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# Biased thermohaline exchanges with the arctic across the Iceland-Faroe Ridge in ocean climate models

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## Abstract

The northern limb of the Atlantic thermohaline circulation and its transport of heat and salt towards the Arctic strongly modulates the climate of the Northern Hemisphere. Presence of warm surface waters prevents ice formation in parts of the Arctic Mediterranean and ocean heat is in critical regions directly available for sea-ice melt, while salt transport may be critical for the stability of the exchanges. Hereby, ocean heat and salt transports play a disproportionately strong role in the climate system and realistic simulation is a requisite for reliable climate projections. Across the Greenland-Scotland Ridge (GSR) this occurs in three well defined branches where anomalies in the warm and saline Atlantic inflow across the shallow Iceland-Faroe Ridge (IFR) have shown particularly difficult to simulate in global ocean models. This branch (IF-inflow) carries about 40 % of the total ocean heat transport into the Arctic Mediterranean and is well constrained by observation during the last two decades but is associated with significant inter-annual fluctuations. The inconsistency between model results and observational data is here explained by the inability of coarse resolution models to simulate the overflow across the IFR (IF-overflow), which feeds back on the simulated IF-inflow. In effect, this is reduced in the model to reflect only the net exchange across the IFR. Observational evidence is presented for a substantial and persistent IF-overflow and mechanisms that qualitatively control its intensity. Through this, we explain the main discrepancies between observed and simulated exchange. Our findings rebuild confidence in modeled net exchange across the IFR, but reveal that compensation of model deficiencies here through other exchange branches is not effective. This implies that simulated ocean heat transport to the Arctic is biased low by more than 10 % and associated with a reduced level of variability while the quality of the simulated salt transport becomes critically dependent on the link between IF-inflow and IF-overflow. These features likely affect sensitivity and stability of climate models to climate change and limit the predictive skill.

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# 1 Introduction

The North Atlantic thermohaline circulation and its associated heat transport strongly affect the climate of the Northern Hemisphere (Rahmstorf and Ganopolski, 1999; Vel-  
linga and Wood, 2002; Sutton and Hodson, 2005). Adequate simulation of the ocean  
5 heat transport towards the Arctic in global climate models is a requisite for realistic  
representation of the role of the ocean in the climate system (Rhines et al., 2008). In  
regions of the Arctic, modulation of the ocean heat content is a primary driver of sea-ice  
variability (e.g. Bitz et al., 2005; Årthun et al., 2012; Yashayaev and Seidov, 2015) with  
indirect impact on the continental climate of northern Europe (Yang and Christensen,  
10 2012; Vihma, 2014). Realistic simulation of ocean heat anomalies is a prerequisite for  
understanding and predicting decadal climate variability (Latif and Keenlyside, 2011;  
Meehl et al., 2014; Guemas et al., 2014). From climate models, the stability and struc-  
ture of the Atlantic Meridional Overturning Circulation (AMOC) depends in part on the  
representation of the ocean exchanges of heat and salt with the Arctic through warm,  
15 saline inflow and cold, dense outflows (e.g. Born et al., 2009; Danabasoglu et al., 2010;  
Köller et al., 2010; Wang et al., 2015).

East of Greenland, the warm surface manifestation of the thermohaline circulation  
consists of three separate inflows to the Nordic Seas across the Greenland-Scotland  
Ridge (GSR) (Hansen and Østerhus, 2000). On-going programs seek to monitor the  
20 volume, heat and salt transports associated with the inflows (EU FP7 NAACLIM 2013-17:  
www.naclim.eu) and time-series exceeding or approaching two decades are becoming  
available for all branches. Coarse resolution ocean general circulation models have  
previously been assessed and show good skill in simulating the variability of volume  
exchanges on seasonal to inter-annual time-scales, but limited to part of the exchange  
25 system (Olsen et al., 2008; Sandø et al., 2012). Here we focus on the inflow of Atlantic  
water across the IFR, which has shown challenging to simulate with confidence in  
models of different resolution and architecture. To assess and explain this, we apply the  
ocean component of the EC-Earth coupled climate model (Hazeleger et al., 2012) in

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much more heat than a  $\text{m}^3$  of IF-overflow. The IF-overflow is also much less saline than the IF-inflow, which has implications for the salt (freshwater) budget and that has the potential to feed back on the intensity and stability of the simulated exchanges and thermohaline circulation, as suggested already by Stommel (1961) and verified in numerous model studies (e.g., Latif et al., 2000).

In this manuscript, we first present conditions and model results characterizing the 2003-event. We then present observational results that may be used to estimate transport variations in both the IF-inflow and IF-overflow. Based on these observational results, we discuss the extent to which the discrepancy between observations and global climate models can be reconciled and what the consequences are for climate simulations of the oceanic heat transport towards the Arctic.

## 2 Model results

### 2.1 Configuration and experiment

To demonstrate the general skill of global CMIP5 type ocean models in simulating the ocean exchanges with the Arctic and to facilitate direct comparison with observations, an ocean hindcast simulation has been conducted using the EC-Earth climate model configured in a forced hindcast mode. The applied version (V2.2) of EC-Earth (Hazeleger al. 2012) is a fully coupled Atmosphere Ocean General Circulation Model (AOGCM), which builds on the Nucleus for European Modeling of the Ocean, NEMO system coupled to the LIM2 sea-ice module.

The ocean configuration of NEMO has a resolution of  $1^\circ \times 1^\circ$  with a meridional refinement to  $1/3^\circ$  at the equator, referred to as the ORCA1 grid. Here, the singularity at the North Pole is avoided by use of a tri-polar grid with poles over land (Siberia, Canada, Antarctica). Using 42 vertical  $z$  layers, vertical ocean resolution increases from 10 m at the surface to 300 m at depth and reaches down to 5500 m. The large scale ocean circulation in the coupled system is in good agreement with the present views (see

Sterl et al., 2012 and references herein) and general characteristics of the Arctic – subarctic ice–ocean exchange system have been convincingly assessed in Koenig and Brodeau (2014).

