



# A Study of the Variability of the Benguela Current

Sudip Majumder<sup>1</sup> and Claudia Schmid<sup>2</sup>

<sup>1</sup>Cooperative Institute for Marine and Atmospheric Studies, University of Miami, Miami, Florida, USA. <sup>2</sup>Atlantic Oceanographic and Meteorological Laboratory, NOAA, Miami, Florida, USA.

Correspondence to: Sudip Majumder (sudip.majumder@noaa.gov)





**Abstract.** The Benguela Current forms the eastern limb of the subtropical gyre in the South Atlantic and transports a blend of relatively fresh and cool Atlantic water as well as relatively warm and salty Indian Ocean water northward. Therefore, it plays an important role not only for the local freshwater and heat budgets but for the overall meridional heat and freshwater transports in the South Atlantic. Historically, the Benguela Current region is relatively data sparse, especially with respect to

- 5 long-term observations. A new three dimensional data set of the horizontal velocity in the upper 2000 m that covers the years 1993 to 2015 is used to analyze the variability of the Benguela Current. This data set was derived using observations from Argo floats, satellite sea surface height and wind fields. The main features of the horizontal circulation observed in this data set are in good agreement with those from earlier observations based on more limited data sets. Therefore, it can be used for a more detailed study the flow pattern as well as the variability of the circulation in this region. It is found that the mean meridional
- 10 transport in the upper 800 m between the continental shelf of Africa and  $3^{\circ}$ E, decreases from  $23\pm3$ Sv at  $31^{\circ}$ S to  $11\pm3$ Sv at  $28^{\circ}$ S.

In terms of variability, the 23-year long timeseries at  $30^{\circ}$ S and  $35^{\circ}$ S reveal phases with large energy densities at periods of 3 to 7 months, which can be attributed to the occurrence of Agulhas rings in this region. The prevalence of these rings is also behind the fact that the energy density at  $35^{\circ}$ S at the annual period is smaller than at  $30^{\circ}$ S, because the former latitude

15 is closer to Agulhas retroflection and therefore more likely to be impacted by the Agulhas rings. In agreement with this, the energy density associated with mesoscale variability at  $30^{\circ}$ S is weaker than at  $35^{\circ}$ S. With respect to the forcing, the significant correlation between the Sverdrup balance derived from the wind stress and the observed transports at  $30^{\circ}$ S is 0.7. No significant correlation between these parameters was found at  $35^{\circ}$ S.



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## 1 Introduction

The broad northward flow following the west coast of southern Africa from Cape Agulhas (35°S) to Cape Frio (18.4° S) (Garzoli and Gordon, 1996) is the Benguela Current which constitutes the eastern limb of the south Atlantic sub-tropical gyre. The Benguela Current transports water masses carried into the Cape Basin by the South Atlantic Current, the Antarctic Circumpolar Current and the Agulhas Current (Gordon et al., 1992). The contribution from the Agulhas Current consists of warm, salty Indian Ocean water that enters the Atlantic in the Agulhas Retroflection Region via the shedding of rings and the Agulhas leakage (Lutjeharms and Van Ballegooyen, 1988). Agulhas rings are large (with diameter 300-400 km) and extremely energetic (Olson and Evans, 1986), in fact, the ring shedding region is characterized by significantly higher level of eddy kinetic energy than observed in the other parts of the world ocean in the southern hemisphere (Ducet et al., 2000). On average, the Agulhas

10 rings transfer about 10-15 Sv into the Atlantic in the upper 1000 m (Peterson and Stramma, 1991). Because of their water mass characteristics they are important for the heat and freshwater budget in the South Atlantic.

