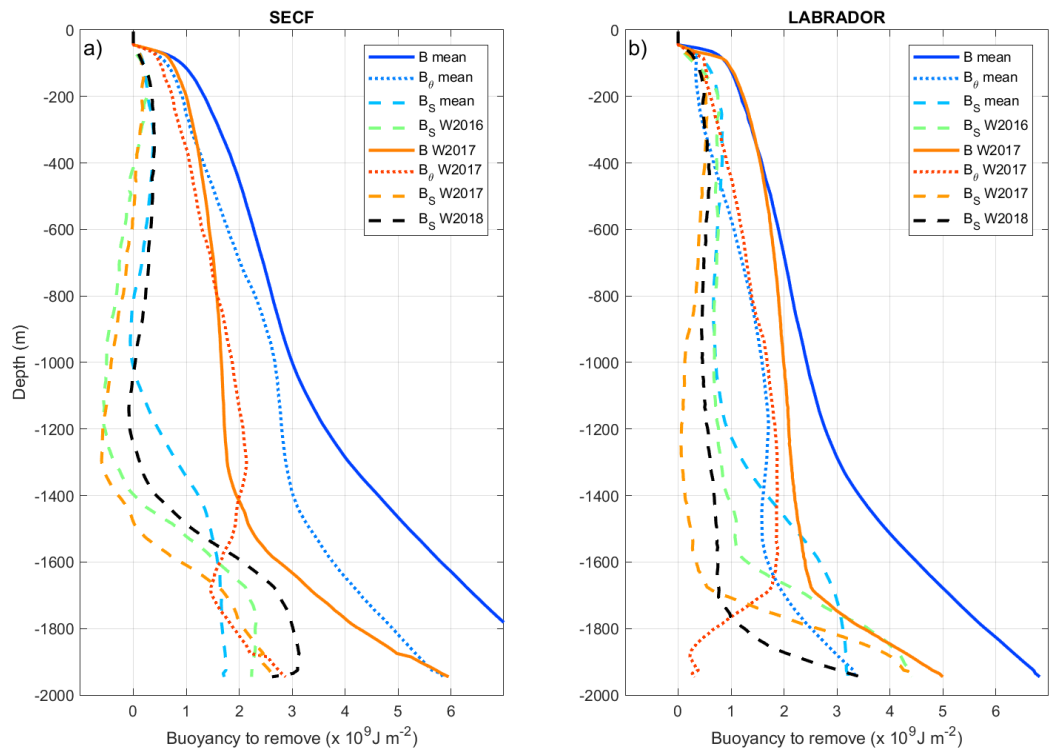


789 **Figure 6.** Vertical profile of a) the ~~total~~ buoyancy to be removed (B), b) the thermal component (B_{θ})
790 and c) the salinity component (B_s). They were calculated from all Argo data measured in the Irminger
791 SECF box (see Fig. 1) in September before the winter indicated in the legend. For W2015 and W2018,

792 we considered data from 15/08/2017 to 30/09/2017 because not enough data were available in
 793 | September-2017. The number of Argo profiles taken into account to estimate the B profiles was more
 794 than ten for all the winters.



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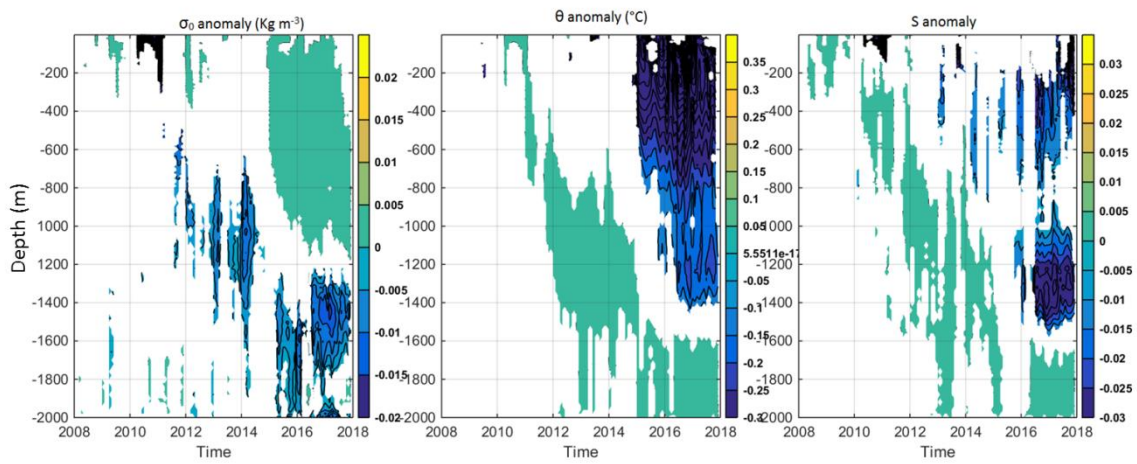
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797 Figure 7. Decomposition of profiles of Buoyancy to be removed (B , continuous lines) in its thermal
798 (B_{θ} , ~~point-dotted~~ lines) and salinity (B_s , ~~discontinuousdashed~~ lines) components in a) the ~~Irminger~~
799 ~~SeaSECF region~~; b) the Labrador Sea. ~~To compare the mean 2008 – 2014 with W2017 compare~~
800 ~~reddish lines with bluish lines.~~The B_s component in W2016 and W2018 ~~was-were~~ added ~~in-order~~ to
801 show the evolution of the depth of the deep halocline ~~in both the Irminger Sea and the Labrador Sea.~~