The uncoupled simulation for the period 1948–2011 is forced by 6 hourly atmospheric NCEP reanalysis data (Kalnay et al., 1996). Runoff is prescribed from climatology and we make use of sea surface salinity restoring (app. 180 days for a 10 m mixed layer). Using an annually permuted NCEP forcing sequence (see Olsen and Schmith, 2007), an independent 300 year spin-up has been performed and the quasi equilibrium climate state of the ocean simulations has shown a modest drift in water mass properties relative to climatology.

## 2.2 Exchanges across the GSR

Time-series of volume transports across the GSR have been calculated in discrete density bins and integrated across a set of closed model sections representing approximately the branches of the ocean exchange system equipped by moored oceanographic transport monitoring systems. Monthly mean net inflows or outflows are obtained using a density criterion to separate light and dense branches (e.g. Olsen and Schmith, 2007). For the IFR and Faroe-Shetland Channel, inflow is defined by the net transport lighter than  $\sigma = 27.8 \text{ kg m}^{-3}$  in agreement with observational procedures. In the model, the coarse grid resolution does not allow to resolve the topographic detail of the ridge, which possibly explains in part why the overflow here is effectively zero ( $< 0.1 \text{ Sv}$ ).

The modeled time-series of the IF-inflow has a mean value of 3.89 Sv (1997–2011) near identical to the observed inflow. The model time-series is compared with observations in Fig. 2a, illustrating the discrepancy during the 2003-event. Evidently, the correlation between observed and modeled IF-inflow is weak, ( $r = 0.21$ ) and contrasts the high degree of explained variance found for the Faroe-Shetland inflow ( $r = 0.80$ ) and the Faroe Bank Channel overflow ( $r = 0.81$ ) using de-trended monthly data filtered with a 3 months running mean. The IF-inflow in the model may be decomposed

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into a transport on the North-western (Icelandic) side of the IFR and a transport on the South-eastern (Faroe) side with average contributions of comparable magnitude. Anomalies in these are found to be significantly negatively correlated with  $r = -0.44$  for the observational period 1997–2011 ( $r = -0.71$  for the full simulation period, Fig. 2b) in turn justifying a decomposition of the exchange. Also noteworthy, modeled transport on the Faroe part of the ridge is found to correlate significantly better with the observed IF-inflow on Section N ( $r = 0.59$ ), but with a regression coefficient of only 0.53. This may be indicative of a qualitatively realistic model response but with reduced sensitivity or a systematic underrepresentation of an important feedback.

### 2.3 Surface forcing during the 2003-event

Compared to average conditions, the winter 2002–2003 was characterized by an intensified meridional component of the wind-stress over the northern North Atlantic (Fig. 3). Relaxation of the positive zonal wind stress off the British Isles opened up for a coherent band with a positive anomalous meridional wind stress component stretching across the sub-polar Atlantic into the Norwegian Sea. The monthly mean North Atlantic Oscillation (Hurrell, 1996) index was positive January through March 2003, but did not reflect an extreme situation. Across the entire IFR, the magnitude of the positive meridional wind-stress anomaly (Fig. 3b) compared with or exceeded the climatic winter mean for the period 1996–2010. Within the Nordic Seas, the region off Greenland with negative (southward) wind stress was more coastally-confined and had a reduced strength over the path of the southward flowing East Greenland Current. In the western Irminger Sea south of the Denmark Strait, negative anomalies in zonal wind stress express an intensification of the prevailing winds with a strong along-coast component.

A general increase in sea level was observed for the Nordic Seas and neighbouring parts of the sub-polar region in response to the anomalous wind regime (Fig. 4a). The uniform pattern of change north of the GSR cannot on this time-scale be explained by steric effects and must predominantly describe a change in volume. This derives from transient (days to a week) imbalances in the two-way ocean exchanges across the GSR

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difference of 26 cm (1997–2011; Fig. 4c). Moreover the model exchange is seen not to be directly controlled by this forcing term. It is difficult to verify the mean level of the simulated pressure gradient across the ridge but, if unrealistic, it would help to explain the limited model sensitivity for this exchange branch.

## 2.4 Simulated interface changes in the Nordic Seas

If indeed the reduced variability in modelled IF-inflow during the 2003-event is linked to the limited representation of overflow across the sill as suggested in the introduction, changes within the Nordic Seas should reflect conditions favouring a decreased intensity of the IF-overflow during this period, though unresolved. In fact, this is what we find by studying the baroclinic response in the Nordic Seas using the interface between upper water masses and dense, cold water potentially contributing to overflows. From observations, this interface is typically described by the depth of the  $27.8 \text{ kg m}^{-3}$  isopycnal. The representation of this interface is fairly realistic, shoaling from approximately 500 m North East of the IFR to 100 m in the centre part of the cyclonic gyre of the Nordic Seas (Fig. 5c).

The anomalous conditions in winter 2002–2003 (Fig. 5d) are dominated by a further shoaling of the interface in the Greenland Sea and deepening in the Lofoten Basin but more important, an isolated deepening of the interface of 30–50 m north-east of the IFR. Simple two-layer models of overflow intensity (Whitehead, 1998) suggest that depending on the configuration, this could be sufficient to explain large variations in IF-overflow intensity. In the model, the interface deepening results in a strong decline in the transport of dense water through the model representation of section N north of the Faroes (Fig. 2). This flow is found to correlate surprisingly well with the observed weakening of the IF-inflow.

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### 3 Observational material

To describe the water mass characteristics east of the IFR, we use observations from two standard sections. The “K-section”, operated by the Marine Research Institute in Iceland since 1974, has six standard stations extending from station K1 located at 50 m depth on the shelf east of Iceland at 65° N, 13.5° W, along the 65° N latitude, to station K6, at 65° N, 9° W with a bottom depth of 1200 m.

The “N-section”, operated by the Faroe Marine Research Institute since 1988, has 14 standard stations, extending from station N01 located at 80 m depth on the shelf northeast of Faroes at 62.167° N, 6.083° W, along the 6.083° W meridian, to station N14 at 64.5° N, 6° W with a bottom depth of 3300 m. Both sections have typically been visited four times a year.

On the N-section, data on the velocity field are available since 1997 from a regular array of ADCPs (Acoustic Doppler Current Profilers). Details of the observations and their processing may be found in Hansen et al. (2003, 2010, 2015).