From its origin in the Cape Cauldron (Boebel et al., 2003) the Benguela Current flows northward along the west coastline of Africa and feeds into the southern South Equatorial Current (Stramma, 1991) which flows in a westerly direction between 8°S

- 15 and 22°S (Rodrigues et al., 2007). At intermediate depth, the flow towards South America is more zonal, and once it reaches the boundary in the Santos Bifurcation (Boebel et al., 2003), about two third of the intermediate water contributing to the Brazil Current and one third to the northward flowing Intermediate Western Boundary Current (Schmid et al., 2000; Boebel et al., 2003).
- 20 The Benguela Current plays a key role for the Atlantic Meridional Overturning Circulation (AMOC) by transporting heat and salt from the Indian Ocean northwards. The AMOC is important for the global energy budget and is believed to be linked with multiple regional and global climate phenomenon as well as extreme weather events in the North America and around the globe (Sloyan and Rintoul, 2001; Haarsma et al., 2005; Garzoli and Matano, 2011; Lopez et al., 2016).
- Recent model-based studies suggested that heat transfer to the North Atlantic by the Benguela Current increased due to an increase of the Indian Ocean inflow through the Agulhas leakage in 1965 to about 1990 (Biastoch et al., 2009, 2015). This increase was attributed to a strengthening of the Agulhas Current (Biastoch et al., 2009) because of a poleward shift of Southern hemisphere westerlies as reported in many studies based on climate models (Cai, 2006; Yang et al., 2016; Saenko et al., 2005). An increase in the Indian Ocean inflow could result in increased heat and salt transports into the South Atlantic causing
- 30 salinification there, which could gradually extend into the North Atlantic (Biastoch et al., 2009). From about 1990 on, no significant change of the Agulhas leakage was detected by Biastoch et al. (2015) (their Figure 4). In agreement with this, a recent observational study by Beal and Elipot (2016) found that the Agulhas Current has not strengthened during the period 1993 to 2015. Instead, it has been broadening. Beal and Elipot (2016) observed that intensifying winds strengthen the eddy kinetic





energy of the Agulhas Current, but do not increase its mean transport.

As part of an early effort (Benguela Sources and Transport Experiment, BEST) based on direct current measurement with a moored current meter array and inverted echo sounders Garzoli and Gordon (1996) derived a northward transport of about 13 Sv across 30° S, between the Walvis Ridge in the west and the African coast in the east. They observed that 50 % of the merid-

- 5 ional transport in the upper 1000 m at this latitude consists of waters from the South Atlantic, 25% from the Indian Ocean and the remaining 25% is a mix of water from the Indian and the tropical Atlantic Ocean. In addition, Garzoli and Gordon (1996) reported that the Benguela Current at 30°S between the African coast and 8°E consists of a relatively steady northward flow. Farther east, they found that the flow becomes transient between 8°E and the Walvis Ridge at 3°E due to the influence of Agulhas rings. Complementing the BEST program a Benguela Current Float Experiment was conduced during 1997 1999 in
- 10 an attempt to directly measure the northward flow of intermediate water using Lagrangian RAFOS floats in conjunction with moored sound sources and CTD/O2/LADCP profiles (Richardson and Garzoli, 2003). These observations suggested that the Benguela Current Extension (also called southern South Equatorial Current) in the upper 750 m is located between 35°S and 20°S. They reported that the westward transport of intermediate water in this current was about 15 Sv between 22°S and 35°S.
- Even though the Benguela Current region features interesting physical processes, constitutes the eastern limb of the Meridional Overturning Circulation in the South Atlantic, and has an impact on an important up-welling region near the African Coast with high biological productivity, no long-term measurement of this current is available.

In this study, using extensive observations from Argo and altimetry, we provide a 23 year long time series as well as the means of the transport of the Benguela Current. This data set provides horizontal velocities from observations in the upper 2000 m at a higher resolution in space and time than was available in earlier studies. Based on this data set, the variability of the Benguela Current from seasonal to interannual scales is analyzed. The results from this study will improve the knowledge of the flow patterns and will be helpful for model validation in this region. The primary goal of this manuscript is to improve the understanding of the variability of the Benguela Current transport between 25°S and 35°S.