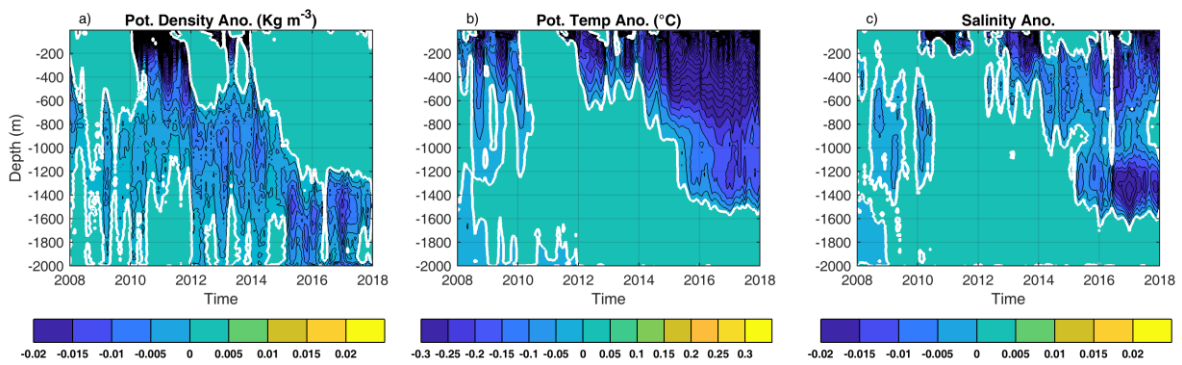
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(58 °N - 40 °W)