We also use data from an ADCP moored at site “IFRI” (Fig. 1a) at 601 m bottom depth on the Icelandic slope west of the IFR at position 63°57.910' N, 13°31.070' W from 1 September 2005 to 4 October 2007. The ADCP was an RDI Long Ranger mounted inside a trawl-protected frame with 10 m bin length with the first bin centred 19 m above the bottom and 20 min sampling interval.

To map sea level variations, we have obtained MSLA data from AVISO (see Fig. 4a). The data are on a rectangular grid with approximately 18 km resolution and are sampled once a week. By interpolation between neighbouring altimetry grid points, we have generated time series of weekly MSLA values for each standard station on the two standard sections.

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## 4 Observational results

### 4.1 Hydrography

Average distributions of potential temperature, salinity, and potential density ( $\sigma_\theta$ ) along the two standard sections are shown in Fig. 6. For comparability, we have used the same averaging period and only included cruises with complete section coverage, except for station K6, which has often been skipped.

On the K-section, we only find waters of Arctic origin with salinity  $\leq 34.9$ . On the N-section, these water masses are at depth and in the northern part of the section. The upper layers in the southern part of the N-section are dominated by high-salinity water that has crossed the IFR. These waters are denoted “Atlantic”. The colder and less saline water masses below the Atlantic water will here be termed “dense”.

The  $\sigma_\theta = 27.8 \text{ kg m}^{-3}$  isopycnal is often used to distinguish between overflow water and upper water masses (Dickson and Brown, 1994). This isopycnal is enhanced in Fig. 6 and will in the following be referred to as the “interface”. Over the outer parts, the two sections have similar hydrographic properties and the interface is located at depths from 100 to 200 m, on average. As we approach the shallower parts of the two sections, a clear difference is seen. On the K-section, the average interface remains shallower than 200 m, but on the N-section downstream of the Atlantic inflow across the IFR, it descends to  $\sim 500$  m on approaching the slope north of Faroes.

As mentioned in Sect. 2.3, changes in sea level will often lead to changes in the depths of the isopycnals below by baroclinic adjustment. To check this for the K-section, we have correlated the depth of the interface, denoted  $D_1$ , for each standard station as determined during each cruise with the MSLA value at the station during the same week as the cruise, lagged by a variable number of weeks. The highest correlations are generally found when  $D_1$  is lagged behind the MSLA values (Fig. 7 and Table 1). For the two innermost, sufficiently deep stations (K3 and K4), the highest correlations are found for a lag of about two months, in which case, the correlation explains about 50 % of the variance in  $D_1$  ( $r^2 \approx 0.5$ ).

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overflow for such a strong deep flow would seem difficult to imagine. Beird et al. (2013) have shown that any overflow from the Faroe Bank Channel or from the southern part of the IFR would have descended below 1000 m at the IFRI location. Though the detailed pathway may not be clear, it seems evident that this flow derives from overflow across the northern part of the IFR and the high speed of the flow must derive from potential energy converted to kinetic energy by deepening isopycnals. Ignoring friction, the interface deepening  $\Delta H$  necessary for accelerating a quiescent water parcel up to a speed of  $U = 0.5 \text{ m s}^{-1}$  follows from Bernoulli's equation:  $\Delta H = U^2 / 2g' \approx 40 \text{ m}$ , where we have assumed a two-layer system with a density difference between the overflow and upper water layers of  $0.3 \text{ kg m}^{-3}$  ( $27.8\text{--}27.5 \text{ kg m}^{-3}$ ).

This calculation indicates that the interface at station K4 upstream of the IFR is more than sufficiently high above the sill of the IFR to generate an overflow current of the speed observed and Fig. 9 compares the observed core velocity at IFRI with the reconstructed interface height,  $h_u(t)$ , defined in Sect. 4.1. Interface heights based on observed  $D_{K4}$  values from six cruises in the period are also shown.

On short time scales, there is no similarity between  $h_u(t)$ , and the core velocity at IFRI. For weekly averaged data (107 values), the correlation coefficient was 0.00. After passing the sills, overflows are notoriously affected by high-frequency meso-scale processes (Swaters, 1991; Voet and Quadfasel, 2010; Guo et al., 2014). Thus, a lack of short-term correlation was to be expected. When averaged over 4 weeks (26 values), the correlation coefficient increased to 0.38 and for 12-week averages (8 values), it increased to 0.72, but there are few degrees of freedom and most of this could be explained by similar seasonality in both series. Figure 9 also includes the volume transport of IF-inflow for the same period (green curve). This series remains above average (3.8 Sv) during most of the period and shows no co-variation with the other two series.

## 5 Discussion and implications

### 5.1 The discrepancy between simulated and observed IF-inflow

As stated in the introduction and detailed in Sect. 2, the model used in this study has demonstrated good correspondence between simulated and observed transport values including two of the Atlantic inflow branches. Yet, for the IF-inflow, the correlation coefficient is only 0.21 even though this is by far the strongest branch with average volume transport 3.8 Sv, compared to 2.7 Sv for the flow through the FSC (Berk et al., 2013) ( $r = 0.80$ ) and 0.9 Sv west of Iceland ( $r = 0.42$ ) (Jónsson and Valdimarsson, 2012).

In the introduction, we suggested that the explanation for this discrepancy lies in the inability of any coarse-resolution model to simulate the IF-overflow adequately so that the simulated IF-inflow in effect is the net exchange across the IFR: inflow minus overflow. Validation of the model in this region then requires comparison between simulated and true, observed, net inflow across the IFR, which again requires evaluation of the IF-overflow.

Unfortunately, our knowledge of the IF-overflow and its variations is very limited. Classical studies (Hermann, 1967; Meincke, 1983) demonstrated overflow to occur widely distributed along the width of the IFR, but mainly intermittently (Fig. 1b). In the region of the Western Valley, the direct current measurements by Perkins et al. (1998) and those illustrated in Fig. 8 do, however, indicate a persistent overflow, although variable. In their glider study, Beaird et al. (2013) found higher variability, but gliders are not ideal for studying a narrow high-velocity bottom current. From Figs. 6 and 9a it is also clear that the interface at the K-section – the upstream top of overflow water – is typically far above sill level of the Western Valley. This would be expected to generate an overflow hugging the Icelandic slope and passing through the Western Valley.