#### 25 2 Data and Methods

The methodology and the details of the product (called, Argo & SSH) are described in Schmid (2014). Improvements were implemented and the time series was extended in preparation for a study of the Meridional Overturning Circulation in the South Atlantic. Details about this can be found in Majumder et al. (2016). A short summary of the methodology for deriving the velocity fields follows:

(i) temperature and salinity profiles from Argo floats measured in the years 2000 to 2015, are used to calculate dynamic height;
 (ii) to improve the monthly spatial data coverage, fits between sea surface height (SSH) from AVISO (AVISO, 1996) and the dynamic heights are used to derive synthetic dynamic height profiles on a 0.5×0.5 grid;





(iii) these synthetic dynamic height fields are used to calculate geostrophic velocities relative to a level of no motion;

(iv) absolute geostrophic velocity fields are obtained by adjusting the geostrophic velocity by using velocity fields obtained from the trajectories of subsurface floats;

(v) and, finally, the Ekman component, estimated from NCEP2 reanalysis winds (Kanamitsu et al., 2002), is added to the derived velocity fields.

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The resulting timeseries is an extension of the one used by Majumder et al. (2016) and covers the years 1993 - 2015, of which the first seven fall in the pre-Argo period. This extension of the time series is based on the assumption that the relationship between SSH and dynamic height do not change much over time (Dong et al., 2015; Lopez et al., 2017).

10 The derived gridded monthly velocity fields are used to estimate volume transports in the Benguela Current region. Wind stress curl and the Sverdrup stream functions are estimated using European Reanalysis interim wind fields (ERA interim) (Dee et al., 2011). This wind field has a 0.75-degree resolution and is available for the years 1979 to 2016.

Following Garzoli and Gordon (1996) the Benguela Current transport at  $30^{\circ}$ S is derived by integrating it between the African 15 coast  $3^{\circ}$ E. Due to the spatial flow pattern of the Benguela Current (Figure 1) the same longitude limit is used at all latitudes.

## 3 Results

## 3.1 Structure of the Benguela Current

Climatologies of currents at 15 m and transports in the upper 800 m in Figure 1 clearly visualize the northwestward flowing Benguela Current and shows that it is fed by water from the southern Atlantic as well as the Indian Ocean. The former mostly
comes from the South Atlantic Current while the latter enters the South Atlantic via the Agulhas Retroflection. Between 35°S and 30°S the meridional velocity within the Benguela Current weakens as the current turns more westward (Figure 1a). Similar to Garzoli and Gordon (1996) two regimes with different flow patterns are identified. The eastern (steady) regime near the African coast is characterized by relatively strong northward flow while the western (transient) regime is dominated by meanders and eddies. For example, the flow at 15 m in the transient regime at 30°S is mostly zonal and meanders slightly.
Farther south the flow in the transient regime does not reveal any preferred direction. In addition to these distinct regimes, a

recirculation feature is observed in the western part of the box. This recirculation feature centres at about 6°E, 33°S, and is formed between the Walvis ridge in the west and the Vima seamount in the east (Figure 1).

The steady regime at 30°S is broader than at 35°S, extending from the African coast to about 8°E (Figure 1). The mean velocity field indicates that the northward flow at 35°S in this regime may occur in two branches. The eastern one, between about 15°E and the African coast, is dominated by the meridional flow. In contrast to this, the western one, between 12°E to 15°E, has zonal velocities that are as large as the meridional velocity. In addition, the magnitude of the velocity and transport



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are about twice as large as farther east.

The vertical structure of the climatological meridional velocity in the upper 1500 m also clearly distinguishes the steady and the transient regimes at 35°S and 30°S (Figure 2). In the steady regime, the northward flow dominates throughout most of the upper 1500 m, especially at 35°S. The exception of this is the southward Benguela Undercurrent near the eastern end of the section at 30°S from about 600 m on downward.