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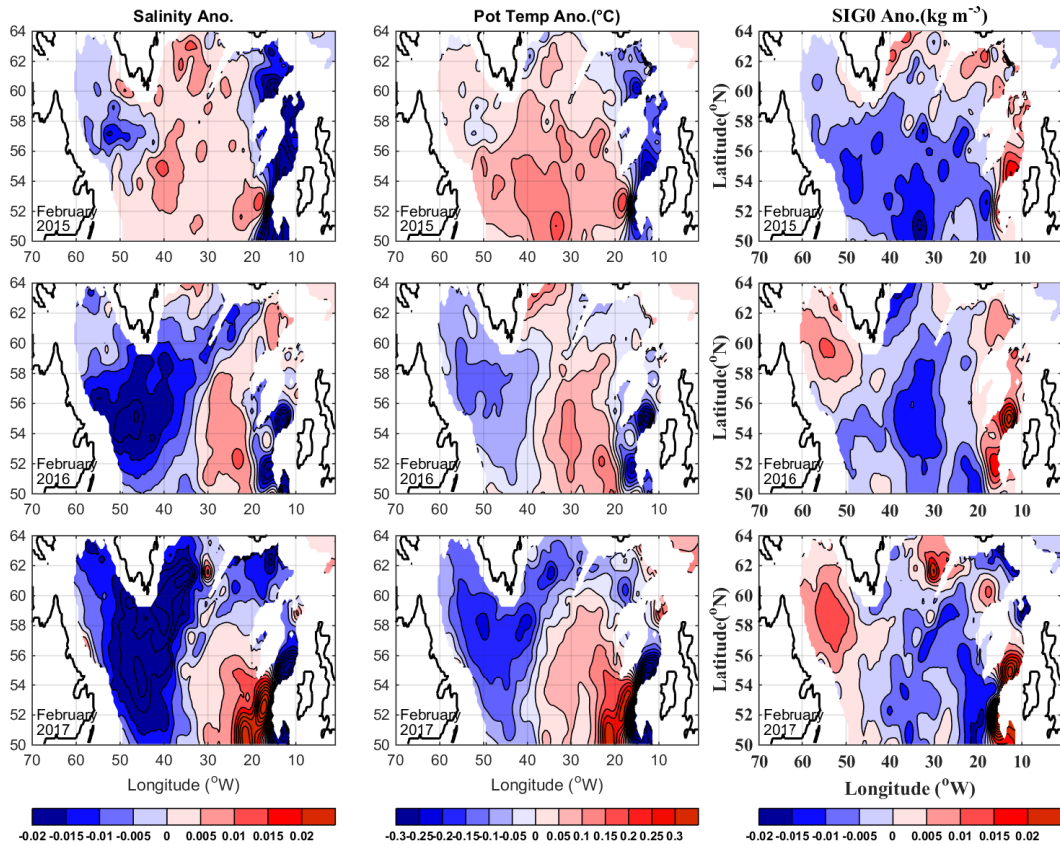
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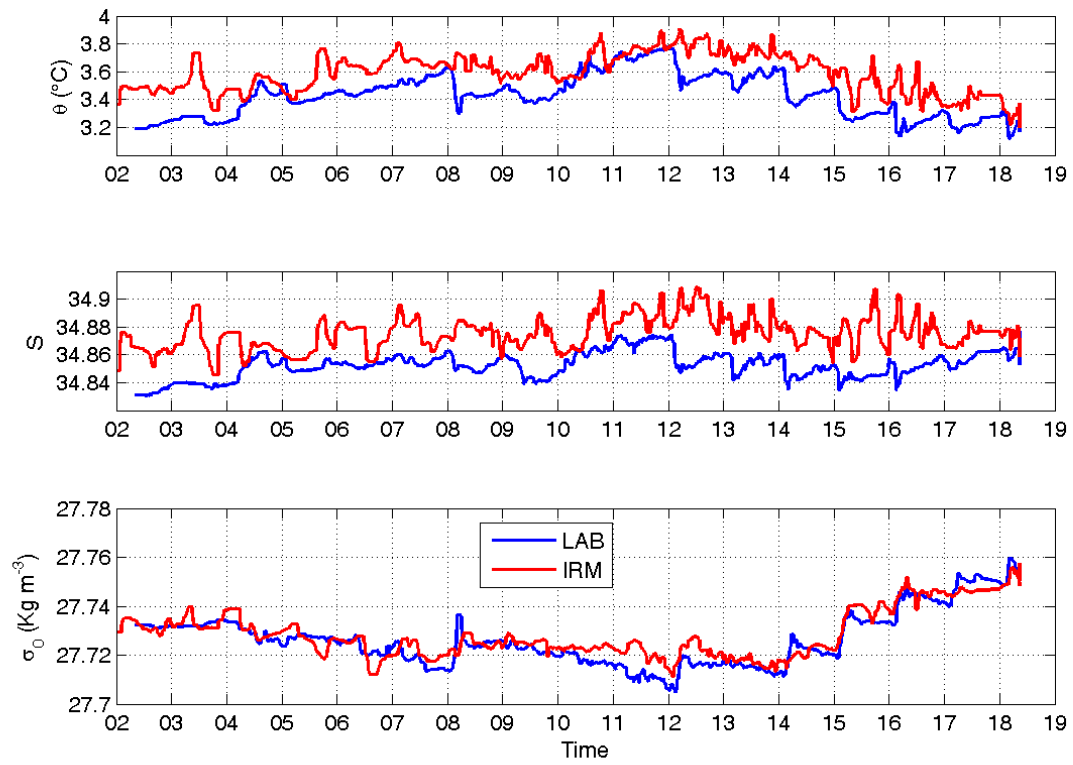
Figure 8. Evolution of vertical profiles of monthly anomalies of a) σ_0 (left panel), b) θ (central panel) and c) S (right panel), at 59°58'N, 40°W in the Irminger Sea. The anomalies were estimated from the ISAS database (Gaillard et al., 2016), and they were referenced to the monthly mean estimated for 2002 – 2016. We represented only anomalies larger than one standard deviation of the mean and since 2008 in order to see clearly the recent changes. All anomalies are displayed in Fig. S3.



811
 812 **Figure 9.** Horizontal distribution of the anomalies of S (left panels), θ (central panels) and σ_0 (right
 813 panels) in the layer 1200 – 1400 m in February 2015 (upper panels), February 2016 (central panels)
 814 and February 2017 (lower panels). The monthly anomalies were estimated from ISAS database
 815 referenced to the period 2002 – 2016.

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Properties in the LSW core (700 - 900 m)



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818 Figure 10. Time evolution of the properties of the LSW core (700—900 m) in the Irminger Sea (red)
819 and Labrador Sea (blue), estimated from all Argo data in the pink and cyan boxes in Fig. 1.

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