To get an impression of the overflow to be expected under these conditions, we considered the simple two-layer model illustrated in Fig. 10a. If the layer above the overflow is quiescent ( $v_A = 0$ ), hydraulic control gives the classical value for overflow volume transport:  $q = \int v \cdot h \cdot dz = g' \cdot h_u^2 / (2 \cdot f)$ , which for density difference  $\Delta\rho = 0.3 \text{ kg m}^{-3}$  and

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weak, but the IF-overflow was probably also exceptionally weak. Thus, the net flow across the IFR (IF-inflow – IF-overflow) may well have been close to average. Since the inflow simulated by the model is in reality the net flow, the discrepancy between observations and model is therefore not as large as indicated in Fig. 2a.

## 5.2 Simulated ocean heat transport towards the Arctic

The warm water carried by the Atlantic inflow is cooled in the Arctic Mediterranean and most of it returns to the Atlantic with temperatures close to 0 °C, whether by overflow or surface outflow. Heat transport of Atlantic inflow branches is therefore commonly calculated relative to this temperature (Østerhus et al., 2005). By this definition, the average heat transport of the IF-inflow for the 1995–2009 period was estimated (Hansen et al., 10 subm.) to be 124 TW (1 TW = 10<sup>12</sup> W). The inflow through the Faroe-Shetland Channel (FSC) was 107 TW (Berx et al., 2013), west of Iceland 24 TW (Jónsson and Valdimarsson, 2012), and through the Bering Strait, about 16 TW (Woodgate et al., 2012). Between the FSC and the European continent there is additional inflow, which is not well 15 constrained by observations, but might account for half a Sv, equivalent to ~ 25 TW, according to vessel-mounted ADCP measurements (Childers et al., 2014). This brings the total ocean heat transport into the Arctic Mediterranean to approximately 300 TW and the IF-inflow thus accounts for ~ 40 % of it.

We have demonstrated that the intensity and variability of the IF inflow is coupled 20 to the overflow and that up to one Sverdrup of the observed IF inflow is a direct compensation of IF-overflow. The associated heat transport is ~ 30 TW or about 10 % of the total heat transport. These numbers can be interpreted as the upper limit of the direct mean bias expected in ocean model systems incapable of producing IF-overflow as only limited compensation is likely to take place in other exchange branches. This 25 is concluded from consistent observations and model results for other inflow branches (Sect. 5), the evidence presented (Sects. 4 and 5) for a dynamic link between inflow and overflow and the qualitative similarities identified between modeled and true net-flow at the IF-ridge, both suggesting a reduced level of variability compared to observed inflow

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on simulated exchanges since Glessmer et al. (2014) have shown that the salinity variations in the Nordic Seas are predominantly caused by variations in the Atlantic inflow. It seems likely that this will also impact the stability of the model thermohaline exchanges but lack of a quantitative time series of IF-overflow makes it difficult to assess this observationally.

## 6 Conclusion and perspectives

Combining model results with observations, this manuscript has addressed a topic challenging at least CMIP5 type coarse resolution large scale ocean general circulation models; the simulation of ocean exchanges across a shallow submarine ridge.

With offset in the observational data describing the conditions on and exchanges across the IFR, central model limitations have been identified. Contrary to observations, simulated transport across the IFR consists solely of Atlantic Inflow and is by definition also the net transport in the model system. It has been shown plausible that variations in modeled volume transport may compare at least qualitatively with variations in the real net volume transport – the residual of Atlantic inflow and dense, cold overflow of intermediate water from the Nordic Seas. Hereby we offer an explanation for the striking discrepancy between model results and observed variations in the strength of the Atlantic Inflow which serves to verify the monitoring system and some characteristics of the model physics including the sensitivity of the net flow to variations in atmospheric forcing. It is shown that coarse, global ocean model systems operate in a regime where important feedbacks in the exchange system on the IFR are not invoked limiting the variability of this central branch. To make this interpretation plausible, other aspects of the model response in the IFR region indirectly linked to the exchanges on the ridge have been verified.

The representation of only the net exchange does, however, affect how heat and salt transport towards the Arctic is simulated. Even if assuming the net flow is realistic, model systems will simulate a low biased transport of heat. Though this bias

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Efforts should also be made to provide more representative observational constraints on the IF-overflow, especially close to Iceland.

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**Table 1.** Characteristics of the interface depth ( $D_1$ ) at each of the deep standard stations on the K-section and its correlation coefficient with the MSLA value at the station.

	K3	K4	K5	K6
Number of values:	59	69	67	45
Average $D_1$ (m):	124	122	136	96
Standard deviation $D_1$ (m):	47	46	45	37
Correlation coefficient for zero lag:	0.38	0.46	0.63	0.54
Maximum lagged correlation coefficient:	0.72	0.70	0.63	0.71
Lag giving maximum correlation coeff. (weeks):	8	10	0	3

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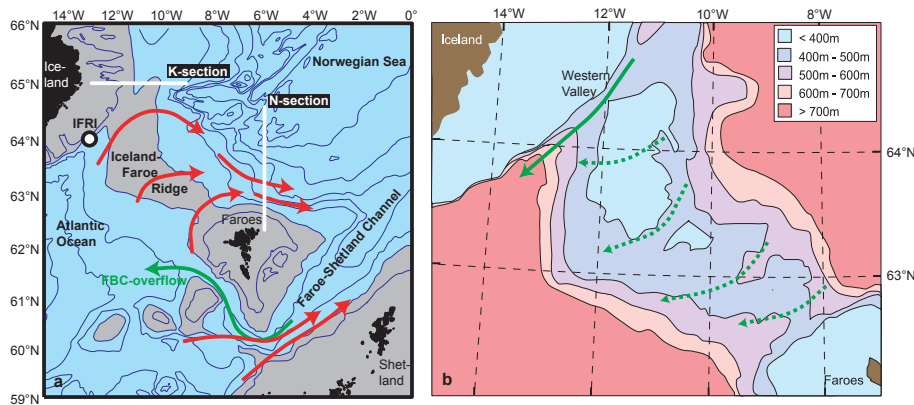
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**Figure 1.** Map of the region (grey areas shallower than 500 m) with red arrows schematically showing the flow of Atlantic water in the two main inflow branches and green arrow the overflow through the Faroe Bank Channel (FBC). White lines indicate two standard sections. The circle indicates location of ADCP mooring IFRI (a). Detailed topography of the IFR with green arrows indicating persistent (continuous) and intermittent (dashed) overflow according to Hansen and Østerhus (2000) (b).