The Benguela Current on its way to the north loses its strength significantly between 35°S and 30°S (Figure 2). In addition, at 35°S the meridional velocity of this current has two branches distinguished by a factor of two in strength. These branches
are separated by a less deep reaching flow near 15°E. Compared to the steady regime the northward velocity is much smaller in the transient regime, and it even shows alternating sign at 35°S. The Benguela Current completes its westward turn at 30°S resulting a relatively weak meridional velocity at this latitude (Figure 1).

Before proceeding to zonal integrals of the transport it has to be noted that Argo & SSH does not contain velocities in boxes
that are shallower than 1000 m at the center (as can be seen in Figure 2). One way to assess how much transport occurs in these shallow regions on average is to use the easternmost near-surface velocity at each latitude to derive an approximate transport in the regions that are missing. The average northward velocities of 5 cm/s for 30°S and 10 cm/s for 35°S yield 2.0 Sv and 1.8 Sv, respectively. These transports are about 10 % of the mean meridional transports at these two latitudes.

The mean meridional transport of the Benguela Current in the upper 800 m ranges from 9±3 Sv to 23±3 Sv (Figure 3; whenever possible transports are represented as mean ± standard deviation). In the upper 1000 m, the range is 10±3 Sv to 26±3 Sv. The transports in the upper 1000 m are between 5% and 25% (1% and 5%) higher south (north) of 29°S than those integrated over the upper 800 m. The agreement with estimates from previous studies is mostly good if one keeps in mind that most of them are for synoptic sections and use different vertical integration limits. In addition, their zonal integration limit in the west varies from Greenwich Meridian to 3°E. For example Clement and Gordon (1995) and Stramma and Peterson (1989) both use Greenwich Meridian as the western edge of the Benguela Current at 32°S, where as Garzoli and Gordon (1996) integrated to 3°E to obtain transport at 30°S.

Between 35°S and 31°S, the transports are relatively stable when keeping the standard deviations in mind. From 31°S to 28°S the transport in the upper 800 m (1000 m) decreases from 23±3 Sv to 11±3 Sv (26±3 Sv to 12±3 Sv). This can be attributed to the westward turn of the flow as the Benguela Current feeds into the southern South Equatorial Current. North of 28°S the transport are, once again relatively stable.





#### 3.2 Transport Budget and its Uncertainties

The transport budget of the volume transport in the upper 800 m is assessed across three sides of the box ABCD depicted in Figure 1. Time series of the volume transport (Figure 4) yield mean values of  $18\pm3$  Sv and  $19\pm3$  Sv across lines AB (at  $30^{\circ}$ S) and CD (at  $35^{\circ}$ S) of the box. More variable transports of  $8\pm4$  Sv and  $7\pm4$  Sv cross lines AC (at  $3^{\circ}$ E) and BD (parallel to the shelf break). Combining these four transports reveals that, on average, a balance in volume transport exists in the upper 800 m within the box. However, the transport budget in Figure 4e reveals times when the budget is not closed (the discrepancy can exceed 5 Sv). The reason for this could be:

(i) integration of the transport to the same depth limit for all three sides of the box, (ii) transport at shallow depths near the African coast that are not represented in the used velocity field, (iii) a vertical transport into the box from deeper layers, and (v) a surface freshwater flux. These factors are discussed in the following.

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It is found that both at 30°S and at 35°S,  $27kg/m^3 \sigma_0$  isopycnal lies at a depth of 800 m ± 50 m (not shown). This indicates that the choice of 800 m as the depth limit for all three sides of the box can not give rise to a significant cross-isopycnal transport. With respect to the impact of flow in shallow regions, as mentioned in the previous section, Argo & SSH misses about 2 Sv near the coast both at 30°S and 35°S. Since the missed transports at the lines AB and CD are almost the same, they do not contribute to the imbalance.

Investigating the contribution due to a vertical transport through the bottom of the box can be done by approximating the Ekman transport using an upwelling velocity derived from the mean wind stress curl of  $1.5 \times 10^{-7} N/m^3$  within the box. This velocity is  $0.2 \times 10^{-3}$  cm/sec which corresponds to a transport of about 1.5 Sv. Because the Ekman depth is 65 m the vertical transport at 800 m is likely to be smaller.