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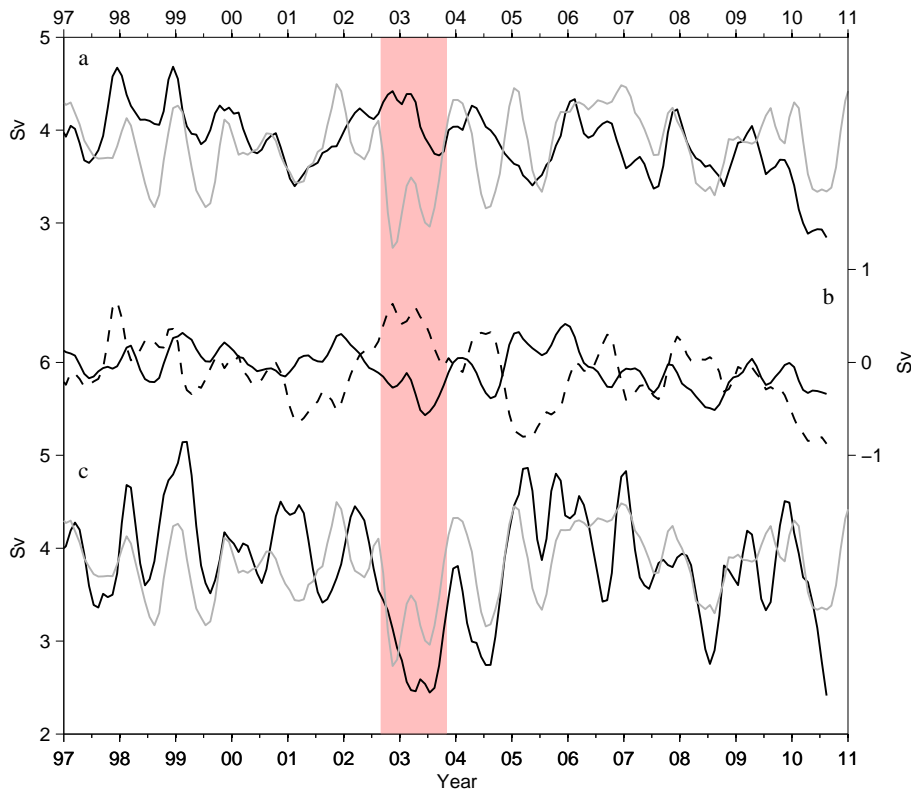
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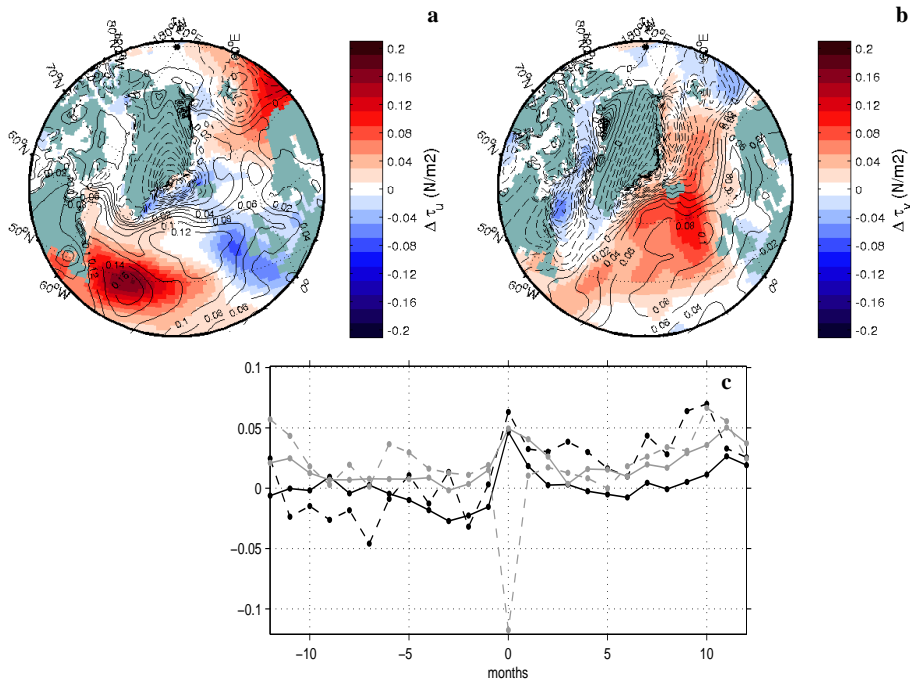
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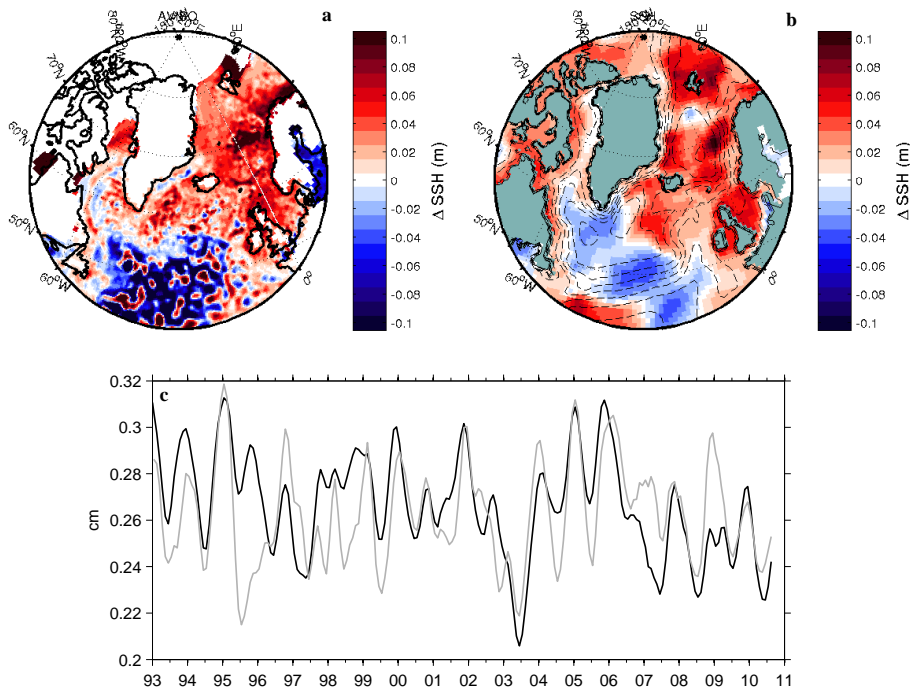


**Figure 2.** Three-month running mean time series of observed (grey, see Sect. 4.2) and modeled (black) IF-inflow **(a)**. Anomalies (running mean) in modeled components on the Icelandic side (dashed) and Faroe side (solid) are shown in **(b)**. Modelled transport of water denser than  $27.8 \text{ kg m}^{-3}$  (black) across a model section north from the Faroes close to the observational N-section (Fig. 1a) is shown (black) together with observed IF-inflow (grey) in **(c)**. The shaded bar indicates the 2003 event.



**Figure 3.** Winter (JFM) 2003 zonal **(a)** and meridional **(b)** wind-stress anomalies, respectively. Contours show the climatic winter average for the period 1996–2010. The panels show atmospheric NCEP reanalysis data (Kalnay et al., 1996) on the grid mask of the global ocean model. Lagged correlations in **(c)** are between modeled monthly mean IF-inflow anomalies for the Iceland (dashed) and Faroe (solid) components, respectively (Fig. 2). Results are calculated for zonal (black) and meridional (grey) wind stress anomalies, respectively, on the ridge (app. 64° N, 11° W).





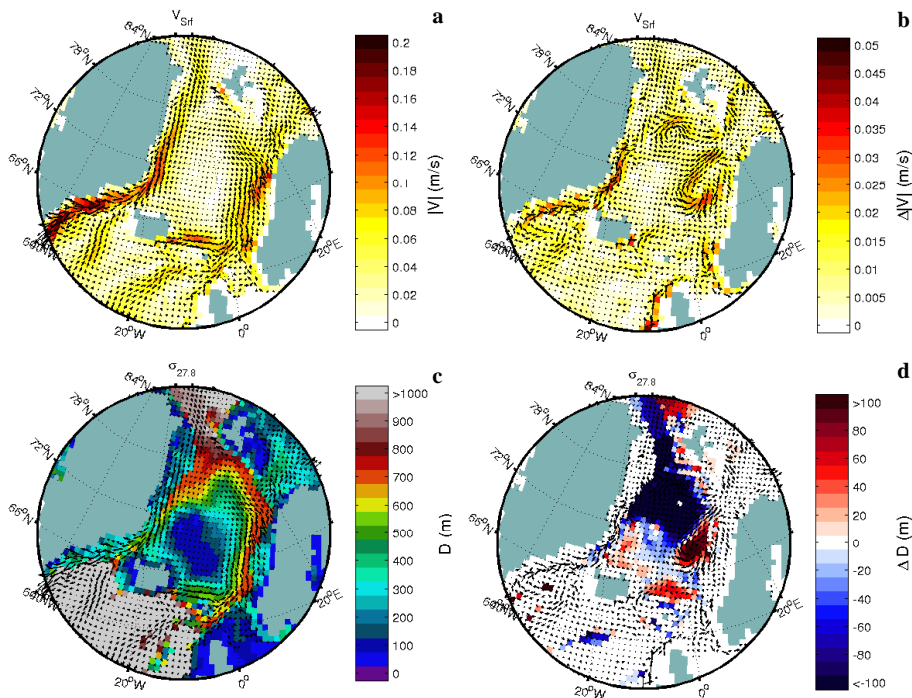
**Figure 4.** Observed AVISO (<http://www.aviso.oceanobs.com/duacs/>) Mean Sea Level Anomaly (MSLA) for JFM 2003 **(a)** compared with modelled **(b)** sea-surface height anomaly JFM 2003 relative to the climatic winter average for the period 1996–2010. Contours in **(b)** represent closed streamlines of the vertically averaged model circulation. In **(c)** we compare time-series of sea-surface height difference across the IFR between model (black) and observations (grey). The observed sea-surface height difference is based on an average of AVISO mean sea-level anomalies for four model grid-points west of the IFR minus four points east of the IFR, approximately at the 2500 m isobaths. Observations have been artificially offset to fit the model mean gradient.