An estimate of the transport due to a surface freshwater flux is calculated using the climatological 'evaporation - precipitation' from European Center for Medium range Weather Forecasting (ECMWF) reanalysis. ECMWF's ERA-40 (*http:* //www.ecmwf.int/s/ERA - 40\_Atlas/docs/section\_B/parameter\_emp.html) has a climatological mean in the range of 2 to 4 mm/day in the box that does not vary much from season to season. Based on a net surface freshwater flux of 3 mm/day (about 90 mm/month) the net transport into the box is 0.02 Sv. This transport is much smaller than the observed imbalance

of 7 Sv. To achieve a gain of 1 Sv transport through the ocean surface, freshwater input would have to be about 50 times larger than the typical value in this region (4.5 m/month). This indicates that the surface freshwater input can not contribute significantly to the imbalance.

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Overall, these estimates lead to the conclusion that processes discussed herein may not contribute significantly to the uncerainties in the transport budget.





## 3.3 Temporal Variability of the Benguela Current

The characteristics of the variability of the transports shown in Figure 4 are assessed with a wavelet based spectral analysis (Figure 5). The spectral energy of transports from the three sections covers a broad range of periods, mainly within 3 months to one year. The influence of the Agulas rings are clearly visible with significant energies in 3 to 7 month range in certain years (Figure 5a,b).

In terms of seasonality, a strong annual cycle is visible at  $30^{\circ}$ S in 2006 to 2011 (Figure 5a). In most of the other years, the spectral density for the annual cycle still has a maximum of 3 to  $4 \text{ Sv}^2$ /cycle, but it does not reach the level of significance. In contrast to this at  $35^{\circ}$ S the level of significance for an annual cycle is only reached in 1996 to 1998 (Figure 5b) and the energy in other years is mostly lower than at  $30^{\circ}$ S. Consistent with this, the mean wavelet power (Figure 5d) at  $30^{\circ}$ S also exhibits relatively higher energy at 12 month period than at  $35^{\circ}$ S.

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The weakness of the annual cycle and the energy at mesoscale periods can be attributed to the impact of the Agulhas rings. About 5 to 6 Agulhas rings cross the Cape Basin region annually and they typically translate in a northwesterly direction. Overall, the energy at 35°S is slightly higher than at 30°S within this frequency band (Figure 5d).

The differences between these two latitudes are consistent with the fact that the Agulhas rings have a larger impact at 35°S 15 then at 30°S, as can be seen in the Hovmöller diagrams (Figure 6). In addition to this, the Hovmöller diagrams reveal why the energy at mesoscale periods (3-7 months), as derived from the time series of the transport in the Benguela Current, is not always significant. Individual Agulhas rings only have an impact on a small part of the longitude range used in the transport computation. Therefore, their signal becomes relatively weak in Figure 5. Also, it also has to be noted that the monthly Argo & SSH data set can not resolve periods smaller than 2 months, therefore transport time series may miss some of the high fre-

20 quency variability due to these rings. Periods with significant spectral energy at mesoscale frequencies can be attributed to the presence of more than one Agulhas ring at a given latitude. An example for this can be seen in 1995 to 1996 at 35°S (Figure 6a).

For the zonal transport across line AC Figure 5c revels a dominance of frequencies at periods of 3 to 7 months (with a peak of wavelet power at about 7 month, Figure 5d) that is more persistent than at 30°S and at 35°S (Figure 5d). One can understand
this by following the argument for the zonal sections. The signal from the Agulhas rings can be captured more easily in this meridional section because it is about three times shorter than the zonal ones and its length is close to the typical diameter of Agulhas rings. With respect to the annual period it is noted that this zonal transport does not exhibit a statistically significant energy in any year. A major reason for this is, again, the prevalence of Agulhas rings. Figure 7c, which shows the ratio of eddy kinetic energy (Figure 7a) and mean kinetic energy (Figure 7b) reveals that the rings typically cross line AC. Herein, we
used the assumption that powerful Agulhas rings are characterized by an eddy kinetic energy that is mostly at least 10 times

larger than the mean kinetic energy. The exception of this is the region where the Benguela Current has the highest velocities (Figure 1).