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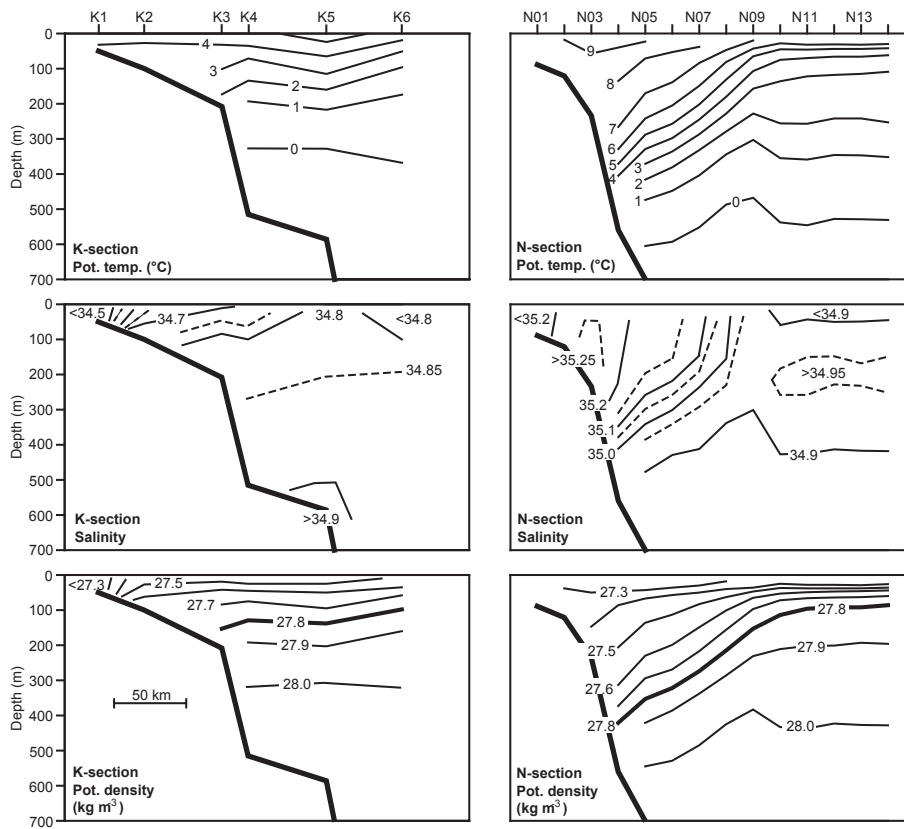


**Figure 5.** Modelled average winter (JFM) circulation at approx. 100 m depth **(a)** and average depth of the  $27.8 \text{ kg m}^{-3}$  isopycnal **(c)** in the Nordic Seas for the period 1996–2010. The anomalous circulation pattern **(b)** and depth changes of the  $27.8 \text{ kg m}^{-3}$  isopycnal **(d)** describe the response to the JFM 2003 conditions relative to the average. Vectors in **(c, d)** correspond to average **(a)** and anomalous **(b)** circulation patterns, respectively.

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**Figure 6.** Average hydrographic properties on the two sections 1996–2012, based on 59 cruises at the K-section (only 46 at K6) and 51 cruises at the N-section. The horizontal scale is equal for all the panels and is shown in the bottom left panel.

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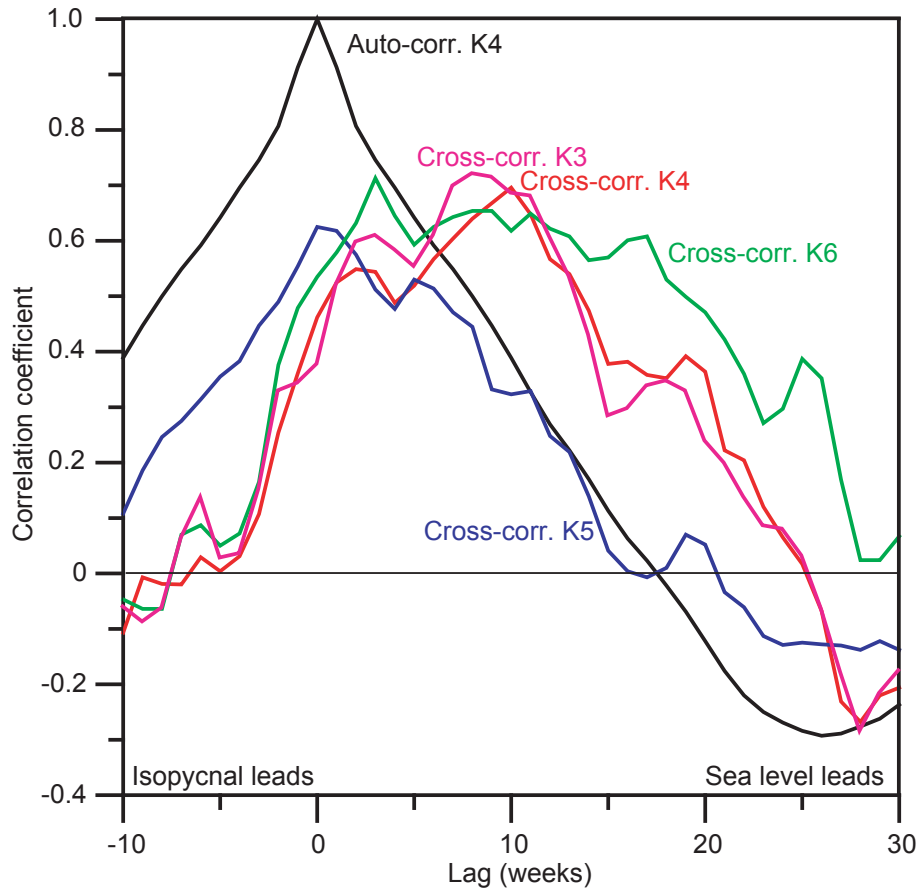
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**Figure 7.** Autocorrelation of the MSLA value at station K4 (black) and lagged cross-correlation between the depth of the interface ( $D_1$ ) and associated MSLA value for stations K3 (purple), K4 (red), K5 (blue), and K6 (green).

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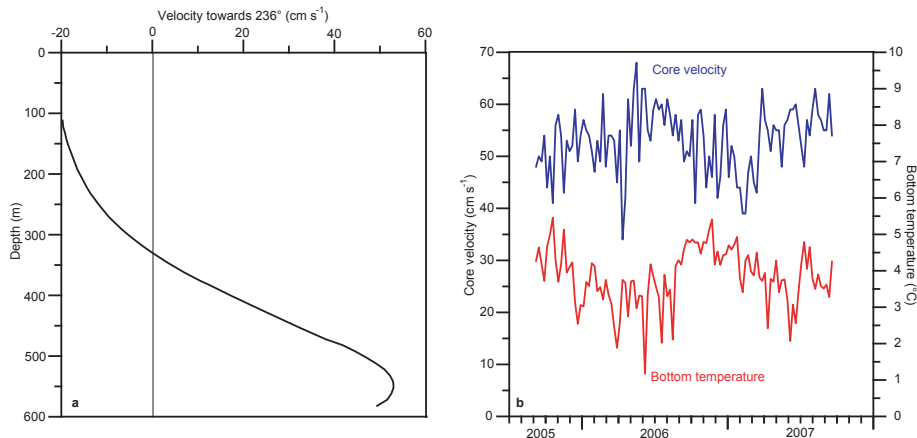
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**Figure 8.** Results from the ADCP at site IFRI (Fig. 1a). Vectorially averaged velocity profile towards 236° (a). Weekly averaged velocity towards 236° for bin 4, approximately 60 m above the bottom (blue) and weekly averaged bottom temperature (red) (b).