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#### 3.4 Wind Forcing and the Sverdrup Gyre

The Sverdrup relation gives a zeroth order understanding of the wind forcing and vertically integrated meridional transport in an open ocean. Validity of the Sverdrup relation has been analyzed in many studies both using observations (e.g. Gray and Riser (2014)) and model simulations (e.g. Thomas et al. (2014); Wunsch (2011)). The focus of these studies was mostly to determine wether the Sverdrup balance holds in the open ocean but they did not focus on the eastern boundary region. Nevertheless, Gray and Riser (2014) stated that the Sverdrup balance can not explain the observed transport near the eastern boundary. Small et al. (2015), using regional ocean model, showed that an approximate Sverdrup balance holds close to the eastern boundary while it underestimates the transport in the region where the Benguela Current is strong. Using the Regional Ocean Modeling System (Shchepetkin and McWilliams, 2005) Veitch et al. (2009) also found that Benguela Current transport is larger than Sverdrup balance (their Figure 2a,b).

10 While keeping in mind that the Sverdrup balance has low skill with respect to reproducing transports from observations or models, it is used herein to investigate what impact the wind field has on the variability of the transport. To accomplish this, the curl of the wind stress is calculated using monthly mean ERA-Interim wind fields for the same time period as the observations. Figure 8a shows the climatological mean of the curl of wind stress as well as the wind-stress vectors. The latter reveal, as expected, that the direction of the winds in the region is similar to the direction of the transport (Figure 1b). The wind-driven 15 transport can be calculated with the Sverdrup equation

$$M_y = \left| \frac{\nabla \times \tau}{\rho \beta} \right|,$$

where,  $M_y$  is the Sverdrup transport,  $\tau$  is the wind stress and  $\beta = \frac{\partial f}{\partial y}$  is the meridional gradient of the Coriolis Parameter f, 20 and  $\rho$  is density.

Figure 8b shows the Sverdrup stream function as derived by integrating  $M_y$  from the African coast to the west. It indicates that the transport across 30°S and 35°S is about 2 Sv which, as expected, is much smaller than the mean meridional transports obtained from Argo & SSH at these latitudes.

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A challenge in this region is the inflow of water from the Indian ocean, typically about 14.5 Sv in the upper 1000 m (Richardson, 2007), via the energetic Agulhas rings and leakage. In addition, the Sverdrup gyre may have a different depth for the wind forced layer than 800 m used for estimating the meridional transport. However, values from a study by Schmid et al. (2000), who estimated the depth of the gyre using a ventilated thermocline approach by Luyten and Stommel (1986), showed values of 700 - 800 m for the box ABCD.

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To gain further insight into the wind-driven variability of the meridional transport, the Sverdrup transport across AB and CD is integrated zonally and its anomalies are compared to the anomalies of the observed transport after smoothing with a 18month running mean filter and normalizing (Figure 9). Across AB (at  $30^{\circ}$ S) the time series exhibits about the same variability, however, this is not true at  $35^{\circ}$ S.

These results suggest that, for interannual variability, the wind field forces the circulation at 30°S with a two month lag. At 35° this is not the case, most likely due to the large impact of the inflow from the Indian Ocean. A significant portion of the variability, however, remains unexplained, even at 30°, where the Sverdrup theory works relatively well. Therefore processes such as density variation, eddy shedding, and remote forcing remain important to the overall variability in the highly dynamic Cape Basin region.