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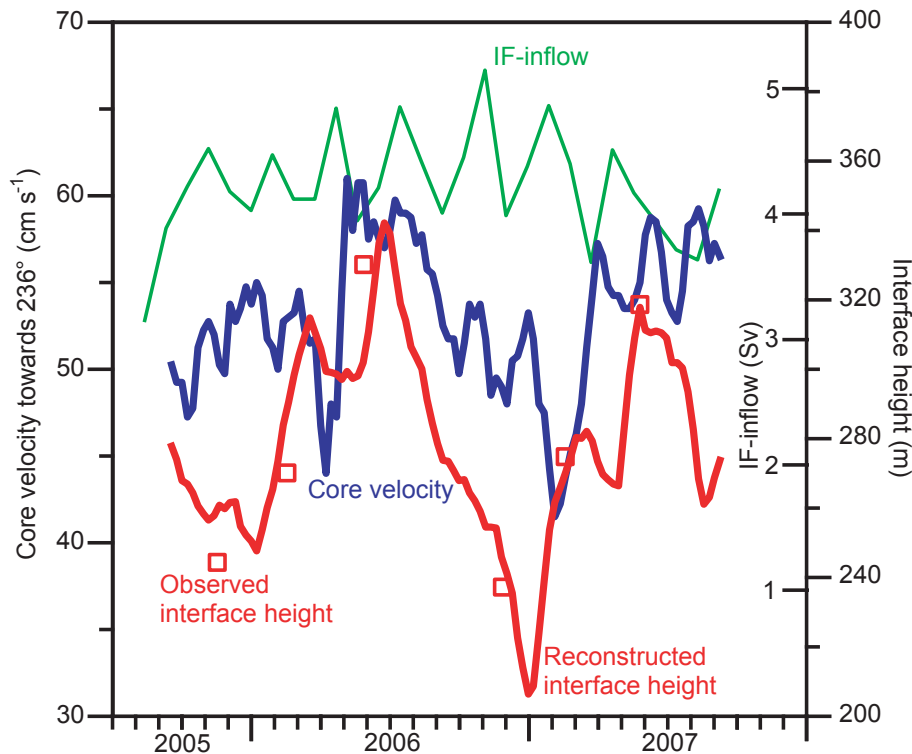
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**Figure 9.** Comparison of core velocity (towards 236°) at site IFRI and interface height at station K4 above sill level of the IFR close to Iceland ( $h_{\text{IF}}$ ) as well as IF-inflow. Continuous lines represent 4-weekly averaged core velocity (blue), reconstructed interface height (red), and IF-inflow (green). Red rectangles indicate interface height based on observed interface depth at K4.

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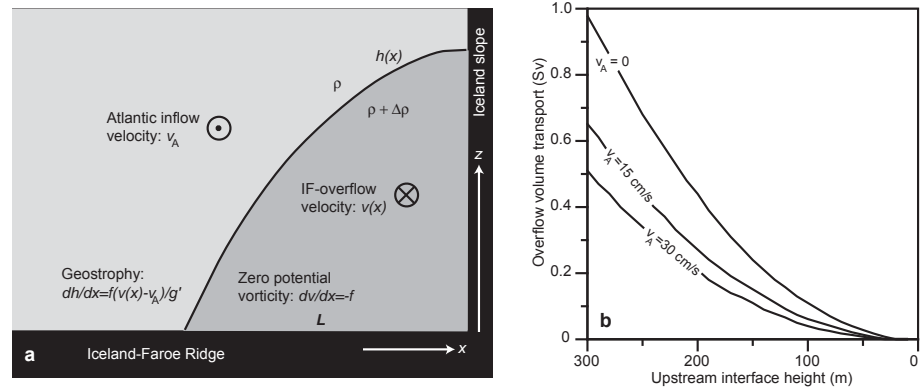
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**Figure 10.** Two-layer model of the Western Valley assuming vertical Iceland slope and zero potential vorticity overflow below an Atlantic inflow of spatially constant velocity  $v_A$  **(a)**. Overflow volume transport in the model assuming hydraulic control (maximum transport) as a function of upstream interface height  $h_u$  for three different values of Atlantic inflow velocity  $v_A$  **(b)**.

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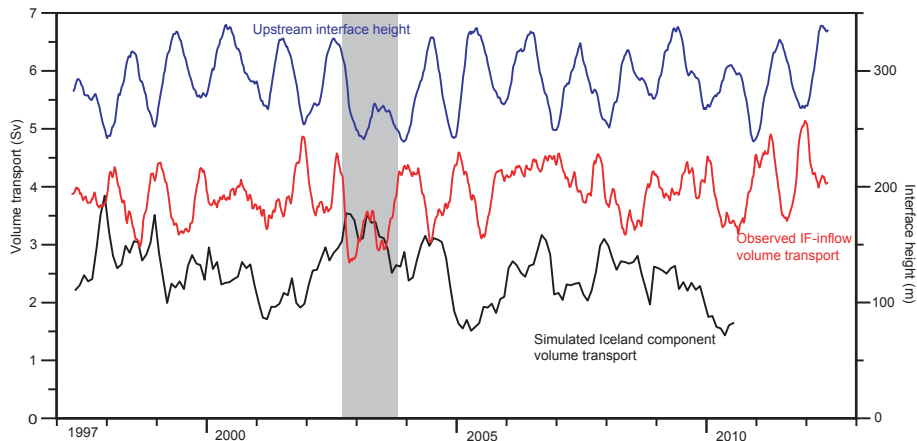
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**Figure 11.** Twelve-week running mean observed IF-inflow (red, left scale) and reconstructed upstream interface height (blue, right scale) and three month running mean of the Icelandic component of the simulated IF-inflow (black, left scale). The grey box highlights the 2003-event.