#### 4 Summary and Conclusions

- 10 The objective of this study is to increase the knowledge of the structure and variability of the flow in the eastern limb of the Atlantic Meridional Overturning Circulation in the subtropical South Atlantic by deriving and studying a 23 year long time series of transport estimates in the Benguela Current region from observations. Historically, the coverage with observations of this nature was relatively sparse in this region. The relatively long time series of velocities and integrated transports as well as the derived results will be valuable for validating models in this dynamic region. This study provides mean volume transports
- 15 every 0.5° between 35°S and 25°S and thus greatly expands the knowledge on the latitude dependence of the integrated meridional transport of the Benguela Current. In addition to that, it allows a more detailed analysis of its temporal variability than was possible previously.

The mean volume transports are mostly in good agreement with previous estimates when comparing those with similar 20 integration limits. It is found that the meridional transports of the Benguela Current are relatively higher south of 31°S, and relatively lower values are typically seen north of 28°S where the zonal component of this current are stronger.

The mean meridional transport of the Benguela Current in the upper 800 m ranges from  $9\pm3$  Sv to  $23\pm3$  Sv (Figure 3; whenever possible transports are represented as mean  $\pm$  standard deviation). In the upper 1000 m, the range is  $10\pm3$  Sv to  $26\pm3$  Sv to  $26\pm3$  Sv. The transports in the upper 1000 m are between 5% and 25% (1% and 5%) higher eauth (north) of 20% then these

- 25 26±3 Sv. The transports in the upper 1000 m are between 5% and 25% (1% and 5%) higher south (north) of 29°S than those integrated over the upper 800 m. The agreement with estimates from previous studies is mostly good if one keeps in mind that most of them are for synoptic sections and use different vertical integration limits. In addition, their zonal integration limit in the west varies from Greenwich Meridian to 3°E. For example Clement and Gordon (1995) and Stramma and Peterson (1989) both use Greenwich Meridian as the western edge of the Benguela Current at 32°S, where as Garzoli and Gordon (1996) inte-
- 30 grated to  $3^{\circ}$ E to obtain transport at  $30^{\circ}$ S.





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A recirculation cell is observed in the climatologies of 15 m velocity and integrated transport in the upper 800 m between Walvis Ridge and Vima seamount. The recirculation cell is centred at  $6^{\circ}$ E and  $33^{\circ}$ S and might be formed due to the interaction of eddies with the bathymetry in this region.

In terms of the variability, both  $30^{\circ}$ S and  $35^{\circ}$ S do not reveal a strong annual cycle. However, there are periods where the energy density reaches the level of significance at both latitudes. Overall, the energy density at  $30^{\circ}$ S has more energy in this frequency band than  $35^{\circ}$ S. With respect to mesoscale variability, the time series at  $30^{\circ}$ S and  $35^{\circ}$ S exhibit large energies in 3 to 7 months period due to the influence of the Agulhas rings. However, this energy does not reach the level of significance in many years because it is based on a zonal integral of the transport as explained in section 3.3.

At  $30^{\circ}$ S, the normalized anomalies of smoothed meridional transports from the observations and from the Sverdrup balance exhibit strong correlations (0.7), with the latter leading the former by two months. Smoothed time series of these two transports

- 10 show similar interannual variability at 30°S. In contrast to this, variability of the observed transport across 35°S is significantly different than the Sverdrup balance. Therefore, this leads to the conclusion that the variability of the meridional transport at 30°S is significantly impacted by the local wind forcing while this is not the case at 35°S. Discrepancies at 35°S can be explained by the impact of the water flowing from the Indian Ocean into the South Atlantic.
- Recent studies with climate models suggest an intensification of the westerlies in the Southern Ocean (Cai, 2006; Yang et al., 2016); and it has been shown that the increasing westerlies in the Southern Ocean result in an intensification of the Agulhas Current and its leakage since 1965 to about 1990 (Biastoch et al., 2009, 2015). Both Biastoch et al. (2015) and Beal and Elipot (2016) did not find a positive trend in the Agulhas transport from 1993 on. Consistent with this, the time series presented herein do not indicate that there is a trend in the transport of the Benguela Current or the transport across 3°E between 30°S and 35°S.
- 20 *Data availability.* An earlier version of this data set is available at  $http://www.aoml.noaa.gov/phod/samoc_argo_altimetry/index.php;$  the new extended dataset is avialable upon request.

Competing interests. none

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**Figure 1.** Climatologies of the flow at 15 m (a) and transports (b) in the upper 800 m from Argo & SSH. Red and black arrows indicate flow to the north and the south, respectively, and the shading represents magnitude. The region ABCD indicates the lines across which transports are derived to study the variability and the transport budget.







**Figure 2.** (a) Climatological mean of the meridional geostrophic velocity across  $30^{\circ}$ S (a) and  $35^{\circ}$ S (b). Black lines are the contours of zero velocity and the black straight marks the depth of 800 m.







**Figure 3.** Latitude dependence of climatological mean of the meridional transport in the Benguela Current (between  $3^{\circ}E$  and the eastern boundary) in the upper 800 m (a) and 1000 m (b). Gray dots in (a) are based on velocity transects derived by Garzoli et al. (2013) for the purpose of estimating the MOC transports in the South Atlantic. Gray symbols in (b) are based on transport estimates from three different studies: Garzoli and Gordon (1996) (at  $30^{\circ}$ S, circles), Clement and Gordon (1995) (at  $30^{\circ}$ S, crosses), and Stramma and Peterson (1989)(circles and triangles at  $28^{\circ}$ S and  $32^{\circ}$ S). Gray triangles (circles) indicate that the western integration limit was the Greenwich Meridian (the western edge of the Benguela Current). All other gray symbols (dots and crosses) in (b) represent estimates based on a western integration limit at  $3^{\circ}$ E. Gray error bars are shown where an estimate was derived from multiple transects or a time series. All error bars represent standard deviations. Multiple estimates from a given study at a given latitude were based on different integration depths and limits of the western edge of the Benguela Current.







**Figure 4.** Time series of transports in the upper 800 m. (a) meridional transport of the Benguela Current at  $30^{\circ}$ S (across line AB in Figure 1). (b) meridional transport of the Benguela Current at  $35^{\circ}$ S (across line CD in Figure 1. (c) zonal transport at  $3^{\circ}$ E (across line AC in Figure 1). (d) zonal transport at the eastern boundary near the African coast across 800 m isobath (across line BD in Figure 1). (e) transport budget with the red line showing transport across CD minus transport across AB and black showing transport across AC minus transport across BD







**Figure 5.** Wavelet spectral density of meridional transports at (a)  $30^{\circ}$ S and (b)  $35^{\circ}$ S, and (c) zonal transport at  $3^{\circ}$ E. (d) Mean wavelet power spectra at  $30^{\circ}$ S (blue),  $35^{\circ}$ S (red) and  $3^{\circ}$ E (green). The black contours are the 95% confidence interval. The values outside the cone of influence (blurred colors) indicate where the edge errors dominate.







**Figure 6.** Hovmöller diagram of monthly sea surface height anomalies (in cm) across  $35^{\circ}$ S (a,b) and  $30^{\circ}$ S (c,d). Anomalies are stronger west of the black line located at  $17.5^{\circ}$ E for  $35^{\circ}$ S and at  $14^{\circ}$ E for  $30^{\circ}$ S.







**Figure 7.** Climatologies of (a) eddy kinetic energy in  $(cm/s)^2$ , (b) mean kinetic energy in  $(cm/s)^2$ , and (c) the ratio of eddy and mean kinetic energy.







Figure 8. (a) Climatologies of ERA interim wind stress curl (in color) and the wind stress (arrows). (b) Climatology of the Sverdrup stream function (color).







Figure 9. Zonally integrated normalized anomalies  $M_y$  (gray) and meridional transport (tv, black) at 30°S and 35°S. Both the time series are smoothed using a 18-month running mean filter.